



SURF LIFE SAVING®
NEW ZEALAND



Senior Lifeguard IRB Driver

Instructor Lesson Plans

Updated: October 2024

In it for life



Lesson plan notes

These lesson plans and activities are a guide only. You do not have to stick to these plans or these activities.

You may run the sessions in full or break them down into smaller sessions to suit your set up. You may add, substitute, or take activities out as required. These are intended to guide your session to appeal to many learner preferences and provide a positive learner environment.

We encourage your creativity – create new activities, try new things, and let us know your thoughts and ideas.

Sharing of ideas and resources is encouraged so all members of Surf Lifesaving New Zealand can benefit from your creativity, knowledge, and skills in the instruction space.



Lesson plan 1	Introduction to IRB Driver Award and IRB Crewperson module	
Learning objectives	<p>At the conclusion of this lesson, candidates / learners will be able to:</p> <ol style="list-style-type: none"> 1. Identify what is needed for candidates to complete their IRB qualification/s. <p>Note: this lesson may be completed for IRB Crewperson Module candidates and/or Senior Lifeguard Award – IRB Driver.</p>	
Resources required	<ul style="list-style-type: none"> • Well lit, clean and well-ventilated working environment. • Table and chairs – enough for each participant • Whiteboard and pens • Paper and pens/pencils • SLSNZ IRB Training Manual 2024 • Candidate workbooks 2024 for Drivers 	
Total lesson time	45 minutes	
Duration	Activity	Additional resources
5 minutes	<p>Introduction</p> <p>Introduce the instructing team. Outline the focus for this lesson</p>	
10 minutes	<p>Whakawhanaungatanga</p> <p>Given that this is the first lesson under the IRB Crew training, spend some time getting to know learners and having learners getting to know one another.</p> <p>Have learners introduce themselves using a similar format to below:</p> <ol style="list-style-type: none"> 1. Name and where you are from? 2. What you do outside of SLSNZ? 3. What you enjoy doing in your spare time? 4. Something interesting about yourself? 5. One thing they want to learn during the lesson. <p>Share the first video learning module – Surf lifesaving IRBs</p>	<ul style="list-style-type: none"> • Whiteboard • Whiteboard markers <p>Surf Lifesaving IRB's</p>
15 minutes	<p>Resources:</p> <p>Each candidate should be given the following resources for their IRB qualification:</p> <ol style="list-style-type: none"> 1. IRB Crewperson Module: IRB Training Manual 2. Senior Lifeguard Award -IRB Driver: IRB Driver Workbook, IRB Training Manual <p>DISCUSS: The importance of completing the candidate workbook.</p>	<p>IRB Crewperson Training resource IRB Training Manual Senior Lifeguard Award – IRB Driver Workbook</p>



	<p>Workbooks will be completed during some training sessions and in candidates own time. Workbooks must be taken to the exam already signed off by the instructor. (On-line versions must be printed to hand in on examination day).</p>	
5 minutes	<p>Prerequisites for each IRB qualification:</p> <p>DISCUSS: The pre-requisites needed to complete each IRB qualification –</p> <p>WRITE: The Prerequisites on the white board for each to see – if needed.</p>	
10 minutes	<p>IRB Course Outline:</p> <p>DISCUSS: The exam components that candidates will be assessed on. Plan for the day and how the day / learning sessions will be organised and managed.</p> <p>DISCUSS: The health and safety for the day and how this will be managed.</p> <p>Allow candidates to have time for questions.</p>	



Lesson Plan 2	IRB Driver	
Manual Sections	START POWER, FIX	
<p>At the conclusion of this lesson learners / candidates will be able to:</p> <ol style="list-style-type: none"> 1. Identify the features of an IRB engine. 2. Reinstall an IRB engine. 		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
10 min	<p>Introduction</p> <ul style="list-style-type: none"> • Introduce learning outcomes for the lesson. 	
10 min	<p>IRB hull and setup quiz - 10 questions (revision for drivers)</p> <p>Use the questions below ask the quiz to the candidates get them to fill out their answers on a blank piece of paper. Each answer sheet can be marked by one of their peers. Those that do poorly on the test need to study this section more thoroughly.</p> <p>How many inflatable compartments does the IRB have?</p> <ul style="list-style-type: none"> • 4. <p>Why should you not stand on the valves when the IRB hull is deflated?</p> <ul style="list-style-type: none"> • Damage will occur to the valve pin. <p>Name the safety equipment that is needed in the IRB when in use?</p> <ul style="list-style-type: none"> • Two paddles, two PFDs, rescue tube, a blunt ended knife, radio. <p>What pressure should you inflate the pontoons to?</p> <ul style="list-style-type: none"> • 25kpa <p>What pressure should you inflate the keelson to?</p> <ul style="list-style-type: none"> • 25kpa <p>What three things should you take into consideration when using a foot pump to inflate the IRB? (any three of the following)</p> <ul style="list-style-type: none"> • Inflate the IRB in the gear shed with foot pump on a hard clean surface. • Place towel or similar under foot pump if using on a grassed area, and wear footwear. 	



	<ul style="list-style-type: none"> • Make sure intake on the foot pump is clear and that footwear does not contain dirt or sand. • Don't inflate IRB using foot pump on the sand or grass. • Don't use excessive force on pump. <p>What will under inflation cause?</p> <ul style="list-style-type: none"> • Causes the IRB to twist out of proportion and make it extremely unstable in the surf. <p>What will over inflation cause?</p> <ul style="list-style-type: none"> • Will cause the fabric to stretch and fail over time. <p>Which order should the IRB pontoons be inflated and why?</p> <ul style="list-style-type: none"> • Side pontoons first, then the bow pontoon. If the bow pontoon deflates during use, the IRB will remain operational, though have limited capacity. <p>Name two factors that will increase the life expectancy of the IRB, any two of the following:</p> <ul style="list-style-type: none"> • Hours of use • Correct inflation • Types of use • Maintenance • Correct IRB positioning on trailer <p>Allow learners time to ask any questions.</p> <p>Follow up any areas where candidates need help with understanding.</p>	
30 min	<p>Knowledge acquisition IRB engine parts</p> <p>Candidates to read IRB Training Manual</p> <p>Using questions in the Driver Workbook talk candidates through all the engine parts using the engine.</p> <p>Candidates answer questions in the Driver Workbook.</p>	<p>IRB engine</p> <p>IRB Training Manual.</p> <p>POWER Page 30</p> <p>IRB Driver Candidates workbook</p>
20 min	<p>Knowledge acquisition IRB engine reinstatement – theory</p> <p>ASK candidates: When would you need to complete an IRB engine reinstatement? DISCUSS.</p> <p>Candidates answer questions in the Driver Workbook.</p> <p>DEMONSTRATE how to complete an IRB engine reinstatement (without hosing the engine), candidates should follow through in the IRB Training Manual the steps you take.</p>	<p>IRB engine</p> <p>IRB Training Manual.</p> <p>FIX Page 100</p> <p>IRB Driver Candidates workbook</p>



	<p>If there are candidates struggling with all there is to remember creating an acronym for them to remember or discuss what it is, you are actually doing during a reinstatement e.g.</p> <ol style="list-style-type: none"> 1. Gather items. 2. Wash engine. 3. Drain the carburettor 4. Flush the carburettor. 5. Remove the spark plugs. 6. Pump water from powerhead. 7. Flush the cylinders with fuel. 8. Replace spark plugs and lubricate powerhead. 9. Run engine in flush tank. 10. Run engine at sea. 11. After Capsize – Engine will not start (What must be done?) 	
30 min	<p>Knowledge / skill acquisition IRB engine reinstatement – practical</p> <p>In SMALL GROUPS get candidates to practice an engine reinstatement – candidates can use their books to guide them through (be sure candidates do not hose the engine for this reinstatement).</p> <p>After some practice candidates should attempt to complete the engine reinstatement without the help of the IRB Training Manual.</p> <p>Once candidates have completed this task, tick them off in the candidate workbook as having completed the 'Reinstate an IRB Engine' task.</p> <p>Show candidates the correct driver position in the IRB, get them to have a go sitting in the IRB on the sand.</p> <p>DISCUSS alternative positions if they are too big or small to fit in conventionally.</p>	<p>IRB engine</p> <p>IRB Training Manual.</p> <p>FIX Page 100</p> <p>IRB Driver Candidates workbook</p> <p>Driver Skills & Positioning in the Surf</p>
60 min	<p>Knowledge / skill acquisition Driving practice (flat water) – time permitting</p> <p>IRBs may need to be set up for candidates and closed down, get candidates to help where possible.</p> <p>WORKBOOK SECTION SIGN OFF: check questions from the Engine section are correct and tick appropriate box in the workbook completion table in each candidate workbook.</p> <p>Recap the session and discuss what will be done at the next lesson.</p>	Fully loaded IRB/s
<p>Duration: 3 hours – the last activity may be cut off if needed.</p>		



Lesson Plan 3	IRB Driver	
Manual Sections	POWER	
<p>At the conclusion of this lesson learners / candidates will be able to:</p> <p>1. Identify the features of an IRB engine.</p>		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
10 min	<p>IRB engine quiz</p> <p>Use the questions below ask the quiz to the candidates get them to fill out their answers on a blank piece of paper. Each answer sheet can be marked by one of their peers. Those that do poorly on the test need to study this section more thoroughly.</p> <p>How many spark plugs does an IRB engine have?</p> <ul style="list-style-type: none"> • 2. <p>Name three common areas of mechanical stress on an IRB engine.</p> <ul style="list-style-type: none"> • Any three of the following: Throttle mechanism, tiller arm, steering bracket, transom clamp screws and cup washers, cavitation plate, gearbox, propeller, propeller guard. <p>When reinstating an IRB engine, what is the first thing you need to do?</p> <ul style="list-style-type: none"> • Gather the required items. <p>What is the function of the water pump?</p> <ul style="list-style-type: none"> • To circulate water around the engine to keep it cool. <p>What must you do if a complete engine reinstatement cannot be completed after submersion?</p> <ul style="list-style-type: none"> • Totally immerse the IRB engine in fresh water. 	
Duration: 10 min – This lesson can be used as introduction Lesson 4.		



Lesson Plan 4	IRB Driver	
Manual Sections	ABIDE, PREPARE	
<p>At the conclusion of this Topic candidates will be able to:</p> <ol style="list-style-type: none"> 1. Explain the Maritime New Zealand Regulations relating to small boat handling in inshore and harbour waterways. 2. Demonstrate and explain the factors involved in the setup of an IRB engine. 		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well-ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
30 min	<p>Knowledge acquisition Maritime regulations</p> <p>Poster activity: Split the class into 3 GROUPS each group will be given one of the following topics: 5 knot restricted area & divers flag Rules of the road Distress signals</p> <p>For each point or part of information the GROUP has, they must draw a picture on their poster.</p> <p>GROUPS may also act out situations to show the class what to do in certain situations e.g. 'rules of the road' topic.</p> <p>Candidates answer questions in the Driver Workbook.</p>	<p>IRB Training Manual ABIDE Page 2</p>
40 min	<p>Knowledge and skill acquisition IRB engine setup</p> <p>Candidates to read IRB setup section in IRB Training Manual DEMONSTRATE how to setup the engine for use, include starting the engine.</p> <p>Candidates follow along using the IRB Training Manual. Candidates answer questions in the Driver Workbook. In SMALL GROUPS candidates take turns practicing setting up the IRB engine for use and starting it in a tank.</p> <p>Once completed sign of candidates for the 'Setup an IRB Engine for use' task.</p>	<p>Fully loaded IRB/s</p> <p>IRB Training Manual. PREPARE Page 52</p>



	WORKBOOK SECTION SIGN OFF: check questions from the Maritime regulations and IRB setup sections are correct and tick appropriate box in the workbook completion table in each candidate workbook.	
30 min	Driving practice (flat water) – time permitting IRBs may need to be set up for candidates and closed down, get candidates to help where possible. Recap the lesson and discuss what will be done at the next lesson.	Fully loaded IRB/s
Duration: 1 hours 40min		



Lesson Plan 5		IRB Driver
Manual Sections		ABIDE and PREPARE
<p>At the conclusion of this lesson candidates will be able to:</p> <ol style="list-style-type: none"> 1. Explain the Maritime New Zealand Regulations relating to small boat handling in inshore and harbour waterways. 2. Demonstrate and explain the factors involved in the setup of an IRB engine. 		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
10 min	<p>Maritime regulations quiz</p> <p>Use the questions below ask the quiz to the candidates get them to fill out their answers on a blank piece of paper. Each answer sheet can be marked by one of their peers. Those that do poorly on the test need to study this section more thoroughly.</p> <p>Draw the divers flag</p> <ul style="list-style-type: none"> • See the IRB Training Manual <p>A sailing boat and a powered vessel are heading towards each other, which needs to give way?</p> <ul style="list-style-type: none"> • The powered vessel. <p>You are on patrol in the IRB and hear a continuous foghorn sounding, there is no fog (and the skipper does not have cataracts). What does the foghorn mean?</p> <ul style="list-style-type: none"> • A boat is in distress, a foghorn is one of the internationally recognised signals. <p>Two powered vessels are heading towards each other head on, how are they supposed to alter their course?</p> <ul style="list-style-type: none"> • They must alter their course to starboard (right) allowing the vessel to pass on their port (left) side. <p>You are out in the IRB and hear a radio signal with the words "PAN PAN" what does this mean?</p> <ul style="list-style-type: none"> • A boat is in distress; "PAN PAN" is a distress signal. 	
30 min	<p>Knowledge and Skill Acquisition</p> <p>IRB engine reinstatement practice</p> <p>In SMALL GROUPS get candidates to practice an engine reinstatement – (be sure candidates do not hose the engine for this reinstatement).</p>	Engine reinstatement checklist



	<p>Use other candidates to check their performance with the engine reinstatement checklist.</p> <p>Any candidates having difficulty with this task will need some extra support from instructors.</p>	
20 min	<p>Knowledge and Skill Acquisition IRB engine setup</p> <p>In GROUPS candidates need to set up the IRBs for use. Watch candidates to ensure setup of the hull and engine are completed correctly.</p>	IRB engines
Nominal Duration: 1 hour		



Lesson Plan 6		IRB Driver
Manual Section		SKILL
<p>At the conclusion of this lesson candidates will be able to:</p> <p>1. Demonstrate basic IRB driving manoeuvres.</p>		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
30 min	<p>IRB driving – theory</p> <p>Candidates to READ the “Driving skills section” and the “Returning to shore” section in IRB Training Manual.</p> <p>DISCUSS the skills and technique used when making turns, using the throttle, and the steps to take to start the IRB in water. List and brainstorm the key points.</p>	<p>IRB Training Manual</p> <p>SKILL Page 77</p>
60 min	<p>Knowledge and skill acquisition</p> <p>Driving practice (flat water)</p> <p>Emphasise the driving position, get candidates to practice basic manoeuvres: turning left then right, practicing throttle control while turning.</p> <p>IRBs will need to be closed down for candidates, get candidates to help where possible.</p> <p>Recap the session and discuss what will be done at the next lesson.</p>	<p>Fully loaded IRB/s</p> <p>IRB Training Manual.</p> <p>SKILL Page 77</p> <p>Watch the online Training video modules</p>
Nominal Duration: 1 hour 30 min		



Lesson Plan 7	IRB Driver	
Manual Sections	SKILL, COMPLETE	
<p>At the conclusion of this Topic candidates will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate basic manoeuvres and driving skills in the surf. 2. Demonstrate and explain the procedure involved in the close down of an IRB engine. 		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
20 min	<p>IRB setup Keep candidates in clothes as there will be classroom activities after the setup.</p> <p>Candidates should now be at the stage where they can setup an IRB for use without being overseen.</p> <p>Once completed candidates need to head back to the clubhouse</p>	Fully loaded IRB/s
30 min	<p>Knowledge acquisition Driving skills Candidates read, "Proceeding through surf", "Parallel running", "Removal of water from the IRB" and "Crewperson recovery" sections of the manual.</p> <p>DISCUSS how drivers should negotiate surf in the IRB.</p> <p>Expert groups activity: If possible, put candidates into groups of 3, the group they are now in is their 'home group'.</p> <p>Each group number themselves 1-3. The candidates are then split, according to their number, into their 'expert group'.</p> <p>Once in their 'expert group' they are given 5-10 min to become an expert in their topic.</p> <p>After the allotted time experts return to their 'home group' to teach the members what they know.</p> <ul style="list-style-type: none"> • Below are group numbers and sections they need to become experts in: <ol style="list-style-type: none"> 1. Removal of water from IRB 	<p>Driving skills checklist</p> <p>Watch the online Training video module</p> <p>Negotiating Surf</p> <p>Returning to Shore</p> <p>Candidate workbooks</p>



	<p>2. Parallel running 3. Crewperson recovery 4. Returning to shore</p> <p>Candidates answer questions in the Driver Workbook.</p> <p>DISCUSS what is expected of drivers at the examination for the Driving skills task using the driving skills checklist.</p>	
20 min	<p>Knowledge acquisition IRB engine closedown</p> <p>Candidates would have probably seen parts of an IRB engine closedown and will no doubt have some knowledge on this. However, it is important that the correct procedures are followed.</p> <p>Candidates to read IRB engine closedown section.</p> <p>DISCUSS the steps to take with the class, remind them that filling in the logbook is a must.</p> <p>Candidates answer questions in the Driver Workbook.</p> <p>DISCUSS what is expected of drivers at the examination for the IRB closedown using the IRB closedown checklist.</p> <p>Candidates need to now get changed for water work.</p>	<p>IRB closedown checklist</p> <p>IRB Training Manual</p> <p>COMPLETE Page 104</p>
60 min	<p>Knowledge and skill acquisition Driving skills</p> <p>DEMONSTRATE to candidates what will be expected of them during the examination for the driving skills section. If needed break up the components of the checklist (launching, general driving ability, returning to shore) and complete each.</p> <p>Use the driving skills checklist in the instructors resources to assess their ability.</p>	<p>Driving skills checklist</p>
30 min	<p>Knowledge and skill acquisition IRB engine closedown – practical</p> <p>After the surf skills session candidates will need to close down the IRB engine after use.</p> <p>Give candidates a DEMONSTRATION first if needed.</p> <p>Recap the session and discuss what will be done at the next lesson.</p>	<p>IRB closedown checklist</p> <p>Fully loaded IRBs</p> <p>IRB Driver workbooks</p>



	<p>While watching candidates use the IRB closedown checklist.</p> <p>Once completed sign off candidates for the 'Drive an IRB in and out through the surf' and 'Perform an IRB Engine Closedown' tasks.</p> <p>WORKBOOK SECTION SIGN OFF: check questions from the IRB engine closedown section are correct and tick appropriate box in the workbook completion table in each candidate workbook.</p>	
<p>Duration: 2 hours 40 min – this lesson can be split up if needed.</p>		



Lesson Plan 8		IRB Driver
Manual Sections		PERFORM, SKILLS
<p>At the conclusion of this Topic candidates will be able to:</p> <ol style="list-style-type: none"> 1. Perform a single patient rescue 2. Perform a multiple patient rescue 3. Perform a crewperson recovery and solo driving 		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ SL IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
20 min	<p>Knowledge acquisition</p> <p>Rescues</p> <p>Introduce the topic</p> <p>Get candidates to READ the rescues section in the IRB Training Manual.</p> <p>Show candidates what is expected during the exam for the single person rescue by talking them through the single patient rescue checklist.</p> <p>DEMONSTRATE a dry walkthrough in the clubhouse of a single person rescue; DISCUSS what you as a driver are thinking/doing at certain points in the walkthrough.</p> <p>In PAIRS candidates complete a walkthrough in the clubhouse going through the single person rescue (one as driver, the other as crew talking them through what they need to do/know).</p> <p>Show candidates what is expected of them during the exam for the multiple patient rescue by talking them through the checklist.</p> <p>DISCUSS the possible dangers when conducting a Multiple patient rescue.</p> <p>Candidates answer questions in the Driver Workbook.</p>	<p>Single patient rescue checklist</p> <p>Multiple patient rescue checklist</p> <p>IRB Training Manual</p> <p>PERFORM Page 90</p> <p>IRB Driver workbooks</p>
10 min	<p>Knowledge acquisition</p> <p>Crewperson recovery and solo driving</p>	



	<p>DISCUSS</p> <p>Solo driving is not a recommended practice under normal circumstances.</p> <p>The IRB should not be put to sea without a crewperson and driver.</p> <p>However, should the crewperson fall out at sea, the driver needs the necessary skills to drive the IRB solo and recover the crewperson.</p> <p>As a driver you will drop their crewperson off within the surf zone, then demonstrate as directed by the examiner:</p> <ul style="list-style-type: none"> • Negotiating surf • Controlled turns 	
10 min	<p>Knowledge and skill acquisition</p> <p>Crewperson recovery and solo</p> <p>As a group read through the crewperson recovery and solo driving section in the manual.</p> <p>DISCUSS the importance of positioning when solo driving.</p> <p>DISCUSS what will be expected of candidates at the examination using the crewperson recovery & solo driving checklist.</p> <p>As a driver you will drop their crewperson off within the surf zone, then demonstrate as directed by the examiner: Negotiating surf Controlled turns</p> <p>Using the IRB on sand/trailer DEMONSTRATE how you would position yourself when solo driving. Let candidates have a go sitting in the IRB as if they were performing a crewpersons recovery and solo driving.</p> <p>Candidates answer question 31 in the Driver Workbook.</p>	<p>Crewperson recovery and solo driving checklist</p> <p>IRB on the trailer</p> <p>IRB Training Manual</p> <p>SKILL Page 66</p>
40 min	<p>Knowledge and skill acquisition</p> <p>Rescues</p> <p>DEMONSTRATE a single person and mass rescue for candidates; get candidates to use the checklists as they watch you complete the rescues.</p> <p>In GROUPS candidates practice a single person rescue, then a mass rescue. Watch candidates and assess using the checklists.</p>	<p>Single person rescue checklist</p> <p>Multiple patient rescue checklist</p> <p>Fully loaded IRBs</p>
30 min	<p>Knowledge and skill acquisition</p> <p>Crewperson recovery and solo driving</p> <p>DEMONSTRATE what candidates need to learn for solo driving at the exam.</p>	<p>Crewperson recovery and Solo driving checklist</p>



	<p>Candidates should not be driving in and out through large surf solo. Please make sure as an instructor you have explained the assessment components.</p> <p>When crewperson recovery and solo driving training is taking place a safety IRB should always be nearby.</p> <p>Candidates take turns performing a crewperson recovery and solo driving.</p>	<p>o Fully loaded IRBs</p>
20 min	<p>Knowledge and skill acquisition IRB closedown</p> <p>IRBs are cleaned and put away. Recap the session and discuss what will be done at the next lesson.</p> <p>Once completed sign off candidates for the Crewperson recovery and solo driving, 'Perform a Single patient rescue' and 'perform a multiple patient rescue' tasks.</p> <p>WORKBOOK SECTION SIGN OFF: check questions from the rescues and driving skills sections are correct and tick appropriate box in the workbook completion table in each candidate workbook.</p>	<p>Fully loaded IRBs</p> <p>IRB Driver workbooks</p>
Duration: 2 hours 10 minutes		



Lesson Plan Driver 9	IRB Driver	
Manual Section	START	
<p>At the conclusion of this Topic candidates will be able to:</p> <p>1. Identify how to operate an IRB for patrol and IRB training activities.</p>		
<p>Key Resources:</p> <ul style="list-style-type: none"> ◦ Well lit, clean and well ventilated working environment ◦ Table and chairs – enough for each participant ◦ IRB Training Manual ◦ Driver Workbooks ◦ Wetsuits and/or togs 		
<p>Key tasks before the lesson:</p> <ul style="list-style-type: none"> ◦ Set up room or other venue appropriately ◦ Ensure all resources are set out and available to each participant ◦ Work through reinforcement activities from previous session ◦ Conduct session – include skills/tasks ◦ Discuss plans for next session 		
Duration	Activity	Additional Resources
30 min	<p>Knowledge acquisition Health & Safety and Operations</p> <p>Poster presentation: Put candidates into GROUPS.</p> <p>Each GROUP must create a poster for one of the following topics:</p> <ul style="list-style-type: none"> ◦ Member / Club responsibility ◦ Prelaunch briefing ◦ IRB lifeguard training ◦ Towing the IRB on public roads ◦ Safe stowage of equipment in an IRB ◦ <p>As a group DISCUSS key points in the Health & Safety and Operations section</p> <p>Candidates answer questions in the Driver Workbook.</p>	<p>Poster paper Vivids / felts</p> <p>IRB Training Manual</p> <p>IRB Driver workbook</p>
	<p>Skill acquisition Crewperson recovery and solo driving practice</p> <p>After the IRB is setup and ready to go candidates should spend a small amount of time driving the IRB solo.</p>	<p>Fully loaded IRBs</p>
	<p>Rescue practice</p> <p>Candidates should focus on practicing single patient and multiple patient rescues.</p> <p>Spend as much time as needed on rescues, be sure to use the checklists to make sure candidates are following the correct procedures.</p>	<p>Single patient rescue checklist</p> <p>Multiple patient checklist</p>
	<p>WORKBOOK SECTION SIGN OFF: check questions from the operations sections are correct and tick appropriate box in the workbook completion table in each candidate workbook.</p>	
Duration: 2 hours		