

## Rock and Rescue Training Module Assessment Card

**Assessment Date:** \_\_\_\_\_ **Venue:** \_\_\_\_\_ **Instructor in Charge:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

	<b>Candidates Name</b>	<b>Perform a Rock Entry</b>						<b>Perform a Rock Exit</b>						<b>Perform a Patient Rescue</b>					
		Lists all the necessary equipment required for rock swimming and or rescues.	Identifies safety considerations when performing a rock entry and exit.	Observes the swell and identifies a safe entry point onto the rocks before entering.	Uses the swell/wave appropriately to establish themselves onto the rock.	Shows little of no delay from first contact with the rocks and to a safe position onto the rocks.	Moves out of the wave zone onto the dry rocks once the water has gone.	shows readiness and checks all equipment before a rock exit is performed.	Exits the rocks onto the crest of the retreating wave.	Lands on top of the wave /swell with their head and chest held high and rescue tube held out in front, under their arms to support a shallow dive.	Swims away after exit into the water and gives the ' OK' signal.	Demonstrate a feet first entry into the water holding their tube out in front.	Safely approaches patient on the rocks and clearly explains what it is about to happen and reassures the patient.	Selects the safest exit point with the least amount of risk to the patient and themselves	Clips the patient into the rescue tube, and guides patient to rock exit point when safe.	Executes a rock exit in a timely manner onto the crest of the wave or when the surrounding water is at its highest point.	Completes a rock exit with the patient and demonstrates the ' OK' signal to show safe completion.		
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Each candidate must complete each task in this assessment card.  
 All tasks must be completed with accuracy to pass.  
 Each candidate in the group must show proficiency with each task.