

Friday 19th January - Canoes

Team Managers Meeting: 5:10pm
 Start Time: 5:30pm
 High Tide: 12:05pm (2.18m)
 Low Tide: 6:24pm

Saturday 20th January – Ocean & Beach

Team Managers Meeting: 8:15am
 Start Time: 8:30am
 High Tide: 1:01pm (2.08m)
 Low Tide: 6:55am

Friday 19 th January (5:30pm start)	
Open Male – Long Course Canoe	
Open Female – Long Course Canoe	
U19 Male – Long Course Canoe	
U19 Female – Long Course Canoe	
Open Male – Short Course Canoe	
Open Female – Short Course Canoe	
U19 Male – Short Course Canoe	
U19 Female – Short Course Canoe	

Saturday 20 th January (8:30am start)	
Male Arena	Female Arena
Open Surf Race	Open Surf Race
U17 Surf Race	U17 Surf Race
U19 Surf Race	U19 Surf Race
U15 Surf Race	U15 Surf Race
Open Iron	Open Iron
U17 Iron	U17 Iron
U19 Iron	U19 Iron
U15 Diamond	U15 Diamond
Open Ski Race	Open Ski Race
U17 Ski Race	U17 Ski Race
U19 Ski Race	U19 Ski Race
U15 Ski Race	U15 Ski Race
Masters Ski Race	Masters Ski Race
Open Board Race	Open Board Race
U17 Board Race	U17 Board Race
U19 Board Race	U19 Board Race
U15 Board Race	U15 Board Race

Masters Board Race	Masters Board Race
Beach Sprint Arena	
Open Male Beach Sprint	
Open Female Beach Sprint	
U17 Male Beach Sprint	
U17 Female Beach Sprint	
U19 Male Beach Sprint	
U19 Female Beach Sprint	
U15 Male Beach Sprint	
U15 Female Beach Sprint	
Open Male Beach Relay	
Open Female Beach Relay	
U17 Male Beach Relay	
U17 Female Beach Relay	
U19 Male Beach Relay	
U19 Female Beach Relay	

Saturday 20th January (continued)	
Male Arena	Female Arena
Open Run Swim Run	Open Run Swim Run
U17 Run Swim Run	U17 Run Swim Run
U19 Run Swim Run	U19 Run Swim Run
U15 Run Swim Run	U15 Run Swim Run
Open Ski Relay (2 Person)	Open Ski Relay (2 Person)
U17 Ski Relay (2 Person)	U17 Ski Relay (2 Person)
U19 Ski Relay (2 Person)	U19 Ski Relay (2 Person)
Open Board Relay (2 Person)	Open Board Relay (2 Person)
U17 Board Relay (2 Person)	U17 Board Relay (2 Person)
U19 Board Relay (2 Person)	U19 Board Relay (2 Person)
Open Taplin Relay (3 Person)	Open Taplin Relay (3 Person)
U17 Taplin Relay (3 Person)	U17 Taplin Relay (3 Person)
U19 Taplin Relay (3 Person)	U19 Taplin Relay (3 Person)
Beach Flag Arena	
Open Male Beach Flags	
Open Female Beach Flags	
U17 Male Beach Flags	
U17 Female Beach Flags	
U19 Male Beach Flags	
U19 Female Beach Flags	
U15 Male Beach Flags	
U15 Female Beach Flags	