



SURF LIFE SAVING®

NEW ZEALAND

In it for life



Capital Coast

Oceans Hit Out Twilight – Titahi Bay

Date: Wednesday 14th February 2024

Venue: Titahi Bay SLSC

Entries close: 10:00am Tuesday 6th February 2024

Coaches Meeting:

6:00pm in the club house

Racing Starts:

6:30pm

Welcome to the 2024 Oceans Hit Out!

The purpose of this event is to give the athletes that are heading to Oceans an opportunity to practice their skills in Board and tube rescue in a formal race setting.

Hosted at Titahi Bay and run in part by club coaches, this fast-paced event will see teams contest board rescue, tube rescue, board relay & more.

Active Members:

To be entered the competitors must be Active/Rolled Over into the current season. Please speak to your club administrator to get this sorted.

New members need to have applied on the [Join a Club](#) page on the website. The club admin then needs to accept their membership application – info in the [CRM User Manual](#) (page 19-20) for doing this via the CRM or the [Applications](#) user guide if using the Portal.

200m Badges:

All U11 – U14s competing in water events and U10s competing in 200 m board race/surf race/diamond events (where offered) must have a current 200m Safety Badge to enter those events (more information on this award can be found on page 37 of the [Junior Surf Manual](#)). Clubs must add this award into the database for each junior competitor intending to compete in the events mentioned above. This needs to be created in the database **every season** – an award created in the previous season **will not** carry through into the current season, therefore a new 200m Safety Badge or 200m Safety Badge Refresher must to be added. This can be done in the [CRM](#) (page 23-24) or in the [Portal](#).

Competition Divisions:

Events will be set up to allow competitors to only be entered into their age division. There will be no racing up divisions. The divisions that will be available at this seasons events are U8, U9, U10, U11, U12, U13 and U14.

A Competitor's division will be determined by their gender and their age on 30 September annually for the current competition season.

Event Entry Website:

<https://waves.surflifesaving.org.nz/entries/competitions>

If your club doesn't currently have access to the WAVES entry system, please contact mike.lord@surflifesaving.org.nz.

Officials:

This year we will again have the **SLSNZ Surf Official Policy** in place. All clubs will need to provide one qualified surf official for every 10 athletes competing. More information can be found in policies [SPS001](#) and [SPS002](#).

Leashes for Body Board Race:

In line with the SLSNZ Surf Sport Manual, all competitors must be present on the start line of the Boogie/Body Board race with leashes attached to the boards and to the competitors. Any competitor found not to meet this requirement will be given the opportunity to find a replacement Boogie/Body Board before they commence racing.

Please ensure all your club coaches and Junior Surf competitors are aware of this before they attend events this season.

Fluro Safety Vests:

It is **compulsory** for all Surf Sport competitors to compete wearing a SLSNZ sanctioned fluro safety vest. Any competitor found not wearing a fluro safety vest will not be allowed to enter the water. This applies to all age groups and events. No exceptions. More information can be found [here](#).

Wetsuits:

This season athletes will be allowed to wear wetsuits at all Capital coast carnivals at their discretion, these must be surf wetsuits **No Tri Suits** will be allowed

It is recommended that all parents prepare for events by **always** packing a wetsuit for their child/children, regardless of the weather forecast.

Communication and Code of Conduct

During an event all communication must go through the Team Manager. No parent, coach or competitor should approach the Arena or Event Referee directly.

No matter what role you hold on the day of an event, any abuse or interference from any person will not be tolerated, and any competitor/parent/helper/coach or official judged to





show behaviour that is obstructive, offensive or dangerous will be asked to leave the beach.

Programme:

Start Time 6:30pm	
Event	Age
Tube Rescue	U12-U14
Board Rescue	U12-U14
Board Relay	U12-U14
RSR With Fins	U12-U14
Athletes Choice Race	U12-U14

Site Map



-  Clubhouse
-  First Aid
-  Beach Sprints
-  Water Arenas

CONTACT

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