



U6 Activity Card



Tour of the club

Equipment	Matrix link	Diagram
<p>Basic equipment used by surf lifeguards.</p> <ul style="list-style-type: none">Patrol flags.Rescue tube and fins.Trauma kit / first aid gear.Rescue board.Radio.AED (Defibrillator).		
Instructions		Top tips <p>Ask key club members/ surf lifeguards to run the different stations so group leaders can move with their groups. Include parents and whānau.</p>