

MANAGER AND COACH CIRCULAR

Date: 22 September 2023

To: Club Managers and Coaches

From: Matt Cairns - National Event Manager

Subject: Club Circular – SLSNZ Pool Rescue Championships 2023

We are now less than a week away from the Surf Life Saving New Zealand Pool Rescue Championships. With entries now closed, we're excited to share that this year's event boasts an impressive 431 participants, marking a significant increase from last year's 340!

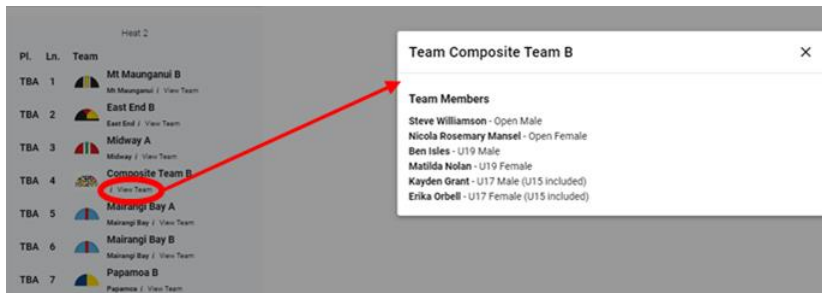
In this update, we'll provide additional information to complement what was shared in the [Competition Entry Circular](#) and [Composite Team Memo](#).

TeamReach

Going forward, all official communications with clubs will be conducted through the TeamReach app. Join our group using the code: *2023NZPoolRescue*.

Review Entries

We encourage all participating clubs to review their entries promptly. Lane draws are available on [Waves Results](#), allowing you to view entries (subject to change due to scratchings) and composite teams. Click "view team" to see athlete names for each team.



A list of composite team reserves will be accessible on the event page. In cases where teams are short, marshals will call upon these reserves.

Team Changes and Scratchings

For any team changes or scratchings, please use the provided Team Change and Scratching Forms available on the [event page](#). Send completed forms to events@surflifesaving.org.nz before 5pm on Thursday, September 28th.

Deadlines for scratching and team changes are as follows:

- Session 1: 5 pm Thursday to events@surflifesaving.org.nz
- Session 2: 9 am Friday to events@surflifesaving.org.nz or in person to the event management office.

In it for life



- Session 3: 5 pm Friday to events@surflifesaving.org.nz or in person to the event management office.
- Session 4: 9 am Saturday to events@surflifesaving.org.nz or in person to the event management office.
- Session 5: 5 pm Saturday to events@surflifesaving.org.nz or in person to the event management office.

Please note that clubs failing to submit a Scratching Form and subsequently not showing up for marshalling will be considered 'no shows' and will incur a fee of \$10 per athlete. These no-shows cause significant delays in the event.

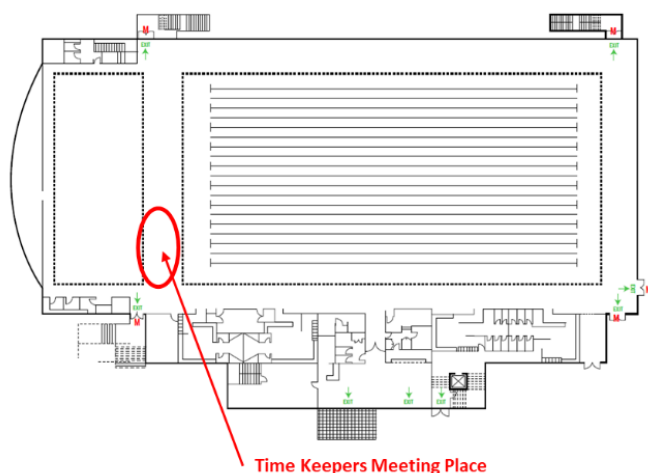
Timekeepers

Each club must provide two timekeepers for the specified sessions. See the schedule below for details:

	Session 1	Session 2	Session 3	Session 4	Session 5
Lane	8:45am – 1.00pm	12:45 – 5.00pm	8:45am – 1:00pm	12:45 – 5.00pm	7:45am – 3:00pm
0			Raglan		
1	Red Beach	Red Beach	Orewa	Sumner	Mt Maunganui
2	Papamoa	Fitzroy	Muriwai	Mairangi Bay	Mairangi Bay
3	Mt Maunganui	East End	Red Beach	East End	Whangamata
4	Muriwai	Piha	Papamoa	Piha	Otaki
5	Sumner	Orewa	Mt Maunganui	Orewa	Piha
6	Omanu	Omanu	Sumner	Mt Maunganui	East End
7	Mairangi Bay	Midway	Whangamata	Papamoa	Red Beach
8	Paekakariki	Wainui	Fitzroy	Midway	Papamoa
9			Waimarama		
Reserve	Maranui	South Brighton	Lyllall Bay	Otaki	Midway

Timekeepers will meet at the diving pool end of the pool as marked below.

Ground Floor



Event Rules

The competition will be conducted in accordance with the rules outlined in the [Pool Rescue Competition Manual \(August 2023\)](#), Additionally, clubs and members entering this event are bound by the following rules:

- [SLSNZ Constitution](#)
- [SLSNZ Regulations](#)
- [SLSNZ Code of Conduct](#) (Please note that the Event Management Committee reserve the right to exclude competitors, parents, managers, and supporters for unsportsmanlike behaviour)
- [Drug Free Sport New Zealand](#)
- [SLSNZ Sport Policies](#)

Event Programme

The event programme, including entry and heat numbers, is attached as Appendix 1 to this document. Event management will keep Team Managers updated via Team Reach before and during the event.

Results

Live results will be available on [Waves Results](#), and session results will also be posted on the SLSNZ website following the event.

Medal Presentations

Medals will be presented during the slots marked in blue text in the Event Programme. Spectators are requested to remain in the grandstand and not accompany medal recipients on the pool deck. Our Event Crew will ensure that photos are taken during each presentation and shared with all clubs.

Please note the dress code for Medal Presentations:

- Club swimwear, t-shirt, jacket, or sweatshirt.
- No caps or goggles.
- No towels wrapped around the waist.
- Tracksuit bottoms or shorts are optional.

Points and Trophies

Points will be allocated to individuals and teams, with 1st, 2nd, or 3rd place in a race earning points. Club points will be tallied to determine the top club, awarded as follows:

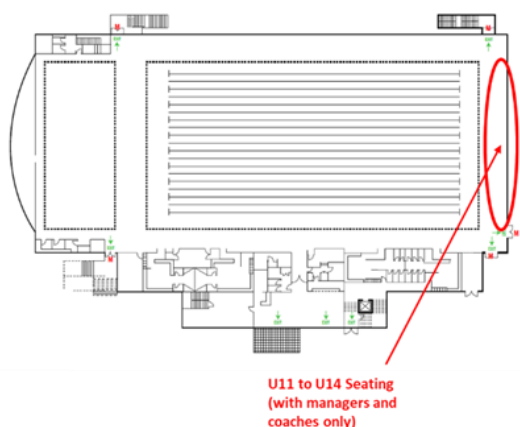
- Individual points: 1st = 3 points, 2nd = 2 points, 3rd = 1 point.
- Team points: 1st = 5 points, 2nd = 3 points, 3rd = 1 point.
-

Trophies to be awarded include the Paul Kent Memorial Trophy for the club with the highest points in all divisions excluding Masters and the Top Masters Club Trophy for the Masters division.

Athlete Seating

U11 to U14 Junior Athletes will be seated on the pool deck at the screen end of the pool for easier marshalling. Club Coaches and Managers are welcome in this area, but please respect the limited space and stay clear of Officials and Event Crew.

Ground Floor

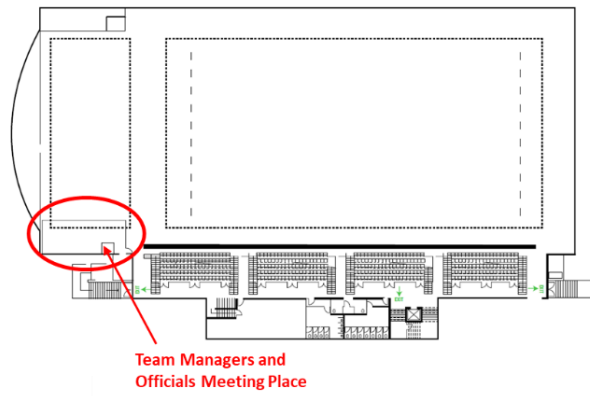


U15 to Masters athletes will be seated in the grandstand throughout the event.

Meeting Locations

Team Managers meetings will be located in the Swimming New Zealand Board Room this year with more space available. This room is located on level one at the dive pool end of the grandstand.

Level 1 (Grandstand)



If you have any questions or require further clarification, please don't hesitate to contact me.

Matt Cairns
National Event Manager
Surf Life Saving New Zealand

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Appendix 1. Final Programme

Session 1 - Friday 29th September			
7.45am	Facility Open		
8.00am	Warm (to 8.40am)		
8.00am	Team Managers Meeting (SNZ room - dive pool end of grandstand)		
8.30am	Officials Meeting (SNZ board room - dive pool end of grandstand)		
8.45am	Timekeepers Meet (dive pool end)		
9.00am	Session Start		
NUMBER	EVENT	ENTRIES	NO OF HEATS
	Session Start 9.00am		
1	U14 Male - 50m Brick Carry	16	2
2	U14 Female - 50m Brick Carry	28	4
3	U13 Male - 50m Brick Carry	27	4
4	U13 Female - 50m Brick Carry	21	3
5	U12 Male - 50m Brick Carry	14	2
6	U12 Female - 50m Brick Carry	20	3
7	U11 Male - 50m Brick Carry	14	2
8	U11 Female - 50m Brick Carry	13	2
9	U11-12 Mixed - 4x25m Brick Relay	13	2
10	U13-14 Mixed - 4x25m Brick Relay	22	3
11	U11 Male - 50m Rescue Medley Brick	14	2
12	U11 Female - 50m Rescue Medley Brick	13	2
13	U12 Male - 50m Rescue Medley Brick	15	2
14	U12 Female - 50m Rescue Medley Brick	20	3
15	U13 Male - 50m Rescue Medley Brick	27	4
16	U13 Female - 50m Rescue Medley Brick	21	3
17	U14 Male - 50m Rescue Medley Brick	16	2
18	U14 Female - 50m Rescue Medley Brick	28	4
19	U11-12 Mixed - 4x50m Medley Relay	13	2
20	U13-14 Mixed - 4x50m Medley Relay	23	3

Session 2 - Friday 29th September

approx. 12.45pm	Timekeepers Meet (dive pool end, commentary announcement will confirm meeting time)		
approx. 1.00pm	Session Start		
NUMBER	EVENT	ENTRIES	NO OF HEATS
Session Start approx. 1.00pm			
21	U11-12 Male - 100m Patient Tow with Fins	11	2
22	U11-12 Female - 100m Patient Tow with Fins	12	2
23	U13-14 Male - 150m Patient Tow with Fins	16	2
24	U13-14 Female - 150m Patient Tow with Fins	19	3
25	U11 Male - 50m Swim with Fins	14	2
26	U11 Female - 50m Swim with Fins	13	2
27	U12 Male - 50m Swim with Fins	15	2
28	U12 Female - 50m Swim with Fins	21	3
29	U13 Male - 50m Swim with Fins	27	4
30	U13 Female - 50m Swim with Fins	21	3
31	U14 Male - 50m Swim with Fins	16	2
32	U14 Female - 50m Swim with Fins	28	4
33	U11-14 Mixed - 6x50m Mega Relay	22	3
Prize Giving Events 1-33			
approx. 3pm	200m Super Lifesaver Warmup (min 30m in water)		
	200m Super Lifesaver Team Managers Meeting (SNZ room dive pool end of grandstand)		
34	U19 Male - 200m Super Lifesaver	24	3
35	U19 Female - 200m Super Lifesaver	34	5
36	Open Male - 200m Super Lifesaver	20	3
37	Open Female - 200m Super Lifesaver	11	2
Prize Giving Events 34-37			

Session 3 - Saturday 30th September

7.45am	Facility Open		
8.00am	Warm (to 8.40am)		
8.00am	Team Managers Meeting (SNZ Room - dive pool end of grandstand)		
8.30am	Officials Meeting (SNZ room - dive pool end of grandstand)		
8.45am	Timekeepers Meet (dive pool end)		
9.00am	Session Start		
NUMBER	EVENT	ENTRIES	NO OF HEATS
38	U11 Female - 50m Swim with Obstacles	13	2
39	U11 Male - 50m Swim with Obstacles	14	2
40	U12 Female - 50m Swim with Obstacles	21	3
41	U12 Male - 50m Swim with Obstacles	15	2
42	U13 Female - 100m Swim with Obstacles	21	3
43	U13 Male - 100m Swim with Obstacles	27	3
44	U14 Female - 100m Swim with Obstacles	26	3
45	U14 Male - 100m Swim with Obstacles	16	2
46	Masters Female - 100m Swim with Obstacles	20	2
56	Masters Male - 100m Swim with Obstacles	25	3
66	U15 Female - 100m Swim with Obstacles	20	2
67	U15 Male - 100m Swim with Obstacles	24	3
68	U17 Female - 200m Swim with Obstacles	39	4
69	U17 Male - 200m Swim with Obstacles	24	3
70	U19 Female - 200m Swim with Obstacles	15	2
71	U19 Male - 200m Swim with Obstacles	15	2
72	Open Female - 200m Swim with Obstacles	10	1
73	Open Male - 200m Swim with Obstacles	21	3
74	U11-12 Mixed - 4x50m Obstacle Relay	13	2
75	U13-14 Mixed - 4x50m Obstacle Relay	22	3
76	Masters Mixed Team - 4x50m Obstacle Relay	8	1
80	U17 Mixed - 4x50m Obstacle Relay	17	2
81	U19 Mixed - 4x50m Obstacle Relay	8	1
82	Open Mixed - 4x50m Obstacle Relay	6	1
83	Open Female - 4x50m Obstacle Relay	10	1
84	Open Male - 4x50m Obstacle Relay	8	1
Prize Giving Junior Events 38 - 45 and 74 - 75.			
85	Masters Female - 12.5m Line Throw	10	1
95	Masters Male - 12.5m Line Throw	10	1
105	U17 Female - 12.5m Line Throw	24	3
106	U17 Male - 12.5m Line Throw	22	3
107	U19 Female - 12.5m Line Throw	14	2
108	U19 Male - 12.5m Line Throw	7	1
109	Open Female - 12.5m Line Throw	12	2
110	Open Male - 12.5m Line Throw	20	2
Prize Giving Senior and Masters Events 46-73 and 76 - 84			

Session 4 - Saturday 30th September

approx. 12.45pm	Timekeepers Meet (dive pool end, commentary announcement will confirm meeting time)		
approx. 1.00pm	Session Start		
NUMBER	EVENT	ENTRIES	NO OF HEATS
111	Masters Female - 50m Manikin Carry	18	3
121	30-34 Masters Male - 50m Manikin Carry	22	3
131	U15 Female - 50m Manikin Carry	19	3
132	U15 Male - 50m Manikin Carry	25	4
133	U17 Female - 50m Manikin Carry	49	7
134	U17 Male - 50m Manikin Carry	30	4
135	U19 Female - 50m Manikin Carry	25	4
136	U19 Male - 50m Manikin Carry	15	2
137	Open Female - 50m Manikin Carry	15	2
138	Open Male - 50m Manikin Carry	26	4
139	Masters Female - 100m Manikin Carry with Fins	18	3
149	Masters Male - 100m Manikin Carry with Fins	23	3
159	U15 Female - 100m Manikin Carry with Fins	21	3
160	U15 Male - 100m Manikin Carry with Fins	24	3
161	U17 Female - 100m Manikin Carry with Fins	46	6
162	U17 Male - 100m Manikin Carry with Fins	28	4
163	U19 Female - 100m Manikin Carry with Fins	25	4
164	U19 Male - 100m Manikin Carry with Fins	14	2
165	Open Female - 100m Manikin Carry with Fins	14	2
166	Open Male - 100m Manikin Carry with Fins	26	4
167	Masters Mixed Team - 4x50m Medley Relay	8	1
171	U17 Mixed - 4x50m Medley Relay	18	3
172	U19 Mixed - 4x50m Medley Relay	8	1
173	Open Mixed - 4x50m Medley Relay	6	1
174	Open Female - 4x50m Medley Relay	10	2
175	Open Male - 4x50m Medley Relay	8	1
Prize Giving Events 85-175			

Session 5 - Sunday 1st October

6.45am	Facility Open		
7.00am	Warm (to 7.40am)		
7.00am	Team Managers Meeting (SNZ Room dive pool end of grandstand)		
7.45am	Timekeepers Meet (dive pool end)		
8.00am	Session Start		
NUMBER	EVENT	ENTRIES	NO OF HEATS
176	Open Mixed - 4x50m Pool Lifesaver Relay	19	3
177	Open Male - 4x50m Pool Lifesaver Relay	9	2
178	Open Female - 4x50m Pool Lifesaver Relay	6	1
179	U15 Male - 50m Rescue Medley Manikin	24	3
180	U15 Female - 50m Rescue Medley Manikin	19	3
181	U17 Male - 100m Rescue Medley Manikin	25	4
182	U17 Female - 100m Rescue Medley Manikin	35	5
183	U19 Male - 100m Rescue Medley Manikin	14	2
184	U19 Female - 100m Rescue Medley Manikin	20	3
185	Open Male - 100m Rescue Medley Manikin	24	3
186	Open Female - 100m Rescue Medley Manikin	12	2
190	Masters Mixed Team - 4x25m Manikin Relay	8	1
191	U17 Mixed - 4x25m Manikin Relay	17	3
192	U19 Mixed - 4x25m Manikin Relay	5	1
193	Open Mixed - 4x25m Manikin Relay	7	1
194	Open Male - 4x25m Manikin Relay	9	2
195	Open Female - 4x25m Manikin Relay	8	1
196	Masters Male - 100m Manikin Tow with Fins	22	3
206	Masters Female - 100m Manikin Tow with Fins	20	3
216	U15 Male - 100m Manikin Tow with Fins	24	3
217	U15 Female - 100m Manikin Tow with Fins	21	3
218	U17 Male - 100m Manikin Tow with Fins	28	4
219	U17 Female - 100m Manikin Tow with Fins	48	6
220	U19 Male - 100m Manikin Tow with Fins	12	2
221	U19 Female - 100m Manikin Tow with Fins	27	4
222	Open Male - 100m Manikin Tow with Fins	23	3
223	Open Female - 100m Manikin Tow with Fins	15	2
224	Masters Male - 50m Swim with Fins	23	3
234	Masters Female - 50m Swim with Fins	22	3
244	U15 Male - 50m Swim with Fins	24	3
245	U15 Female - 50m Swim with Fins	21	3
246	U17 Male - 50m Swim with Fins	29	4
247	U17 Female - 50m Swim with Fins	49	7
248	U19 Male - 50m Swim with Fins	15	2
249	U19 Female - 50m Swim with Fins	27	4
250	Open Male - 50m Swim with Fins	27	4
251	Open Female - 50m Swim with Fins	15	2
252	Open Mixed - 6x50m Mega Relay	20	3
Prize Giving Events 176 - 252			