

Instructions

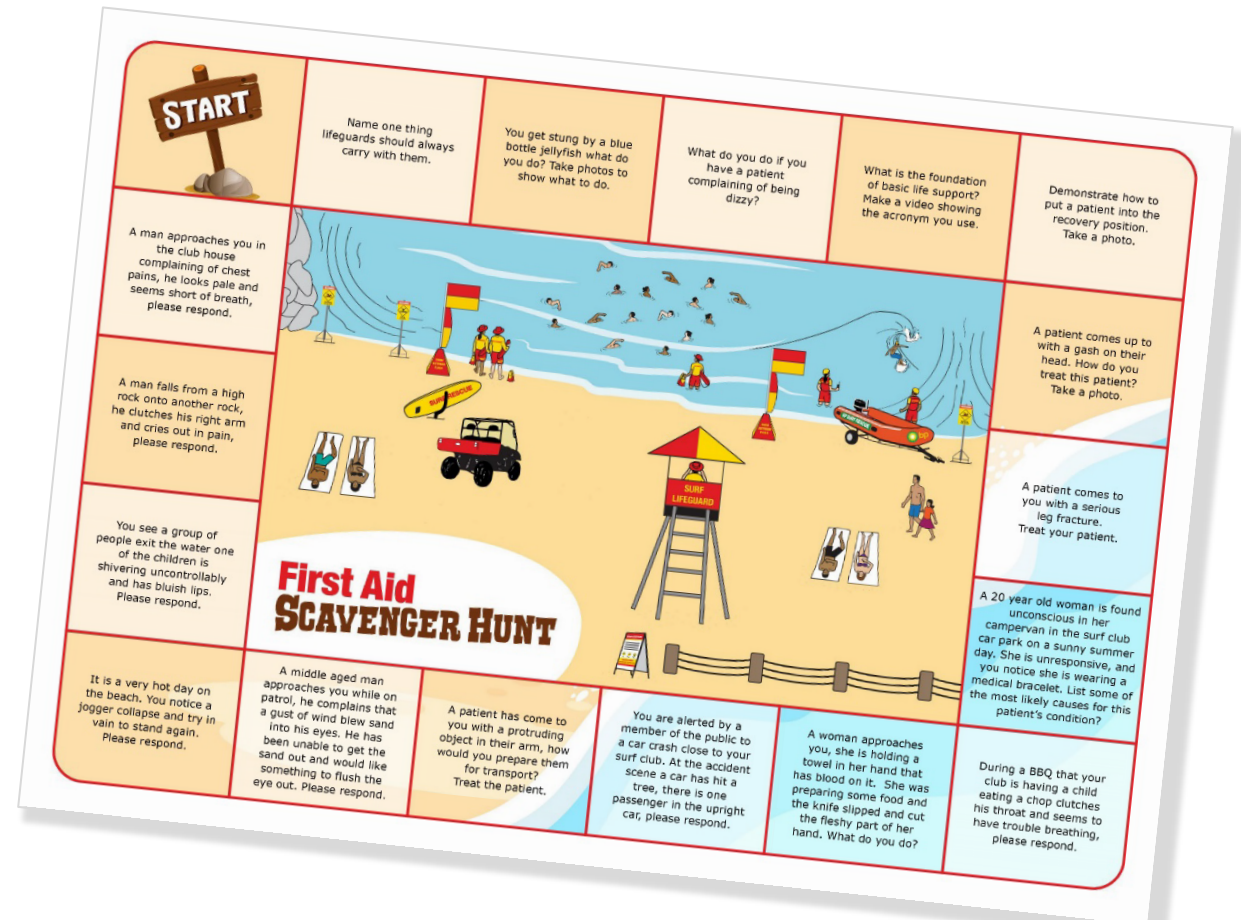
You will need:

- Scavenger hunt card
- First aid kit (1 per team or at least access to one that can be shared between teams)
- Camera (1 per team). Note: Candidates will likely have their own phone camera
- Pen

How to play:

1. Group candidates into teams of between 2 and 4.
2. Give each team a scavenger hunt card and place it on a table.
3. Allocate each team a different start point on the card.
4. Teams should then read the task and take a photo of the task, sending it to their instructor.
5. Once completed, teams must mark completed squares by crossing off the task using a pen.
6. The first team to successfully complete all tasks on the scavenger hunt wins.

Note: these puzzles would be great to use as a revision task or to develop further understanding.





Name one thing surf lifeguards should always carry with them?

If you get stung by a blue bottle jellyfish what should you do?

What should you do if you have a patient complaining of feeling dizzy?

What is the foundation of basic life support? Make a video showing the acronym you use.

Demonstrate how to put a patient into the recovery position.

A man approaches you in the surf club complaining of chest pains. He looks pale and seems short of breath. Please respond.



A patient comes up to the tower with a gash on their head. How do you treat this patient?

A man has fallen from a high rock onto another rock. He is clutching his right arm and cries out in pain. Please respond.

A patient comes to you with a serious leg fracture. How do you treat this patient?

You see a group of swimmers exit the water. One of the children is shivering uncontrollably and has bluish lips. Please respond.

A 20 year old woman is found unconscious in her campervan in the surf club car park, on a sunny summer day. She is unresponsive, and you notice she is wearing a medical bracelet. List some of the most likely causes for this patient's condition?

It is a very hot day on the beach. You notice a jogger collapse and is having difficulty standing up. Please respond.

A middle-aged man approaches you while on patrol. He complains that a gust of wind blew sand into his eyes. He has been unable to get the sand out and would like something to flush the eye out. Please respond.

A patient has come to you with a protruding object in their arm. How would you prepare them for transport? Treat the patient.

You are alerted by a member of the public to a car crash close to your surf club. At the accident scene, a car has hit a tree. There is one passenger in the upright car, please respond.

A woman approaches you, she is holding a towel in her hand, which has blood on it. She was preparing some food and a knife slipped and cut the fleshy part of her hand. What should you do?

During a BBQ that your club is having, a child eating a chop clutches his throat and seems to have trouble breathing, please respond.