

Surf Lifeguard Award Instructor Resource

COMMUNICATE



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Radio Communication Activities



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In pairs, practice having a radio conversation.

Use the script on the right hand side to begin with. You can change the name of the club to suit your own club.



Titahi Bay tower, Titahi Bay tower, this is Titahi Bay IRB. Over.

Titahi Bay IRB, this is Titahi Bay tower receiving you. Over.



We have completed our roaming patrol, nothing sighted. Over.

Roger, Titahi Bay IRB, please return to base. Over.



Roger, Titahi Bay tower, I am returning to base. Out.



New Brighton flags, New Brighton flags, this is New Brighton base. Over.

New Brighton base. This is New Brighton flags receiving you. Over.



Requesting radio check. Over.

Your message is loud and clear*. How do you read me? Over.



Your message is also loud and clear*. Out.

You are on the beach between the flags and you hear 'RESCUE, RESCUE, RESCUE'.

- 1. What should you do? How will you respond?**
- 2. When reporting an incident what do the four P's stand for?**

You are on the beach between the flags and you hear 'RESCUE, RESCUE, RESCUE'.

1. What should you do? How will you respond?

Stop transmitting and wait for instructions to assist if required.

2. When reporting an incident what do the four P's stand for?

P – Position

P – Problem

P – People

P – Progress

Scenario

You are out cycling around the east side of the mountain, and you discover a cyclist has been hit by a bus and lying unconscious on the side of the road. He is part of a cycling tour group and his guide is nowhere to be seen. The rest of their group are all riding at their own pace and are expected to arrive at their accommodations at the end of the day.

There is one other cyclist from the group with the man attempting to assist, but he is very distraught. The driver of the bus involved has moved his bus off the road to park in a safer spot and is walking back.



Scenario 1



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You have two-way radio contact with your base.
You cannot contact the Police with your system.
There is no cell phone coverage where you are.

How would you report the 4 P's via radio?



Scenario 1



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Pauanui base, Pauanui base, this is Pauanui roaming patrol with an incident over.

Position: 100 meters around east side of mountain on the roadside (near any locatable points?).

Problem: A cyclist has been hit by a bus and is unconscious.

People: One male patient, age unknown and one bystander.

Progress: I have placed the patient in the recovery position and maintaining his airway. Requesting additional assistance and an ambulance ASAP.

Scenario 1 – suggested response



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Scenario

You are on patrol in the tower and a member of the public has alerted you to a member of the public that appears to be swimming but getting nowhere.

What should you say over the radio?



Opotiki base, Opotiki base, this is Opotiki flags with an incident over.

Position: Just left of the flags.

Problem: A swimmer possibly in distress.

People: One middle aged male.

Progress: Reported by a member of the public. Monitoring the situation currently and suggest assistance.

Scenario 2 – suggested response



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Scenario

You are on patrol between the flags and notice a member of the public get dumped by a wave and then washed into shore. They take a long time to get up and appear unsteady on their feet.

What should you say over the radio?



Tairua base, Tairua base, this is Tairua flags with an incident over.

Position: About 50m up the sand in the centre of the flags.

Problem: A swimmer dumped by a wave, washed to shore who is now unsteady on their feet looking dazed and confused.

People: One female, possibly teenage.

Progress: Monitoring and going to welfare check this person.

Scenario 3 – suggested response



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