



SURF LIFE SAVING[®]
N E W Z E A L A N D

ADVANCED SURF FIRST AID

Topics Covered:

- Primary survey
- Anatomy and physiology considerations
- Scene assessment & the physiology of drowning
- Patient triage
- CPR, single to multiple surf considerations
- Shock management
- Oxygen therapy
- Advanced airway management
- Suction
- Defibrillation

- Secondary survey conscious and unconscious patients
- Vital signs and readings
- Bleeding control and management
- Major wounds management
- Soft tissue management
- Spinal management
- Extended care considerations
- Positioning
- Movement from danger
- Environmental conditions
- Hypothermia/hyperthermia
- Medical conditions
- Anaphylaxis
- Diabetes
- Epilepsy
- Marine stings
- Burns
- Critical care and after care management