


Competition Entry Circular

New Zealand Pool Rescue Championships

Sir Owen Glenn National Aquatic Centre, Auckland

29th September – 1st October 2023





This document provides you with all the information you need to know in order to enter the 2023 New Zealand Pool Rescue Championships. While it contains the typical logistical information, it also includes very important details that a parent and/or guardian must be aware of before entering their child into this event.

Competition Purpose:

The Surf Life Saving New Zealand Pool Rescue Championships is the most prestigious event for Pool Rescue in New Zealand.

Pool Rescue is a sport that involves various lifesaving skills and techniques, which are practiced in pool environments across the country where our lifeguards and aspiring lifeguards hone skills that will keep our beaches safe.

This championship serves as the pinnacle event for Pool Rescue in New Zealand, providing an opportunity for participants to showcase their abilities and compete against their peers. It is also one of the key selection events for our national lifesaving teams as they prepare for the 2024 World Championships.

Entering the Competition:

Entries must be made using Waves, the SLSNZ Online Event Entry System. Your club has access to this system and will process your entries. Following the close of entry as detailed below entry fees will be invoiced directly to your club for payment prior to the competition.


Entries Open:	Monday 31 st July 2023
Entries Close:	Sunday 17 th September 2023, 10 pm
Late Entries:	Late entries will not be permitted
Entry Fee:	\$95 per U15,U17,U19, Open, Masters athlete (gst inc) \$85 per U11, U12, U13, U14 athlete (gst inc)
Eligibility of Competitors:	Please see Section 2.2 of the SLSNZ Pool Competition Manual for a comprehensive breakdown of eligibility criteria.

Team Manager's contact details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.

Entering Teams: You must enter the entire team for all team events otherwise your entry will not be accepted.

Seeded Races: The entry system allows you to enter the current best time for each individual athlete. Please only enter times if you have evidence of their accuracy. If you don't know the athletes best current times then please leave this blank. Clubs deliberately entering false times in an attempt to elevate athletes in the seeded heats, may be eliminated from these events at the Event Managers discretion without right of recourse by the club.

Entry Checks: Following the close of registrations, Session Entry Sheets are expected to be published by 12 noon on Wednesday 20th September. Team managers must check their clubs entries and notify the event manager of any scratchings and or team changes using the forms provided to clubs at this time. Scratchings for Sessions must be submitted to the Event Admin



team by 5pm Thursday 28th September (events@surflifesaving.org.nz). All other scratchings must be submitted using the forms provided, at least 1 hour prior to the start of the session to which the scratching applies.

Event Rules:

This event will be conducted under the rules contained in the following documents.

[SLSNZ Surf Sport Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee. Please note that the Manual has recently been updated to the 10th Edition in 2023. Additionally members entering this event are bound by the following rules:

- [SLSNZ Constitution](#)
- [SLSNZ Regulations](#)
- [SLSNZ Code of Conduct](#) (Note: The Event Management Committee reserve the right to exclude competitors from further competition for poor or 'un-sportsman like' behaviour. This also applies to parents, managers and supporters)
- [Drug Free Sport New Zealand](#)
- [SLSNZ Sport Policies](#)

Copies of these documents are available from the [SLSNZ website](#).

Age Groups:

Age group is determined by the competitor's age at midnight on 30th September 2023. For example, if you were 19 on the 30th September 2023, you are not eligible to compete in the Under 19 division.

Competitors in the U15 division are now able to 'race up' into any higher age division (consistent with U17 & U19 competitors). All competitors in any age group will still only be able to enter and compete in one race once e.g. an U15 competitor can only enter in one of either the U15, U17, U19 or Open division in a particular event.

Masters are permitted to compete in only one age category in each team event conducted at a Competition. Where a team Event with two competitors is conducted (e.g. line throw), the age of the younger competitor shall determine the age category of the team.

Where a Masters Team Event with three or more Competitors is conducted, the total combined ages of all team members shall determine the division in which the team must compete.



Mega Relays: The make-up of age groups for the two Mega Relays for the Pool Rescue Championships are as follows:

Junior Mega Relay – 6 x 50m

- 1 x U12 Female Swimmer (can be U11)
- 1 x U12 Male Swimmer (can be U11)
- 2 x U14 Female Swimmer (can be U13, U12 or U11)
- 2 x U14 Male Swimmer (can be U13, U12 or U11)

Senior Mega Relay – 6 x 50m

- 1 x U17 Female Swimmer (can be U15)
- 1 x U17 Male Swimmer (can be U15)
- 1 x U19 Female Swimmer (can be U15 or U17)
- 1 x U19 Male Swimmer (can be U15 or U17)
- 1 x Open Female Swimmer (can be U15, U17, U19 or Masters)
- 1 x Open Male Swimmer (can be U15, U17, U19 or Masters)

Team Substitutes:

All team substitutes must be registered in some capacity in the competition already. This is to ensure compliance with event entry eligibility requirements

Composite Teams:

Composite Relay Teams (4 person) will again be available in the junior divisions to support the development and participation of clubs with smaller numbers. These teams will be eligible for medals, but not points at the New Zealand Pool Rescue Championships, as they were in 2022.

Mixed Team Events:

The following four-person junior (U11 – U14) and senior (U15-U19) and masters (30+) team events will be mixed only (2 x male + 2 x female). The Open age-group will have Mixed, Male & Female divisions offered.

- 4x25m Brick Relay
- 4x25m Manikin Relay
- 4x50m Medley Relay
- 4x50m Obstacle Relay
- 4x50m Pool Lifesaver Relay

Specific Event Updates:

50m Rescue Medley (Brick)

- U11 & U12 Division - changes from 17.5m underwater to 12.5m
- U13 Division - no change (17.5m underwater start with fins)
- U14 Division – changes from with fins to without fins



100m / 150m Patient Tow

- U12 Division – no change (patient starts in water waiting for swimmer with tube)
- U14 Division – the patient will swim 50m freestyle and upon touching the turn wall and raising their hand, the 'rescuer' will swim 50 m freestyle with fins and rescue tube to pick up the patient, clip them into the tube and return to the start.

50m Rescue Medley

- New event for U15 Division. From a dive start, the competitor swims underwater to a submerged manikin located at 17.5m. The competitor surfaces the manikin within the 5m pick-up line, and then carries it the remaining distance to touch the finish wall. Competitors may push off the bottom when surfacing with the manikin.

4 x 50m Lifesaver Relay

- U19 Division removed. Only available in the Open Division.

Swim with Obstacles

- The U15 division decreases from 200m to 100m

Junior Mega Relay – 6 x 50m

The Junior Mega Relay will be an official event at the New Zealand Pool Rescue Championships. The make-up of the team is listed under Age Groups above.

Please see the [SLSNZ Pool Competition Manual](#) for more detail and diagrams for the above event updates.

Event Programming:

A draft programme is located in Appendix 1. Please note that it is subject to change depending on the number of entries.



Competition Safety Plan:

The Competition Safety Plan will be made available through the [event page](#) prior to the event commencing. The document is also available for viewing in the Event Management Area during the event.

Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the events in which they are entered.

It is therefore the clubs responsibility to ensure that competitors who are not yet competent to compete in any of their events are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will.

Please refer to 1.2 Agreement to be bound by the manual in the [Pool Rescue Competition Manual](#).

Medical Information:

Pre-Existing Medical Conditions

All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed. It is important to note that that a pre-existing medical condition includes a **concussion event** that has occurred prior to this event. These forms are available on the [event page](#).

Concussion Protocol

1. Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
2. Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
3. Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
4. Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.



Communications:

Event Management will utilise a variety of tools to keep you updated with the latest event information and news. These include:

- [The SLSNZ Website](#)
- [Facebook](#)
- [Team Reach](#)
- [SLSNZ APP.](#)

Event Photography:

All photographers inside the venue will need prior approval from the Event Manager. If you are wishing to take photos at our competition then please read the [Media Accreditation Application Information here](#) and apply for access into competition arenas.

Key Contact:

Key Contact

If you have any queries or concerns, please feel free to contact the Event Manager.

Matt Cairns
Sport Event Manager
Surf Life Saving New Zealand

m 027 5555 498
e matt.cairns@surflifesaving.org.nz

Competition Arenas:

Location Map for the Sir Owen Glenn National Aquatic Centre.

Physical address: 15 Antares Place, Rosedale, Auckland 0632





2023 SLSNZ Pool Rescue Championships DRAFT Programme

Session & Times	1	2	3	4	5
Day:	Friday 29 Sept	Friday 29 Sept	Saturday 30 Sept	Saturday 30 Sept	Sunday 1 Oct
	U11, U12, U13, U14	U11, U12, U13, U14 U19, Open	U11, U12, U13, U14 U15, U17, U19, Open, Masters	U15, U17, U19, Open, Masters	U15, U17, U19, Open, Masters
Team Managers Meeting	8:00am		8:00am		7:15am
Surf Officials Meeting	8:30am		8:30am		7:30am
Time Keepers Meet	8:45am	12:45pm	8:45am	12.45pm	7:45am
Warm up Begins	8:00am		8:00am	25m Pool	7:00am
Warm up Ends	8:40am		8:40am	25m Pool	7:40am
Session Begins	9:00am	1:30pm	9:00am	1:00pm	8:00am
Session Ends (estimate)	1:00pm	5:00pm	12:30pm	5:00pm	1:30pm
Prize Giving (estimate)	1:05pm	5:05pm	12:35pm	5:05pm	1:35pm

Session	No.	Event
SESSION ONE - FRIDAY	001	Under 14 Male - 50m Brick Carry
	002	Under 14 Female - 50m Brick Carry
	003	Under 13 Male - 50m Brick Carry
	004	Under 13 Female - 50m Brick Carry
	005	Under 12 Male - 50m Brick Carry
	006	Under 12 Female - 50m Brick Carry
	007	Under 11 Male - 50m Brick Carry
	008	Under 11 Female - 50m Brick Carry
	009	Under 12 Mixed - 4x25m Brick Relay
	010	Under 14 Mixed - 4x25m Brick Relay
	011	Under 11 Male - 50m Rescue Medley
	012	Under 11 Female - 50m Rescue Medley
	013	Under 12 Male - 50m Rescue Medley
	014	Under 12 Female - 50m Rescue Medley
	015	Under 13 Male - 50m Rescue Medley
	016	Under 13 Female - 50m Rescue Medley
	017	Under 14 Male - 50m Rescue Medley
	018	Under 14 Female - 50m Rescue Medley
	019	Under 12 Mixed - 4x50m Medley Relay
	020	Under 14 Mixed - 4x50m Medley Relay

SESSION TWO - FRIDAY	021	Under 12 Male - 100m Patient Tow with Fins
	022	Under 12 Female - 100m Patient Tow with Fins
	023	Under 14 Male - 150m Patient Tow with Fins
	024	Under 14 Female - 150m Patient Tow with Fins
	025	Under 11 Male - 50m Swim with Fins
	026	Under 11 Female - 50m Swim with Fins
	027	Under 12 Male - 50m Swim with Fins
	028	Under 12 Female - 50m Swim with Fins
	029	Under 13 Male - 50m Swim with Fins
	030	Under 13 Female - 50m Swim with Fins
	031	Under 14 Male - 50m Swim with Fins
	032	Under 14 Female - 50m Swim with Fins
	033	Under 14 Mixed - 6 x 50m Junior Mega Relay
	034	Under 19 Male - 200 Super Lifesaver



	035	Under 19 Female - 200 Super Lifesaver
	036	Open Male - 200 Super Lifesaver
	037	Open Female - 200 Super Lifesaver

SESSION THREE - SATURDAY	038	Under 11 Female - 50 Swim with Obstacles
	039	Under 11 Male - 50 Swim with Obstacles
	040	Under 12 Female - 50 Swim with Obstacles
	041	Under 12 Female - 50 Swim with Obstacles
	042	Under 13 Female - 100 Swim with Obstacles
	043	Under 13 Male - 100 Swim with Obstacles
	044	Under 14 Female - 100 Swim with Obstacles
	045	Under 14 Male - 100 Swim with Obstacles
	046	30-34 Masters Female - 100 Swim with Obstacles
	047	35-39 Masters Female - 100 Swim with Obstacles
	048	40-44 Masters Female - 100 Swim with Obstacles
	049	45-49 Masters Female - 100 Swim with Obstacles
	050	50-54 Masters Female - 100 Swim with Obstacles
	051	55-59 Masters Female - 100 Swim with Obstacles
	052	60-64 Masters Female - 100 Swim with Obstacles
	053	65-69 Masters Female - 100 Swim with Obstacles
	054	70-74 Masters Female - 100 Swim with Obstacles
	055	75+ Masters Female - 100 Swim with Obstacles
	056	30-34 Masters Male - 100 Swim with Obstacles
	057	35-39 Masters Male - 100 Swim with Obstacles
	058	40-44 Masters Male - 100 Swim with Obstacles
	059	45-49 Masters Male - 100 Swim with Obstacles
	060	50-54 Masters Male - 100 Swim with Obstacles
	061	55-59 Masters Male - 100 Swim with Obstacles
	062	60-64 Masters Male - 100 Swim with Obstacles
	063	65-69 Masters Male - 100 Swim with Obstacles
	064	70-74 Masters Male - 100 Swim with Obstacles
	065	75+ Masters Male - 100 Swim with Obstacles
	066	Under 15 Female - 100 Swim with Obstacles
	067	Under 15 Male - 100 Swim with Obstacles
	068	Under 17 Female - 200 Swim with Obstacles
	069	Under 17 Male - 200 Swim with Obstacles
	070	Under 19 Female - 200 Swim with Obstacles
	071	Under 19 Male - 200 Swim with Obstacles
	072	Open Male - 200 Swim with Obstacles
	073	Open Female - 200 Swim with Obstacles
	074	Under 12 Mixed - 4x50m Obstacle Relay
	075	Under 14 Mixed - 4x50m Obstacle Relay
	076	120-159 Masters Mixed - 4x50m Obstacle Relay
	077	160-199 Masters Mixed - 4x50m Obstacle Relay
	078	200-239 Masters Mixed - 4x50m Obstacle Relay
	079	240+ Masters Mixed - 4x50m Obstacle Relay
	080	Under 17 Mixed - 4x50m Obstacle Relay
	081	Under 19 Mixed - 4x50m Obstacle Relay
082	Open Mixed - 4x50m Obstacle Relay	
083	Open Female - 4x50m Obstacle Relay	
084	Open Male - 4x50m Obstacle Relay	
085	30-34 Masters Female - Line Throw	
086	35-39 Masters Female - Line Throw	
087	40-44 Masters Female - Line Throw	
088	45-49 Masters Female - Line Throw	
089	50-54 Masters Female - Line Throw	
090	55-59 Masters Female - Line Throw	
091	60-64 Masters Female - Line Throw	
092	65-69 Masters Female - Line Throw	
093	70-74 Masters Female - Line Throw	
094	75+ Masters Female - Line Throw	



095	30-34 Masters Male - Line Throw
096	35-39 Masters Male - Line Throw
097	40-44 Masters Male - Line Throw
098	45-49 Masters Male - Line Throw
099	50-54 Masters Male - Line Throw
100	55-59 Masters Male - Line Throw
101	60-64 Masters Male - Line Throw
102	65-69 Masters Male - Line Throw
103	70-74 Masters Male - Line Throw
104	75+ Masters Male - Line Throw
105	U17 Female - Line Throw
106	U17 Male - Line Throw
107	U19 Female - Line Throw
108	U19 Male - Line Throw
109	Open Female - Line Throw
110	Open Male - Line Throw

SESSION FOUR - SATURDAY	111	30-34 Masters Female - 50 Manikin Carry
	112	35-39 Masters Female - 50 Manikin Carry
	113	40-44 Masters Female - 50 Manikin Carry
	114	45-49 Masters Female - 50 Manikin Carry
	115	50-54 Masters Female - 50 Manikin Carry
	116	55-59 Masters Female - 50 Manikin Carry
	117	60-64 Masters Female - 50 Manikin Carry
	118	65-69 Masters Female - 50 Manikin Carry
	119	70-74 Masters Female - 50 Manikin Carry
	120	75+ Masters Female - 50 Manikin Carry
	121	30-34 Masters Male - 50 Manikin Carry
	122	35-39 Masters Male - 50 Manikin Carry
	123	40-44 Masters Male - 50 Manikin Carry
	124	45-49 Masters Male - 50 Manikin Carry
	125	50-54 Masters Male - 50 Manikin Carry
	126	55-59 Masters Male - 50 Manikin Carry
	127	60-64 Masters Male - 50 Manikin Carry
	128	65-69 Masters Male - 50 Manikin Carry
	129	70-74 Masters Male - 50 Manikin Carry
	130	75+ Masters Male - 50 Manikin Carry
	131	U17 Female - 50 Manikin Carry
	132	U17 Male - 50 Manikin Carry
	133	U17 Female - 50 Manikin Carry
	134	U17 Male - 50 Manikin Carry
	135	U19 Female - 50 Manikin Carry
	136	U19 Male - 50 Manikin Carry
	137	Open Female - 50 Manikin Carry
	138	Open Male - 50 Manikin Carry
	139	30-34 Masters Female - 100 Manikin Carry with Fins
	140	35-39 Masters Female - 100 Manikin Carry with Fins
	141	40-44 Masters Female - 100 Manikin Carry with Fins
	142	45-49 Masters Female - 100 Manikin Carry with Fins
	143	50-54 Masters Female - 100 Manikin Carry with Fins
	144	55-59 Masters Female - 100 Manikin Carry with Fins
	145	60-64 Masters Female - 100 Manikin Carry with Fins
146	65-69 Masters Female - 100 Manikin Carry with Fins	
147	70-74 Masters Female - 100 Manikin Carry with Fins	
148	75+ Masters Female - 100 Manikin Carry with Fins	
149	30-34 Masters Male - 100 Manikin Carry with Fins	
150	35-39 Masters Male - 100 Manikin Carry with Fins	
151	40-44 Masters Male - 100 Manikin Carry with Fins	
152	45-49 Masters Male - 100 Manikin Carry with Fins	



153	50-54 Masters Male - 100 Manikin Carry with Fins
154	55-59 Masters Male - 100 Manikin Carry with Fins
155	60-64 Masters Male - 100 Manikin Carry with Fins
156	65-69 Masters Male - 100 Manikin Carry with Fins
157	70-74 Masters Male - 100 Manikin Carry with Fins
158	75+ Masters Male - 100 Manikin Carry with Fins
159	U15 Female - 100 Manikin Carry with Fins
160	U15 Male - 100 Manikin Carry with Fins
161	U17 Female - 100 Manikin Carry with Fins
162	U17 Male - 100 Manikin Carry with Fins
163	U19 Female - 100 Manikin Carry with Fins
164	U19 Male - 100 Manikin Carry with Fins
165	Open Female - 100 Manikin Carry with Fins
166	Open Male - 100 Manikin Carry with Fins
167	120-159 Masters Mixed - 4x50m Medley Relay
168	160-199 Masters Mixed - 4x50m Medley Relay
169	200-239 Masters Mixed - 4x50m Medley Relay
170	240+ Masters Mixed - 4x50m Medley Relay
171	Under 17 Mixed - 4x50m Medley Relay
172	Under 19 Mixed - 4x50m Medley Relay
173	Open Mixed - 4x50m Medley Relay
174	Open Female - 4x50m Medley Relay
175	Open Male - 4x50m Medley Relay

176	Open Mixed - 4x50m Pool Lifesaver Relay
177	Open Male - 4x50m Pool Lifesaver Relay
178	Open Female - 4x50m Pool Lifesaver Relay
179	Under 15 Male - 50 Rescue Medley
180	Under 15 Female - 50 Rescue Medley
181	Under 17 Male - 100 Rescue Medley
182	Under 17 Female - 100 Rescue Medley
183	Under 19 Male - 100 Rescue Medley
184	Under 19 Female - 100 Rescue Medley
185	Open Male - 100 Rescue Medley
186	Open Female - 100 Rescue Medley
187	120-159 Masters Mixed - 4 x 25m Manikin Relay
188	160-199 Masters Mixed - 4 x 25m Manikin Relay
189	200-239 Masters Mixed - 4 x 25m Manikin Relay
190	240+ Masters Mixed - 4 x 25m Manikin Relay
191	Under 17 Mixed - 4 x 25m Manikin Relay
192	Under 19 Mixed - 4 x 25m Manikin Relay
193	Open Mixed - 4 x 25m Manikin Relay
194	Open Male - 4 x 25m Manikin Relay
195	Open Female - 4 x 25m Manikin Relay
196	30-34 Masters Male - 100 Manikin Tow with Fins
197	35-39 Masters Male - 100 Manikin Tow with Fins
198	40-44 Masters Male - 100 Manikin Tow with Fins
199	45-49 Masters Male - 100 Manikin Tow with Fins
200	50-54 Masters Male - 100 Manikin Tow with Fins
201	55-59 Masters Male - 100 Manikin Tow with Fins
202	60-64 Masters Male - 100 Manikin Tow with Fins
203	65-69 Masters Male - 100 Manikin Tow with Fins
204	70-74 Masters Male - 100 Manikin Tow with Fins
205	75+ Masters Male - 100 Manikin Tow with Fins
206	30-34 Masters Female - 100 Manikin Tow with Fins
207	35-39 Masters Female - 100 Manikin Tow with Fins
208	40-44 Masters Female - 100 Manikin Tow with Fins
209	45-49 Masters Female - 100 Manikin Tow with Fins
210	50-54 Masters Female - 100 Manikin Tow with Fins
211	55-59 Masters Female - 100 Manikin Tow with Fins

SESSION FIVE - SUNDAY



212	60-64 Masters Female - 100 Manikin Tow with Fins s
213	65-69 Masters Female - 100 Manikin Tow with Fins
214	70-74 Masters Female - 100 Manikin Tow with Fins
215	75+ Masters Male - 100 Manikin Tow with Fins
216	U15 Male - 100 Manikin Tow with Fins
217	U15 Female - 100 Manikin Tow with Fins
218	U17 Male - 100 Manikin Tow with Fins
219	U17 Female - 100 Manikin Tow with Fins
220	U19 Male - 100 Manikin Tow with Fins
221	U19 Female - 100 Manikin Tow with Fins
222	Open Male - 100 Manikin Tow with Fins
223	Open Female - 100 Manikin Tow with Fins
224	30-34 Masters Male - 50 Swim with Fins
225	35-39 Masters Male - 50 Swim with Fins
226	40-44 Masters Male - 50 Swim with Fins
227	45-49 Masters Male - 50 Swim with Fins
228	50-54 Masters Male - 50 Swim with Fins
229	55-59 Masters Male - 50 Swim with Fins
230	60-64 Masters Male - 50 Swim with Fins
231	65-69 Masters Male - 50 Swim with Fins
232	70-74 Masters Male - 50 Swim with Fins
233	75+ Masters Male - 50 Swim with Fins
234	30-34 Masters Female - 50 Swim with Fins
235	35-39 Masters Female - 50 Swim with Fins
236	40-44 Masters Female - 50 Swim with Fins
237	45-49 Masters Female - 50 Swim with Fins
238	50-54 Masters Female - 50 Swim with Fins
239	55-59 Masters Female - 50 Swim with Fins
240	60-64 Masters Female - 50 Swim with Fins
241	65-69 Masters Female - 50 Swim with Fins
242	70-74 Masters Female - 50 Swim with Fins
243	75+ Masters Male - 50 Swim with Fins
244	U15 Male - 50 Swim with Fins
245	U15 Female - 50 Swim with Fins
246	U17 Male - 50 Swim with Fins
247	U17 Female - 50 Swim with Fins
248	U19 Male - 50 Swim with Fins
249	U19 Female - 50 Swim with Fins
250	Open Male - 50 Swim with Fins
251	Open Female - 50 Swim with Fins
252	Open Mixed - 6x50 MEGA Relay