

# Lifeguarding Methoxyflurane

## 1.0 SCOPE

This policy applies to all SLSNZ staff, clubs, services, and members.

## 2.0 PURPOSE

This policy details the requirements for who can administer Methoxyflurane, the paperwork required, and the storage requirements & ordering process for SLSNZ clubs.

## 3.0 INTRODUCTION

Methoxyflurane is a prescription-only medication used by specially trained lifeguards under the Standing Order of the SLSNZ Medical Director. Methoxyflurane (Penthrox inhaler), is an effective inhaled analgesic (pain-reliever) medication used to treat moderate-to-severe pain. It is supplied as a liquid that is administered using a green Penthrox inhaler through which the patient breathes both in and out. A charcoal filter is attached to the inhaler which reduces the effects of the exhaled vapour on personnel.

### 4.0 **DEFINITIONS**

SLSNZ, Surf Life Saving New Zealand NSOP, National Standing Operating Procedure

## 5.0 RELATED DOCUMENT, POLICIES AND PROCEDURES

- Legislation
- 2. SLSNZ Standing Order Protocol for the use of Methoxyflurane
- 3. SLSNZ NSOP Methoxyflurane
- 4. SLSNZ Methoxyflurane Use Report
- 5. SLSNZ Incident Report
- 6. SLSNZ Member Approval Letters

## 6.0 EXCEPTIONS

There are no exceptions to this policy.

## 7.0 POLICY

# 7.1 Use of Methoxyflurane:

#### **SLSNZ Standing Order**

- A standing order is a written instruction issued by a medical practitioner, authorising a specified person or class of people (e.g., Lifeguards and Patrol Support) who do not have prescribing rights to administer and/or supply specified medicines.
  - (Standing Order Guidelines, 2012, NZ Ministry of Health)
- The Current SLSNZ Standing Order will be available on the SLSNZ website.

Who can administer Methoxyflurane?



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- SLSNZ members who fit the prerequisite requirements established in the SLSNZ Standing Order
  must submit an application to SLSNZ for review by the Medical Director. If approved, a signed
  authorisation letter is sent to the member. Retention of this document is a legal requirement.
- Only SLSNZ members who hold a current "Authorisation for Use" letter, signed by the SLSNZ Medical Director may administer Methoxyflurane. Lifeguards must reapply annually for this authorisation.
- Due to the controlled nature of methoxyflurane, SLSNZ reserves the right to decline or cancel any methoxyflurane orders, or approvals, at any stage if misuse is suspected.

## 7.2 Storage / Safety and security:

- All clubs/services that stock Methoxyflurane must be approved by SLSNZ.
- Clubs/Services wanting to obtain Methoxyflurane must apply to SLSNZ via an online application and must meet the standards of the Annual Audit in order to be approved.
- Approved clubs/services must store their units in a secure locked cabinet or case.

### 7.3 Annual Audit:

- SLSNZ requires that the members in charge of methoxyflurane at their club/service conduct an audit annually. This ensures the integrity of the product, expiry dates, and stock numbers.
- SLSNZ will keep on record a photo of the lockable cabinet & this must be updated & sent through to SLSNZ if changed.
- SLSNZ will hold updates with the members in charge of methoxyflurane at their club/service on stock supplies, the ordering process, qualified and authorised members, and the documented uses of methoxyflurane.

## 7.4 Replacement of Stock:

- SLSNZ will only replace stock upon receipt of evidence of expiring stock, used stock, or broken stock. All relevant reporting must be completed.
- Clubs must follow the Methoxyflurane NSOP to order replacement stock.

## 8.0 PROCEDURES

Refer to SLSNZ NSOP Methoxyflurane

## 9.0 DOCUMENT MANAGEMENT AND CONTROL

Policy owner	Chief Operations Officer	Date issued	July 2022
Content Manager	National Lifesaving Manager	Revision date	July 2024
Approved By	Chief Operations Officer		