



# Standing order Protocol for the use of Methoxyflurane

Issued: 01/05/2023		Review date: 01/05/2025	
Standing Order Title	SLSNZ Standing Order for Analgesia		
Purpose	Pain relief for the conscious patient on a beach. This standing order covers the provision of analgesia to conscious patients by SLSNZ Members with the relevant training and qualifications to recognize when the use of such medications will bring benefit to the patient, and cause no harm.		
Rationale	Often incidents are in isolated locations, where support from paramedics, doctors and medical clinics are not immediately available, and the patient must endure significant delays to be transported to further care. In these situations, SLSNZ Members can alleviate some suffering and distress for the patient by providing analgesia.		
Organisation	Surf Life Saving New Zealand and all clubs who meet the criteria for the storage and administration of analgesia.		
Scope	For the treatment of pain in injured beachgoers who will experience delays in transfer to hospital, or significant discomfort during transfer to further medical care.		
Medicine/s	Methoxyflurane		
Dosage instructions for each medicine	3mL Methoxyflurane per dose inhaler AC Chamber (max 2 doses)		
Route of administration	Oral		
Circumstances for activating the standing order	Severe pain due to trauma		
Exclusions that apply to this standing order	<b>Patient history of:</b> <ul style="list-style-type: none"><li>• Renal impairment.</li><li>• History or family history of malignant hyperthermia.</li><li>• Known allergy to Methoxyflurane.</li><li>• Use of Methoxyflurane within the last 7 days.</li></ul> <b>Patient currently:</b> <ul style="list-style-type: none"><li>• Unable to follow instructions.</li><li>• Possibly suffering a head injury.</li><li>• Intoxicated with drugs/alcohol.</li></ul>		



<b>Competency/training requirements for the person(s) authorised to administer</b>	<ul style="list-style-type: none"><li>• Member of SLSNZ</li><li>• Name and contact details on SLSNZ register.</li><li>• Biannual renewal of Advanced Surf First Aid (PHEC) and pain management qualifications (see below).</li><li>• Annual authority to administer signed by the SLSNZ Medical Director.</li><li>• Completion of all documentation requirements for the administration of Methoxyflurane.</li><li>• Ensure that all SLSNZ policies and procedures surrounding the use of medications are adhered to.</li></ul> <p>The Pain Management qualification is of 4-hour duration and will include the effective use of Paracetamol as a total pain management regime. It will involve some pain physiology, use of pain relief with other resources such as splints and oxygen, and include formal assessment.</p> <p>The training will cover the following:</p> <ul style="list-style-type: none"><li>• Identify when the use of Methoxyflurane is appropriate</li><li>• Contraindications to the use of Methoxyflurane</li><li>• How to administer Methoxyflurane</li><li>• Patient Monitoring</li><li>• Side effects</li><li>• Disposal of used Methoxyflurane canisters</li><li>• Recording the use of Methoxyflurane for audit</li></ul>
<b>Auditing</b>	Pain relief report forms will be audited quarterly by the medical director.
<b>Definition of terms used in standing order</b>	NSOP: National Standard Operating Procedure PHEC: Pre-Hospital Emergency Care
<b>Additional information</b>	SLSNZ Methoxyflurane Policy SLSNZ Methoxyflurane NSOP SLSNZ Methoxyflurane Use Report

Signed:

Name:	Dr Gary Payinda	Date:	
Title:	Medical practitioner and SLSNZ Medical Director		

**Notes:**

This standing order is to be read alongside the SLSNZ Methoxyflurane Policy and SLSNZ Methoxyflurane NSOP. These detail the policy and procedure that SLSNZ staff, clubs and services, and members must adhere to when working with Methoxyflurane.