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| **Standing Order Title** | **SLSNZ Standing Order for Analgesia** |
| **Purpose** | Pain relief for the conscious patient on a beach. This standing order covers the provision of analgesia to conscious patients by surf lifeguards with the relevant training and qualifications to recognize when the use of such medications will bring benefit to the patient, and cause no harm. |
| **Rationale** | Often surf lifeguards are in isolated locations, where support from paramedics, doctors and medical clinics are not immediately available, and the patient must endure significant delays to be transported to further care. In these situations, lifeguards can alleviate some suffering and distress for the patient by providing analgesia. |
| **Organisation** | Surf Life Saving New Zealand and all clubs who meet the criteria for the storage and administration of analgesia. |
| **Scope** | For the treatment of pain in injured beachgoers who will experience delays in transfer to hospital, or significant discomfort during transfer to further medical care. |
| **Medicine/s** | Methoxyflurane |
| **Dosage instructions for each medicine** | 3mL Methoxyflurane per dose inhaler AC Chamber(maximum of 1 dose for a child, or 2 doses for an adult) |
| **Route of administration** | Oral |
| **Circumstances for activating the standing order** | Moderate to severe pain due to trauma |
| **Exclusions that apply to this standing order** | **Patient history of:*** Renal impairment.
* History or family history of malignant hyperthermia.
* Known allergy to Methoxyflurane.
* Use of Methoxyflurane within the last 7 days.

**Patient currently:*** Unable to follow instructions.
* Possibly suffering a head injury.
* Intoxicated with drugs/alcohol.
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| **Competency/training requirements for the person(s) authorised to administer** | * Name and contact details on SLSNZ register.
* Biannual renewal of Advanced Surf First Aid and pain management qualifications (see below).
* Annual authority to administer signed by the SLSNZ Medical Director.
* Completion of all documentation requirements for the administration of Methoxyflurane.
* Ensure that all SLSNZ policies and procedures surrounding the use of medications are adhered to.

The Pain Relief Module qualification is of 2-hour duration and will include the effective use of Paracetamol as a total pain management regime. It will involve some pain physiology, use of pain relief with other resources such as splints and oxygen, and include formal assessment.The training will cover the following:* Identify when the use of Methoxyflurane is appropriate
* Contraindications to the use of Methoxyflurane
* How to administer Methoxyflurane
* Patient Monitoring
* Side effects
* Disposal of used Methoxyflurane canisters

Recording the use of Methoxyflurane for audit |
| **Auditing** | SLSNZ Medical Director audits all reported uses quarterly. |
| **Definition of terms used in standing order** | NSOP: National Standard Operating Procedure |
| **Additional information** | SLSNZ Policy – Use Of MethoxyfluraneSLSNZ NSOP – MethoxyfluraneSLSNZ Pain Relief Report Form |

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