

IRB Arena	Progressions
U23 Mens - Mass Rescue (HEATS)	2 x Heats of 4, Top 3 through
Open Mens - Mass Rescue (HEATS)	2 x Heats of 4, Top 3 through
U19 Mens - Mass Rescue	
U19 Womens - Mass Rescue	
U23 Mens - Mass Rescue (FINAL)	
U23 Womens - Mass Rescue	
Open Mens - Mass Rescue (FINAL)	
Open Womens - Mass Rescue	
Open Mens - Tube Rescue (HEATS)	2 x Heats of 4, Top 3 through
U19 Mens - Tube Rescue	
U19 Womens - Tube Rescue	
U23 Mens - Tube Rescue	
U23 Womens - Tube Rescue	
Open Mens - Tube Rescue (FINAL)	
Open Womens - Tube Rescue	
U23 Mens - Assembly Rescue (HEATS)	2 x Heats of 4, Top 3 through
Open Mens - Assembly Rescue (HEATS)	2 x Heats of 4, Top 3 through
U19 Mens - Assembly Rescue	
U19 Womens - Assembly Rescue	
U23 Mens - Assembly Rescue (FINAL)	
U23 Womens - Assembly Rescue	
Open Mens - Assembly Rescue (FINAL)	
Open Womens - Assembly Rescue	
U23 Mens - Single Rescue (HEATS)	2 x Heats of 4, Top 3 through
Open Mens - Single Rescue (HEATS)	2 x Heats of 4, Top 3 through
U19 Mens - Single Rescue	
U19 Womens - Single Rescue	
U23 Mens - Single Rescue (FINAL)	
U23 Womens - Single Rescue	
Open Mens - Single Rescue (FINAL)	
Open Womens - Single Rescue	
Open Mens - Teams Race	
Open Womens - Teams Race	