



SURF LIFE SAVING[®]
NEW ZEALAND



EVENT CIRCULAR

2023 SOUTHERN REGION
CHAMPIONSHIPS

Saturday 18th & Sunday 19th February, 2023



ENTRY INFORMATION

Competition Purpose:

The 2023 Southern Region Championships will be held at New Brighton beach on Saturday 18th and Sunday 19th February, 2023. Come down for an exciting weekend of racing!

This document provides you with all the information you need to know in order to enter this event. While it contains the typical logistical information surrounding the event, it also incorporates very important details that a parent and/or guardian must be aware of before entering their child into this event.

Entering Our Competition:

Entries may be made using the SLSNZ Online Event Entry System. Your club has access to this system and will process your entries.

Entries Close:	Friday 10 th February, 11:00am
Entry Fee:	\$40.00 per person (GST inclusive)
Eligibility of Competitors:	Please see Section 2.2 of the SLSNZ Surf Sport Competition Manual for a comprehensive breakdown of eligibility criteria. All competitors who wish to compete in water-based events must hold a refreshed Surf Lifeguard Award. All competitors who wish to compete in <u>land-based events only</u> must hold a refreshed Surf Lifeguard Award or refreshed Patrol Support Award.

Age Groups:

Age group is determined by the competitor's age at midnight on 30th September 2020. For example, if you were 15 on the 30th September 2022, you are not eligible to compete in the Under 15 division.

Know Your Rules:

This event will be conducted under the rules contained in the following documents.

[SLSNZ Surf Sport Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee. Please note that the Manual has recently been updated to the 9th Edition (V3).

Additionally, members entering this event are bound by the following rules:

- [SLSNZ Constitution](#)
- [SLSNZ Regulations](#)

- [SLSNZ Code of Conduct](#) (Note: The Event Management Committee reserve the right to exclude competitors from further competition for poor or 'un-sportsman like' behaviour. This also applies to parents, managers and supporters)
- [Drug Free Sport New Zealand](#)
- [SLSNZ Sport Policies](#)

Copies of these documents are available from the SLSNZ website.

Team Substitutes:

All team substitutes must be registered in some capacity in the competition. This is to ensure compliance with event entry eligibility requirements.

Pre-Existing Medical Conditions:

All participants with a pre-existing medical condition must complete and submit a Pre-Existing Medical Conditions Declaration form prior to the close of entries. These forms are to be submitted to the Event Manager by email to luke.smith@surflifesaving.org.nz

However, participants are encouraged to submit these as early as possible.

Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a Competitor Waiver form is required to be completed.

- [Pre-Existing Medical Conditions Declaration](#)
- [Competition Waiver – Under 18](#)
- [Competition Waiver – Over 18](#)

Event Programming:

The Draft Programme can be found below. Please note that the Draft Programme is subject to change due to a dependence upon the number of entries and surf/weather conditions.

Saturday 18th February, 2023

Team Managers Meeting:	7:40am	
Marshalling Start Time:	7:50pm	
Start Time:	8:00am	
Canoe Marshalling Start Time:	1:45pm	
Canoe Start Time:	2:00pm	
High Tide:	3:18pm	(2.15m)
Low Tide:	9:15am	

Sunday 19th February, 2023

Team Managers Meeting:	8:10am	
Marshalling Start Time:	8:20am	
Start Time:	8:30am	
High Tide:	4:15pm	(2.22m)
Low Tide:	10:11am	

PROGRAMME INFORMATION

Events

The following events and divisions will be held at the competition (listed in no particular order).

Individual Events:	Age Group:	Gender:
Surf Race	U15, U17, U19 & Open	Male and Female
Run Swim Run	U15, U17, U19, Open & Masters	Male and Female
Board Race	U15, U17, U19, Open & Masters	Male and Female
Ski Race	U15, U17, U19, Open & Masters	Male and Female
Diamond	U15	Male and Female
Iron Person	U17, U19 & Open	Male and Female
Beach Flags	U15, U17, U19 & Open	Male and Female
Beach Sprint	U15, U17, U19 & Open	Male and Female
Team Events:	Age Group:	Gender:
Board Relay (2 Person)	U17, U19 & Open	Male and Female
Ski Relay (2 Person)	U17, U19 & Open	Male and Female
Taplin Relay (3 Person)	U17, U19 & Open	Male and Female
Beach Relay	U17, U19 & Open	Male and Female
Mixed Beach Relay	Open	Mixed
Mixed Taplin	Open	Mixed
Mixed Double Ski	Open	Mixed
Double Ski	U19 & Open	Male and Female
Board Rescue	U17, U19 & Open	Male and Female
Tube Rescue	U17, U19 & Open	Male and Female
Surf Canoe – Short Course	U19 & Open	Male and Female
Surf Canoe – Long Course	U19 & Open	Male and Female

2023 Southern Region Championships

Saturday 18th & Sunday 19th February, New Brighton

SATURDAY

Double Ski Arena

Open Womens Double Ski
Open Mens Double Ski
U19 Womens Double Ski
U19 Mens Double Ski
Open Mixed Double Ski

Water Arena

Board Race

Surf Race + Teams

Surf Race

Ski Race

Run Swim Run

Ironperson

Diamond

Beach Sprint Arena

Beach Sprint

Beach Relay

Open Mixed Beach Relay

2:00pm start

Canoe Arena

Open Male - Long Course (x3)

Open Female - Long Course (x3)

U19 Male - Long Course (x3)

U19 Female - Long Course (x3)

SUNDAY

Canoe Arena

Open Male - Short Course (x3)

Open Female - Short Course (x3)

U19 Male - Short Course (x3)

U19 Female - Short Course (x3)

Beach Flag Arena

Beach Flags

Water Arena

Board Rescue

Rescue Tube Rescue

Board Relay

Ski Relay

Taplin Relay



COMPETITION COMMUNICATION

Communications:

Event Management utilise a variety of tools to keep you updated with the latest event information and news. These include:

- [The SLSNZ Website](#)
- [Facebook](#)
- [Live Results](#)

Please note that the [SLSNZ | Southern Region Facebook](#) will provide the latest event information at all times.

Event Photography:

If you are wishing to take photos at our competition, then please contact the Sport Manager and request for access into competition arenas. Please note Use of Cameras and Video devices rules are covered [under 2.25 in the Surf Sports Competition Manual](#).

Key Contact:

If you have any queries or concerns, please feel free to contact the Sport Manager.

Luke Smith
Southern Region Sport Manager
Surf Life Saving New Zealand

m 021 190 1432

e Luke.smith@surflifesaving.org.nz



COMPETITION SAFETY INFORMATION

Competition Safety Plan:

The Competition Safety Plan will be made available for viewing in the Event Management Area following the team managers and officials briefing and during the event.

Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs' responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will. Please refer to statement (e) of the Agreement to be bound by the Manual section of the Surf Sports Competition Manual. The Manual can be found [here](#).

It is the expectation of the organisers that all clubs will only permit competent competitors to compete in an event.

Dune and Environment Protection

As per all our events dune and environment protection is the responsibility of everyone and as Surf Life Saving members please make sure you look after our beaches and sand dunes. If you see anyone walking through the dunes or placing equipment in areas they shouldn't be, please advise them to remove it or inform event management. Please make sure all rubbish is placed in the bins supplied or taking with you.

Missing Person at Sea Responsibilities

Whether you are an Athlete, Official, in an IRB, Team Manager/Coach or a spectator, we all have a role to perform if someone goes missing in the water during an event or activity. Check out your role and how you may help in this situation by [clicking here](#).

Equipment:

Equipment Labelling

All equipment needs to be clearly labelled with the club for which the athlete/s is racing for. It is recommended that this be placed on an easily identifiable area i.e. the front/centre of the board, between the two straps, or for skis, clearly labelled on the nose and/or tail

Wetsuits

Wetsuits, or other foam type outer garments, shall be permitted in the case of events only in water of 16 degrees Celsius or less. The Referee may authorise the wearing of wetsuits dependent upon weather, water or marine conditions. Wetsuits are subject to random scrutineering. Wetsuits can be used up to a maximum of 5mm with a tolerance of +/-0.5mm.

Scrutineering

Random scrutineering may take place at the discretion of officials, with particular regard to craft and/or equipment that may pose a health and safety concerns. With consideration to the above, we encourage all participants to carry out an inspection of their equipment for sharp edges that could cut in advance of the competition.

Competition Safety Vests

The wearing of **yellow** high visibility vests will be mandatory at this event. Supplying safety vests is a club responsibility and must be in line with the SLSNZ guidelines for safety vests. This information can be found in the Equipment Specification Manual [here](#).

Medical Information:

Pre-Existing Medical Conditions

All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Regional Sport Manager (Luke Smith) by email to luke.smith@surflifesaving.org.nz. However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.

It is important to note that that a pre-existing medical condition includes a **concussion event** that has occurred prior to this event.

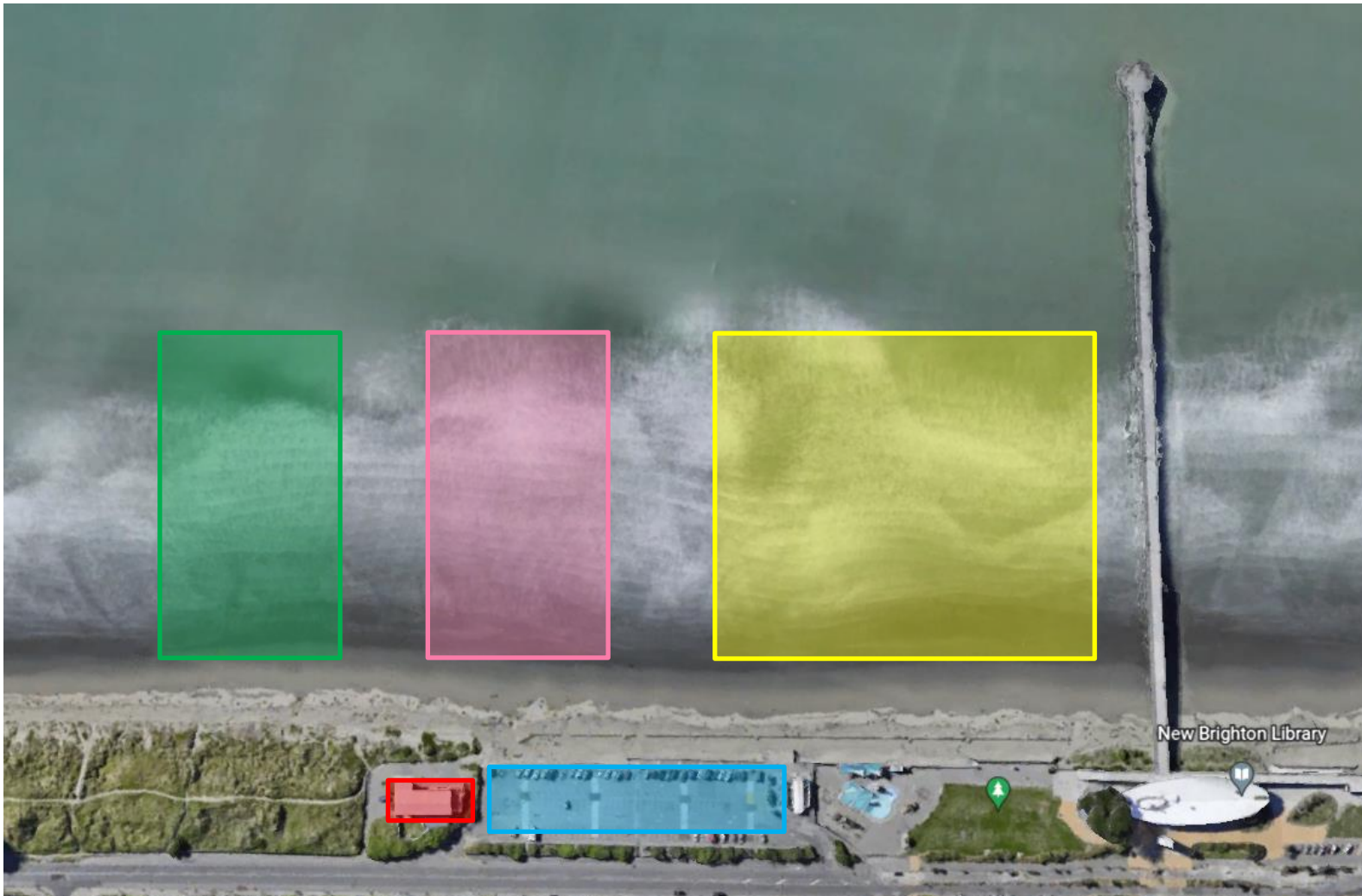
Concussion Protocol






1. Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs.) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
2. Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs.), and provide a SLSNZ Medical Clearance before further competition is permitted.
3. Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
4. Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.

COMPETITION SITE MAPS

Competition Arenas:

Please note that the Site Plan is subject to change due to a dependence upon the number of entries and surf/weather conditions.



Key:	
	Event Management/First Aid
	Male Arena
	Female Arena
	Canoe Arena
	Parking