

Gisborne/Tairāwhiti Senior Champs

Date: Thursday 2nd, Friday 3rd & Saturday 5th February 2023

Venue: Waikanae and Midway SLSC & Sand Track

Times: Thursday 2nd & Friday 3rd February 2023 4:30pm

Saturday 4th February 2023 9:00am



Event Overview:

The **2023 Gisborne/Tairāwhiti Senior Champs** will be run across Waikanae and Midway Beaches and also utilizing the Sand Track for Beach Sprints, Beach Relay and Beach Flags, to crown local champions and award the Top Club Trophy, the Ralph Morse Shield.

The event will be open to U15, U17, U19 and Open competitors, male and female. The Gisborne Senior Champs caters to all levels of participation as an event in the buildup to ERC's and TSB Nationals 2023. The competition includes events ranging from Canoes, Surf craft (Board & Ski), Surf Swim and Beach disciplines.

Requirements: Current member of a SLS Club with a refreshed lifeguard award.

Event Information:

giving:

Registration: Entries must be made using the SLSNZ WAVES online event entry system.

Contact your club administrator or coach to enter, invoices will be sent to clubs

directly following the event.

Entries Open: Wednesday 21st December 2022
Entries Close: Tuesday 31 January 2023 10am

Entry Fee: \$20.00 per person, inclusive GST

Medal Ceremony and Prize At the completion of competition a prize giving and medal

ceremony will be held at Waikanae SLSC where all

competitors, officials, supporters and families are invited to come together to celebrate the Gisborne Senior Champs

Important Times:

Thursday 2 nd February 2023			
Team Managers Briefing:	4:00pm	Low Tide:	1029
Surf Officials Briefing:	3:30pm	High Tide:	1633
Start Time:	4:30pm	Tide Height:	1.7m
Friday 3 rd February 2023			
Team Managers Briefing:	4:00pm	Low Tide:	1120
Surf Officials Briefing:	3:30pm	High Tide:	1724
Start Time:	4:30pm	Tide Height:	1.7m
Saturday 4 th February 2023			
Team Managers Briefing:	8:30am	Low Tide:	1210
Surf Officials Briefing:	8:15am	High Tide:	0600
Start Time:	9:00am	Tide Height:	1.7m

Event Rules:

This event will be conducted under the rules contained in the following document as outlined by the Gisborne Local Sport Committee.

<u>SLSNZ Surf Sport Competition Manual</u>, including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee. Please note that the Manual has recently been updated to the 10th Edition, here <u>online</u>.

Additionally members entering this event are bound by the following rules:

- SLSNZ Constitution
- SLSNZ Regulations
- <u>SLSNZ Code of Conduct</u> (Note: The Event Management Committee reserve the right to exclude competitors from further competition for poor or 'un-sportsman like' behaviour. This also applies to parents, managers and supporters)
- Drug Free Sport New Zealand
- SLSNZ Sport Policies

Copies of these documents are available from the SLSNZ website https://www.surflifesaving.org.nz/sport/sport-documents

Age Groups:

Age group is determined by the competitor's age at midnight on 30th September 2022. For example, if you were 19 on the 30th September 2022, you are not eligible to compete in the Under 19 division.

Team Events; Canoe collectively must all meet the age group requirements stipulated above. For example all members of the crew must be 18 or younger as of the 30th of September 2022 to be eligible to race in the Under 19 division.

Age groups for the Gisborne Senior Champs 2022 consist of U15, U17, U19, & Open Male and Female

Team Substitutes:

All team substitutes must be registered in some capacity in the competition. This is to ensure compliance with event entry eligibility requirements.

An athlete that has entered into an event is capable of acting as a team substitute,

In accordance with SLSNZ Sport Policy SPS008: Event Entry Eligibility, no late entries for a team substitute will be accepted unless considered to be an 'exceptional circumstance' pursuant to Section 8 of the policy.

Events:

The following events and divisions will be held at the competition (listed in no particular order).

Individual Events:	Age Group:	Gender:
Beach Sprint	U15, U17, U19 and Open	Male and Female
2km Beach Run	U15, U17, U19 and Open	Male and Female
Flags	U15, U17, U19 and Open	Male and Female
Surf Race	U15, U17, U19 and Open	Male and Female
Ski Race	U15, U17, U19 and Open	Male and Female
Board Race	U15, U17, U19 and Open	Male and Female
Diamond Race	U15	Male and Female
Iron	U17, U19 and Open	Male and Female

Team Events:	Age Group:	Gender:
Beach Relay	U17, U19 and Open	Male and Female
Surf Teams	U17, U19 and Open	Male and Female
Ski Relay	U17, U19 and Open	Male and Female
Double Ski	U19 and Open	Male, Female & Mixed
Board Relay	U17, U19 and Open	Male and Female
Rescue Tube Rescue	U17, U19 and Open	Male and Female
Board Rescue	U17, U19 and Open	Male and Female
Taplin Relay	U17, U19, and Open	Male, Female & Mixed
Canoe Race – Run Canoe Run	U19 and Open	Male and Female
Canoe Race - Short Course	U19 and Open	Male and Female

Additional Note to Age group and team entry eligibility

Individuals: Age group competitors may race in their own age group plus the open. Entries

dependent, all age group races will be combined & resulted accordingly.

Teams: Age group competitors are eligible to race in one age group team of their

choosing, plus the open.

An athlete may only race once in a double ski or canoe event. Note: The only exception to this is the mixed double ski – an athlete can do either the U19 or

Open Double ski in their gender and can also do Mixed Double Ski.

Draft Event Schedule:

Thursday 2 nd Feb 4:30pm Start at Waikanae SLSC or Midway conditions pending:	Age Group:	Gender:
2km Beach Run	U15, U17, U19 and Open	Male and Female
Double Ski	U19 and Open	Male, Female & Mixed
Canoe - Short Course	U19 and Open	Male and Female
Canoe – Run Canoe Run	U19 and Open	Male and Female
Friday 3 rd Feb 4:30pm Start at Midway SLSC and Sand Track:	Age Group:	Gender:
Rescue Tube Rescue	U17, U19 and Open	Male and Female
Board Rescue	U17, U19 and Open	Male and Female
Beach Sprint	U15, U17, U19 and Open	Male and Female
Beach Relay	U17, U19 and Open	Male and Female
Saturday 4 th Feb 9am Start at Waikanae SLSC or Midway conditions pending:	Age Group:	Gender:
Iron	U17, U19 and Open	Male and Female
Diamond	U15	Male and Female
Surf Race/ Surf Teams	U15, U17, U19 and Open U17, U19 and Open	Male and Female
Board Race	U15, U17, U19 and Open	Male and Female
Ski Race	U15, U17, U19 and Open	Male and Female
Flags	U15, U17, U19 and Open	Male and Female
Board Relay	U17, U19 and Open	Male and Female
Ski Relay	U17, U19 and Open	Male and Female
Taplin Relay(3 person)	U17, U19 & Open Female	Male and Female
Taplin Relay(6 person)	Open Male	Male

Competition Safety Plan:

The Competition Safety Plan will be made available prior to the event commencing. The document is also available for viewing in the Event Management Area during the event.

Parent, Guardian, Coach, Team Manager and Club Obligations

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event. We wish to reduce exposure to unnecessary risk or potential harm by encouraging or coercing competitors to compete, against their will. Please refer to statement (e) of the Agreement to be bound by the Manual section of the Surf Sports Competition Manual. The Manual can be found https://example.com/here.

It is the expectation of the organizers that all clubs will only permit competent competitors to compete in an event.

Dune and Environment Protection

As per all our events, dune and environment protection is the responsibility of everyone and as Surf Life Saving members please make sure you look after our beaches and sand dunes. If you see anyone walking through the dunes or placing equipment in areas they shouldn't be please advise them to remove it or inform event management. Please make sure all rubbish is placed in the bins supplied or taking with you.

Missing Person at Sea Responsibilities

Whether you are an Athlete, Official, In an IRB, Team Manager/Coach or a spectator, we all have a role to perform if someone goes missing in the water during an event or activity. Check out your role and how you may help in this situation by <u>clicking here</u>.

Equipment:

Equipment Labelling

All equipment needs to be clearly labelled with the club for which the athlete/s is racing for. It is recommended that this be placed on an easily identifiable area i.e. the front/centre of the board, between the two straps.

Wetsuits

Wetsuits, or other foam type outer garments, shall be permitted in the case of events only in water of 14 degree Celsius or less. The Referee may authorise the wearing of wetsuits dependent upon weather, water or marine conditions. Wetsuits are subject to random scrutineering. Wetsuits can be used up to a maximum of 5mm with a tolerance of +/-0.5mm.

Helmets

The Event Management Committee reserves the right, if conditions warrant, to require canoe crews to wear helmets. All clubs should bring helmets to the competition in the event that conditions warrant their use.

Competition Safety Vests

The wearing of high visibility vests will be mandatory at this event. Supplying safety vests is a club responsibility and must be in line with the SLSNZ guidelines for safety vests. This information can be found in the Equipment Specification Manual here.

Medical Information:

Pre-Existing Medical Conditions

All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. This form can be requested by emailing Event Manager sonia.keepa@surflifesaving.org.nz.

It is important to note that that a pre-existing medical condition includes a **concussion event** that has occurred prior to this event.

Concussion Protocol

- Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
- 2. Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
- 3. Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
- 4. Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.

Competition Arenas:

Please note that the Site Plan and Water Arenas are subject to change due to a dependence upon the number of entries and surf/weather conditions. Due to the condition of the beach debris the Beach Sprints, Beach Relay and Beach Flags will be held on the Sand Track.

MIDWAY SITE PLAN – Venue will be communicated through coaches depending on conditions

Midway Large Craft Site Plan - Thursday 2nd Feb 2023, 4:30pm start



Midway Beach Sprints & Rescues Site Plan - Fri 3rd Feb 2023, 4:30pm start



Waikanae Beach Site Plan - Sat 4th Feb 2023, 9:00am start





Midway Beach Site Plan - Sat 4th Feb 2023, 9:00am start - Alternative Venue

