



2023 Gisborne/Tairāwhiti Coastal Challenge

Date: Saturday 21st January 2023

Venue: TBC Wainui, Waikanae or Midway SLSC conditions and weather dependent

Time: 9am – 2pm



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Event Overview:

The 2023 Gisborne/Tairāwhiti Coastal Challenge follows the success of the Mount Coastal Challenge. This event is designed for Ocean Age Junior Surf participants in the under 11 to under 14 age groups to showcase their skills and development over a summer of training.

This is an exciting opportunity to allow the Junior Surf athletes to celebrate the effort, time and passion they put into training and growing their confidence and ocean knowledge. This is an opportunity for our developing young lifeguards to come together for a day of racing with their mates for some fun racing in amongst alternative race formats.

The objective is for the Junior Surf athletes to enjoy themselves in a new environment, to celebrate success and showcase just how cool they are.

Event Information:

Registration:	Event entry is via the SLSNZ Waves Event Entry system through your club administrator https://waves.surflifesaving.org.nz/ Entries close Wednesday the 18 th January at 2:00 pm.
Entry Fee:	\$20.00 inclusive of GST – Clubs will be invoiced directly
High Visibility Vests:	High Visibility Vests are compulsory for all water event competitors. This includes all warm-up and warm-down sessions
Racing Uniform:	Club Caps to be worn
Age Groups:	U11-U14 Male and Female U11 and U12 will race as a combined age group = U12 U13 and U14 will race as a combined age group = U14
Individual events:	Winner Takes All Swim, Board race, Surf race

Team events:	4-person Cameron Relay – 2 Runs, 1 Board, 1 Swim (Swim, Run, Board, Run). *Teams will be randomly allocated on the day. Entry process is to express the athletes' interest in participating in the event and will be randomly selected for team allocation. The purpose is to build communication and collaboration skills whilst also offering more opportunity to build friendships across the clubs and problem solve race
Program:	The events listed are dependent upon the number of entries and surf/weather conditions. The draft program is below and is subject to change dependent on entries and conditions
Tides:	Low – 11:58am, 0.6m High – 05:49am, 1.9m
Team Managers Meeting:	8:15am
200m Safety Badge:	All participants paddling foam/fibreglass boards or swimming beyond waist depth must hold their 200m Safety Badge and be confident and competent to have achieved this award.
Safety Plan:	The Event Safety Plan will be made available prior to the event commencing. The document is also available for viewing in the Event Management Area during the event.

Events:

Winner Takes All Swim:	All athletes will start in a straight line in the water. Upon the race start, all athletes race back to the beach and finish by running up around the turn flag and across the finish line. The winner is the first athlete to cross the line, claiming the prize.
Board race:	A board race with a twist. The Board race course is M shape inspired, where the M shape is performed out at sea. Athletes will start in front of the finish line in the fashion of a le mons style start. Athletes run around the turn flag and pick up their boards. They will make their way out to sea, turning left to right around the first of three buoys. Athletes make their way back towards the beach to turn the second buoy from right to left and proceed back out to sea. Athletes complete a left-to-right-hand turn around the third and final buoy, followed by racing back to the beach. Once they hit the beach, they drop their boards and sprint up and around the turn flag, then through the finish line.
Surf Race:	An M-shaped surf race will see athletes make their way through the break zone twice, testing their skills working through the break and making their way to the beach. Athletes will start in front of the finish line in the fashion of a le mons style start. Athletes run around the turn flag and make their way into the water. Athletes make their way out to sea turning left to right around the first swim buoy. Athletes then make their way back to the beach where they will turn right to left around a turn flag placed on the beach. Once turned, athletes make their way back out to sea toward the second swim buoy. Athletes turn left to right around the buoy and proceed back to shore. When athletes hit the beach, they will run left to right around a turn flag and sprint through to the finish. Finish will be through the finish line

Cameron Relay (4 person)

Beginning in a le mons fashion, the swimmer will start in front of the finishing line. Upon race start, swimmers run around the turn flag and proceed into the water. Swimmers will round one swim can before making their way back to shore. The swimmer may tag the first runner at any point after they have turned the buoy. The first runner will run up around the turn flag, rounding the full transition and turning the last turn flag before tagging the board paddler. The board paddler will make their way out and round two buoys. Upon reaching the shore, the board paddler will tag the final runner who turns the turn flag and finishes through the finish line.

Qualification:

Heats:

Three rounds – Board, Swim, Board

All athletes will perform three M-shaped courses in the described order above. There are no finals for these events.

Back-Up Events:

Beach Flags/Sprints Combined:

Athletes will start in the beach flag position, lying down with their arms crossed. A beach flag will be placed approximately 5m behind each athlete. Upon the race start, athletes jump to their feet, turn, and begin their sprint. Athletes will run 30m down the track to a turn marker, rounding the marker and finishing through the finish line. Athletes have the option to pick up their flag either on the way to the turn marker OR on the way back. Each athlete must finish with their beach flag in hand. The top 4 progress through to the next round. Qualifiers are determined by the first 4 athletes to cross the line; in the same fashion a beach sprint is determined.

The backup events shall be actioned if conditions become inappropriate to continue with the proposed program. Prior to this decision, all possible alternatives, including course adaptations, will be considered before triggering the backup event.

The Coastal Challenge will be fast-paced action. Athletes must be always ready and prepared to head to the start at any given time.

Draft Program

	Water Arena 1 - U14	Water Arena 2 - U12
8:00 am	Warm-up begins	Warm-up begins
8:45 am	Marshalling begins for event 1	Marshalling begins for event 1
9:00 am	Winner Takes All Swim - Final	Winner Takes All Swim - Final
	Round 1 - Board Race	Round 1 - Board Race
	Round 2 - Swim Race	Round 2 - Swim Race
	Round 3 - Board Race	Round 3 - Board Race
	Grand Cameron	Grand Cameron
2:00 pm	All racing stops	All racing stops

Site Plan:

Confirmed venue will be communicated at the close of entries and is depend on the number of entries, surf and weather conditions. Please ensure all team manager and coach details are entered correctly at point of entry so as to not miss any important updates.

Wainui SLSC Site Plan:



Waikanae SLSC Site Plan:



Midway SLSC Site Plan



Key:

 Parking	 Club Trailer Parking	 Female Arena
 First Aid	 Patrolled Area	 Male Arena

Further Information:

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