



SURF LIFE SAVING®
NEW ZEALAND

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Surf Sport Development Day – Kākā Point

Date: Saturday 3 December 2022
Where: Kākā Point SLSC
Address: The Esplanade, Kākā Point
Time: 10am start
Cost: Nil

EVENT OVERVIEW

This training day is aimed at athletes wanting to improve their technical skills on craft and in the water. This is open to athletes from U11 to Masters.

9.45am – Meet on the beach. There will be a safety briefing (Use of the App for those coaching) and the outline for the day explained. Athletes will be split into groups based on experience and ability.

10am Board, Swim, Ski and Canoe, 12 Beach, 1pm- BBQ

EVENT INFORMATION

Duration: Half Day
Requirements: SLA or U11 – U14 must have 200m badge
Registration: Each club to give numbers to [Brent Matehaere](#)

PRE-REQUISITES

U11 – U14

200m Badge - Athletes intending to attend Oceans

U15 to Masters

Surf Lifeguard Award - Refreshed

CONTACT

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