



SURF FIRST AID

Date: 12th & 13th November 2022
Venue: Waikanae SLSC
Address: 280E Grey Street, Awapuni, Gisborne 4010
Time: 9:00 start – 17:00 approx. finish
Cost: FREE – candidates are required to bring their own lunch and snacks

COURSE OVERVIEW

This is a SLS resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

For a surf first aid **refresher** members are required to attend **Saturday 12th November.**

COURSE INFORMATION

Duration: 2 Full Days
Course Provider: First Training
Registration: Register directly [here](#)
Register By: Monday 31 October 2022
Be Prepared: Comfortable active gear to move in, Wetsuit, togs, towel (you may do a water scenario), Snacks, Lunch, Water Bottle, and Pen

REQUIREMENTS

- Minimum 14 years of age
 - Current member of a SLS Club
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OUTCOMES

An opportunity for members to complete a certification in Surf First Aid accompanying unit standards (6400, 6401, 6402). Topics covered;

- Primary Assessment
 - CPR
 - Common first aid conditions
 - Bleeding, signs and symptoms and treatment
 - Shock
 - Oxygen
 - AED
 - Basic drowning physiology
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PRE-REQUISITES

- Participate in the full 2 days of the training course
- Complete all theory and practical requirements

CONTACT

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