



SURF LIFE SAVING
NEW ZEALAND

In it for life

Surf Lifeguard Award #1

Date: Wednesday 12th October & Saturday 15th October
Venue: Moana Pool (Wednesday) & St Clair SLSC (Saturday)
Address: 60 Littlebourne Road, Dunedin (Wednesday) & 1 Esplanade, St Clair, Dunedin (Saturday)
Time: 5:30pm start (Wednesday) & 11:00am start (Saturday)

COURSE OVERVIEW

The Surf Lifeguard Award certifies that the holder has the basic skills and knowledge to be a Surf Lifeguard. This is the entry level qualification for members to be a patrolling member.

The Surf Lifeguard Award is the first step on the Surf Life Saving New Zealand lifeguard pathway.

Wednesday at Moana Pool is the 400m swim, tows & releases and theory exam.

Saturday at St Clair is the practical beach components of the exam.

COURSE INFORMATION

Duration: 2 days

Requirements: Participate in full course as required for qualification
Complete all practical requirements as necessary
Complete all theory requirements – full workbook completion prior to Wednesday 14th October is mandatory

Registration: To register please email [Brent](mailto:brent@surflifesaving.org.nz) before – **October 4th 2022**

PRE-REQUISITES

Surf Lifeguard Award 14 years of age
Current member of a SLS Club

CONTACT

Brent Matehaere – Club Development Officer – Otago/Southland
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