



SURF LIFE SAVING®
NEW ZEALAND

In it for life



Capital Coast Surf First Aid Refresher

Date: 14 August 2022
Venue: Titahi Bay SLSC
Address: Tom Road, Titahi Bay
Time: 8:30am
Cost: \$90

COURSE OVERVIEW

This is a 1-day refresher course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

COURSE INFORMATION

Duration: 1 day

Requirements: Participate in the full day of training course
Complete all practical requirements
Complete all theory requirements

Registration: Contact your club administrator or Lifesaving Coordinator

Bookings for this course will be taken via the Course Booking System which is available only to Club Administrators via the Member Portal.

COURSE COST

\$90 per candidate – this is dependent on the total number of registered candidates.

**Please note: if you withdraw your registration within 2 weeks of the course you will be charged the full cost of the course.*

PRE-REQUISITES

Must have completed a First Aid Level 1 or 2 Course or Surf First Aid
14 years of age
Current member of a SLS club

CONTACT

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