

Canterbury Pool Rescue Interclub #1 Programme – v1
 Sunday 3rd July, Jellie Park Recreation and Sports Centre

Event Number	Junior Events
1	Under 14 Male – 50m Swim with Fins
2	Under 14 Female – 50m Swim with Fins
3	Under 13 Male – 50m Swim with Fins
4	Under 13 Female – 50m Swim with Fins
5	Under 12 Male – 50m Swim with Fins
6	Under 12 Female – 50m Swim with Fins
7	Under 11 Male – 50m Swim with Fins
8	Under 11 Female – 50m Swim with Fins
9	Under 10 Male – 25m Swim with Fins
10	Under 10 Female – 25m Swim with Fins
11	Under 14 Mixed – 4 x 25m Medley Relay
12	Under 12 Mixed – 4 x 25m Medley Relay
Set Up	
13	Under 14 Male – 50m Brick Carry
14	Under 14 Female – 50m Brick Carry
15	Under 13 Male – 50m Brick Carry
16	Under 13 Female – 50m Brick Carry
17	Under 12 Male – 50m Brick Carry
18	Under 12 Female – 50m Brick Carry
19	Under 11 Male – 50m Brick Carry
20	Under 11 Female – 50m Brick Carry
21	Under 14 Mixed – 4 x 25m Brick Relay
22	Under 12 Mixed – 4 x 25m Brick Relay
Set Up	
23	Under 14 Male – 50m Rescue Medley Brick
24	Under 14 Female – 50m Rescue Medley Brick
25	Under 13 Male – 50m Rescue Medley Brick
26	Under 13 Female – 50m Rescue Medley Brick
27	Under 12 Male – 50m Rescue Medley Brick

28	Under 12 Female – 50m Rescue Medley Brick
29	Under 11 Male – 50m Rescue Medley Brick
30	Under 11 Female – 50m Rescue Medley Brick
Set Up	
31	Under 14 Male – 100m Patient Tow with Fins
32	Under 14 Female – 100m Patient Tow with Fins
33	Under 12 Male – 100m Patient Tow with Fins
34	Under 12 Female – 100m Patient Tow with Fins
35	Under 11-14 Mixed – 6 x 25m Junior Mega Relay
Set Up	
36	Under 14 Male – 100m Swim with Obstacles
37	Under 14 Female – 100m Swim with Obstacles
38	Under 13 Male – 100m Swim with Obstacles
39	Under 13 Female – 100m Swim with Obstacles
40	Under 12 Male – 50m Swim with Obstacles
41	Under 12 Female – 50m Swim with Obstacles
42	Under 11 Female – 50m Swim with Obstacles
43	Under 11 Male – 50m Swim with Obstacles
44	Under 10 Male – 25m Swim with Obstacles
45	Under 10 Female – 25m Swim with Obstacles
46	Under 12 Mixed – 4 x 25m Obstacle Relay
47	Under 14 Mixed – 4 x 25m Obstacle Relay
Event Number	Senior Events
48	Under 15 Male – 200m Swim with Obstacles
49	Under 15 Female – 200m Swim with Obstacles
50	Under 17 Male – 200m Swim with Obstacles
51	Under 17 Female – 200m Swim with Obstacles
52	Under 19 Male – 200m Swim with Obstacles
53	Under 19 Female – 200m Swim with Obstacles
54	Open Male – 200m Swim with Obstacles
55	Open Female – 200m Swim with Obstacles
56	Masters Male – 100m Swim with Obstacles
57	Masters Female – 100m Swim with Obstacles

58	Under 17 Mixed – 4 x 50m Obstacle Relay
59	Under 19 Mixed – 4 x 50m Obstacle Relay
60	Open Mixed – 4 x 50m Obstacle Relay
61	Masters Mixed – 4 x 50m Obstacle Relay
Set Up	
62	Under 17 Male – Line Throw
63	Under 17 Female – Line Throw
64	Under 19 Male – Line Throw
65	Under 19 Female – Line Throw
66	Open Male – Line Throw
67	Open Female – Line Throw
68	Masters Male – Line Throw
69	Masters Female – Line Throw
Set Up	
70	Under 15 Male – 100m Manikin Tow with Fins
71	Under 15 Female – 100m Manikin Tow with Fins
72	Under 17 Male – 100m Manikin Tow with Fins
73	Under 17 Female – 100m Manikin Tow with Fins
74	Under 19 Male – 100m Manikin Tow with Fins
75	Under 19 Female – 100m Manikin Tow with Fins
76	Open Male – 100m Manikin Tow with Fins
77	Open Female – 100m Manikin Tow with Fins
78	Masters Male – 100m Manikin Tow with Fins
79	Masters Female – 100m Manikin Tow with Fins
Set Up	
80	Under 15 Male – 50m Swim with Fins
81	Under 15 Female – 50m Swim with Fins
82	Under 17 Male – 50m Swim with Fins
83	Under 17 Female – 50m Swim with Fins
84	Under 19 Male – 50m Swim with Fins
85	Under 19 Female – 50m Swim with Fins
86	Open Male – 50m Swim with Fins
87	Open Female – 50m Swim with Fins

88	Masters Male – 50m Swim with Fins
89	Masters Female – 50m Swim with Fins
90	Under 17 Mixed – 4 x 25m Medley Relay
91	Under 19 Mixed – 4 x 25m Medley Relay
92	Open Mixed – 4 x 25m Medley Relay
93	Masters Mixed – 4 x 25m Medley Relay
Set Up	
94	Open Male – 100m Rescue Medley Manikin
95	Open Female – 100m Rescue Medley Manikin
96	Under 15 Male – 50m Manikin Carry
97	Under 15 Female – 50m Manikin Carry
98	Under 17 Male – 50m Manikin Carry
99	Under 17 Female – 50m Manikin Carry
100	Under 19 Male – 50m Manikin Carry
101	Under 19 Female – 50m Manikin Carry
102	Open Male – 50m Manikin Carry
103	Open Female – 50m Manikin Carry
104	Masters Male – 50m Manikin Carry
105	Masters Female – 50m Manikin Carry
106	Open Male – 100m Manikin Carry with Fins
107	Open Female – 100m Manikin Carry with Fins
108	Under 17 Male – 4 x 25m Manikin Relay
109	Under 17 Female – 4 x 25m Manikin Relay
110	Under 19 Male – 4 x 25m Manikin Relay
111	Under 19 Female – 4 x 25m Manikin Relay
112	Open Male – 4 x 25m Manikin Relay
113	Open Female – 4 x 25m Manikin Relay
114	Open Mixed – 6 x 50m Manikin Relay