



SURF LIFE SAVING
NEW ZEALAND

In it for life



Introduction to Surf Coaching

Date:	Friday 12 th November
Venue:	St Clair SLSC
Address:	1 Esplanade St Clair, Dunedin
Time:	6pm – 9pm
Cost:	\$35pp

COURSE OVERVIEW

The Introduction to Surf Coaching Course provides an entry level coaching course for junior surf coaches, parents and clubbies new to coaching at a junior surf level. The course aims to provide the knowledge and skills needed to coach at Junior Surf level at a Surf Life Saving Club. It covers a range of Junior Surf activities with a special emphasis on a holistic coaching approach.

The Introduction to Surf Coaching course is the first step on the Surf Life Saving New Zealand coaching pathway. Coaches interested in further developing their coaching skills can then progress to the Developing Surf Coach Course.

COURSE INFORMATION

Duration:	One Day
Requirements:	Attend the full course and participate all activities
Registration:	Please register via the portal before – November 8th 2021

COURSE COST

\$35 per person*

**Please note: if you withdraw your registration within a week of the course you will be charged the full cost of the course.*

PRE-REQUISITES

Current member of a SLS Club

14 years of age

TOPICS COVERED

1. Athlete centred coaching
2. Skill progressions and modified games
3. Events and rules for Junior Surf Athletes
4. Communication in Junior Surf environment
5. Management and effective coaching
6. Resources and Support

CONTACT

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