



**SURF LIFE SAVING®**  
NEW ZEALAND

*In it for life*



# First Aid Level 1 Course & Refresher

<b>Date:</b>	Saturday 11 September 2021
<b>Venue:</b>	Workplace First Aid Dunedin
<b>Address:</b>	16 McBride Street, South Dunedin, Dunedin 9012
<b>Time:</b>	9am start
<b>Cost:</b>	\$150 pp (full course) or \$92 pp (refresher)

## COURSE OVERVIEW

This is a 1-day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

## COURSE INFORMATION

<b>Duration:</b>	1 day with online pre-learning
<b>Requirements:</b>	Participate in the full day of training course Complete all practical requirements Complete all theory requirements, including the online pre-learning component
<b>Registration:</b>	Please contact your club lifesaving coordinator or administrator to register for this course.

## COURSE COST

Full course:	\$150 pp
Refresher:	\$92 pp

## PRE-REQUISITES

<b>First Aid Level 1</b>	14 years of age Current member of a SLS club
--------------------------	---

## CONTACT

**Brent Matehaere** – Club Development Officer – Otago/Southland  
M | 027 383 7935  
E | [brent.matehaere@surflifesaving.org.nz](mailto:brent.matehaere@surflifesaving.org.nz)

Surf Life Saving New Zealand Sport Otago, Sargood Sporthouse, 40 Logan Park Drive, Dunedin, 9016  
PO Box 969, Dunedin 9054. [www.surflifesaving.org.nz](http://www.surflifesaving.org.nz)