

## Oceans 21

### Pre Start Warm Up Zones

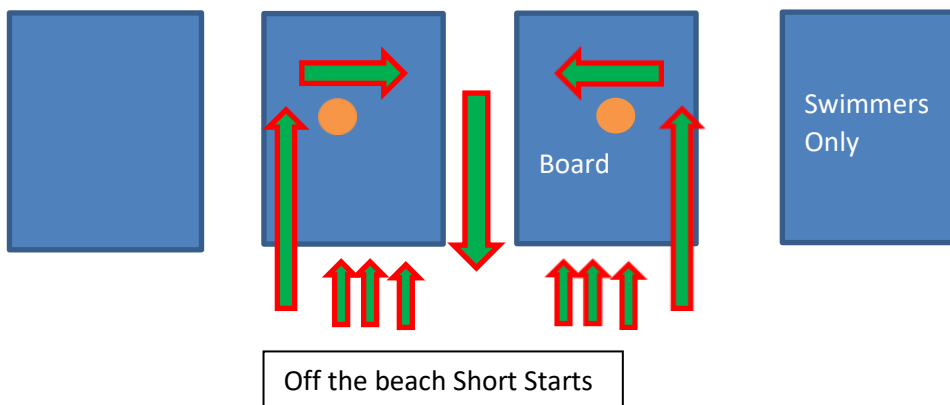
**Swimmers:** there will be one arena designated as the Warm Up Zone for Swimmers only

#### Board Paddlers:

*In the event that there is swell*, our main concern is to ensure that we do not have Board Paddlers crossing paths while heading out and returning to the beach in the same confined space.

We would like for all board paddlers to adhere to the following:

When warming up, all board paddlers must leave the beach at the designated positions and round the respective buoys set out past the breakline, only then may they return to the beach out of the path of outward paddlers. Please ensure that you convey this message to all your clubs competitors to assist event officials, and to avoid any unnecessary injuries or conflict.



This will also ensure that the IRB crews & RWC can provide adequate water safety while setting up the remaining arenas.

#### During Event Warm Up/Down Zone

A small water access between each Arena will be made available for competitors to exit and warm down following a race. However, no competitors may return through this alley. They must return via the outside of all working Arenas.

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