



**SURF LIFE SAVING®**  
NEW ZEALAND

*In it for life*



# First Aid Level 3 (PHEC) Course & Refresher

<b>Date:</b>	13 <sup>th</sup> & 14 <sup>th</sup> March
<b>Venue:</b>	Workplace First Aid Dunedin
<b>Address:</b>	16 McBride Street, South Dunedin, Dunedin 9012
<b>Time:</b>	9am start both days
<b>Cost:</b>	\$275 (full course) or \$250 (refresher)

## COURSE OVERVIEW

This course refines all of the skills already learnt in the previous levels plus extends the lifeguard in their knowledge of drowning physiology, circum-rescue collapse, and assessment of non-fatal drowning, scene management, advanced monitoring (Pulse oximetry, blood glucose, and chest auscultation) and triage. Encompasses Unit Standard 29321.

## COURSE INFORMATION

<b>Duration:</b>	2 days. Those completing the full course will have to attend both days. Refreshers will be run on the 13 <sup>th</sup> only.
<b>Requirements:</b>	Participate in the full 2-day training course (1 day for refreshers) Complete all practical requirements Complete all theory requirements
<b>Registration:</b>	Please contact your club lifesaving coordinator or administrator to register for this course.

## COURSE COST

Full course (2 days): \$275

Refresher (1 days): \$250

## PRE-REQUISITES

<b>First Aid Level 1</b>	16 years of age <b>Valid</b> SLS First Aid Level 2 Current member of a SLS club
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## CONTACT

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