



SURF LIFE SAVING®
NEW ZEALAND

In it for life

Dunedin Intermediate Lifeguard School

Date: 30th & 31st January 2021
Venue: TBC – One of the Dunedin SLS Clubs
Address: TBC
Time: TBC
Cost: TBC

COURSE OVERVIEW

Intermediate Lifeguard School is designed to provide junior lifeguards with the skill development, knowledge and further understanding to develop as a lifeguard. The school is a dynamic combination of theory and practical based sessions to enhance the candidate's learning through a variety of situations.

The Intermediate Lifeguard School is delivered over two full days and is a great opportunity for junior lifeguards to become more confident and capable lifeguards.

The target audience for this course is lifeguards who have been patrolling for 1-2 seasons and are ready to further develop their lifeguarding skills.

COURSE INFORMATION

Duration: 2 days
Requirements: Fully participate in all activities and pass all learning elements of the course
Registration: Please apply via [SurveyMonkey](#) before – **12pm January 18th 2021**

PRE-REQUISITES

Intermediate Lifeguard School

- 15 years of age
- Surf Lifeguard Award (refreshed)
- Current Level 1 First Aid (Refreshed)
- Marine VHF Radio Operators Certificate
- Minimum 1 season of active patrolling
- Swim 400 metres in under 8 minutes
- Club Endorsement to attend
- IRB Crewperson Module (recommended but not compulsory)

CONTACT

Felix Cook – Club Development Officer – Otago/Southland
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400m Swim Time Endorsement

In order to meet the pre-requisite for Intermediate Lifeguard School, candidates are required to complete a 400m timed swim in less than 8 minutes.

This swim must be supervised by any of the following people:

- SLSNZ Staff Member
- Current Examiner or Chief Examiner
- Club Committee Member
- Current Club Instructor

Please complete the form below, and email it in before 12pm January 18th 2021.

felix.cook@surflifesaving.org.nz

Candidate name: _____ Club: _____

400m swim time: _____ Location (pool): _____

Date: _____ Time: _____

Supervisor (please print): _____ Role: _____

Signed (supervisor) _____