



SURF LIFE SAVING®
NEW ZEALAND

In it for life



First Aid Level 1 Course & Refresher

Date:	Sunday 24 th January
Venue:	Workplace First Aid Dunedin
Address:	16 McBride Street, South Dunedin, Dunedin 9012
Time:	9am start
Cost:	\$150 pp (full course) or \$92 pp (refresher)

COURSE OVERVIEW

This is a 1-day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

COURSE INFORMATION

Duration:	1 day with online pre-learning
Requirements:	Participate in the full day of training course Complete all practical requirements Complete all theory requirements
Registration:	Please contact your club lifesaving coordinator or administrator to register for this course.

COURSE COST

Full course:	\$150 pp
Refresher:	\$92 pp

PRE-REQUISITES

First Aid Level 1	14 years of age Current member of a SLS club
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CONTACT

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