



SURF LIFE SAVING®
NEW ZEALAND

In it for life



Zespri INTERMEDIATE LIFEGUARD SCHOOL

PROUDLY
FUNDED BY:



Date:	Friday 22 nd January (evening) - Sunday 24 th January 2021
Venue:	Tolaga Bay SLSC
Time:	6:00pm start (Friday) – 3:00pm finish (Sunday)
Applications Open:	Thursday 3 rd December 2020
Applications Close:	Thursday 31 st December 2020

COURSE OVERVIEW

Intermediate Lifeguard School is designed to provide Junior Surf Lifeguards with the skill development, knowledge and further understanding to progress as a Surf Lifeguard. The school is a dynamic combination of theory and practical based sessions to enhance the candidate's learning through a variety of situations.

The Intermediate Lifeguard School runs over a two-day camp and is a great opportunity for junior lifeguards to become more confident and capable lifeguards.

COURSE INFORMATION

Duration:	2 days
Requirements:	Intermediate Lifeguard School prerequisites (as noted) Attend the full course Fully participate in all activities and pass all learning elements of the course
Applications:	All applications are to be done online via the link below; Candidate application form

COURSE COST

FREE*

*The Zespri sponsorship of Eastern Region covers the cost of this course, however please note: if you register for this course and withdraw your registration within a week of the course, you will be charged the full cost of the course, which is \$200.

OUTCOMES

The role of an Intermediate Lifeguard

1. Demonstrate good communication
2. Knowledge of how to request and work with key external agencies
3. Demonstrate physical competencies
4. Demonstrate leadership and team work skills
5. Demonstrate high levels of fitness
6. Demonstrate water entry and exit on rocks
7. Identify safety procedures when working around helicopters
8. Demonstrate how to set up a helicopter landing zone
9. Perform tube and board rescue skills

PRE-REQUISITES

Intermediate Lifeguard School

15 years of age or above
Current Level 1 First Aid (refreshed)
Marine VHF Radio Operators Certificate
Min 1 season of full active patrolling
IRB Crewperson Module (recommended)
Current member of a SLS club
Surf Lifeguard Award (refreshed)
Swim 400 metres sub 8 minutes
Club Endorsement to attend

CONTACT

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