



SURF LIFE SAVING®
NEW ZEALAND

In it for life

FIRST AID LEVEL 2 & Level 1 Refresher

Date: Monday 7th December 2020
Venue: Waikanae SLSC
Address: 280E Grey Street, Gisborne
Time: 9:00am – 4:00pm
Cost: \$201.25 per person – *this course will be subsidised by funding, Please enquire for further information*

COURSE OVERVIEW

This 1-day course commences with a formative assessment conducted where Level 1 is refreshed. The course content covers knowledge and use of an Automated External Defibrillator (AED) and its integration into basic life support; the management of orthopaedic trauma/medical emergencies including the immobilisation of major fractures and spinal management, and the preparation of a patient in for transportation to hospital. The course will also cover patient monitoring practices in relation to the SLS environment.

COURSE INFORMATION

Duration: 1 Day

Requirements: Participate in full day of training course
Complete all theory and practical requirements

Be Prepared: Comfortable active clothing to move in
Wetsuit, togs, towel (you may do a water scenario)
Snacks, Lunch, water bottle

Pre-requisites: 15 years of age
Current First Aid Level 1
Current member of a SLSC

Registration: To register please email [Sonia Keepa](mailto:Sonia.Keepa@surflifesaving.org.nz) before – **Wednesday 2nd December**

CONTACT

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