

TAYLORS MISTAKE

K DAY 2020

SATURDAY 12th DECEMBER 2020, Taylors Mistake SLSC

Teams:

- 4 Person teams, Teams must consist of 2 male and 2 female competitors.
- There is one grade — Open.
- All competitors must have a refreshed Surf Lifeguard Award.
- Teams are encouraged to do all events but can skip an event and take 0 points.

Programme:

- 8:15 am Managers Meeting + Late Team Changes (if required)
- 8:30 am Officials Meeting
- 9:00am First Race

ORDER OF EVENTS

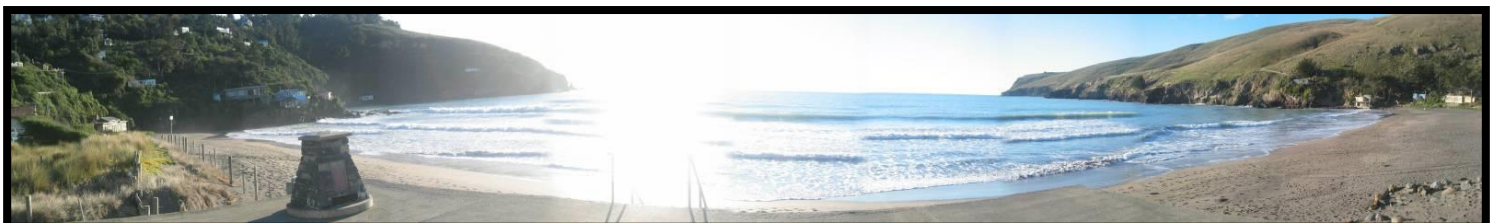
- Black & White Relay
- Beach Relay
- Tube & Board Rescue
- Ski Relay
- Board Relay
- Flags Elimination
- Taplin Relay – Kesteven Cup Relay

Notes:

- All teams and team members must be registered on entry – entries close Monday 7th December via EnterNOW
- On the day, each team must be clearly identified with club caps and markings i.e. A, B or C if a club has more than one team.
- Clubs are encouraged to enter as many teams as they like.
- There will be no substituting of team members once the teams have been declared at the Manager's Meeting. The only way a person can be replaced in a team during the event is through injury. This must be approved by the Event Manager, and they can only be replaced by a person not currently in a team.



BREAKDOWN OF EVENTS





Event Breakdown:

1. **BLACK AND WHITE CUP SURF SWIM RELAY**
 - a. As a relay, each swimmer individually swims around the course, completes the transition and tags their partner. All team members take part (4-person relay)
 - b. Any order of male and female.

2. **BEACH RELAY**
 - a. 2x 100, 1x 50m in a loop format

3. **BOARD AND TUBE RESCUE RELAY**
 - a. Order is Board Rescue, followed by the tube rescue.
 - b. At the completion of the board rescue, behind the line, the board rescue team tag the swimmer for the tube rescue before they can commence the tube rescue.
 - c. The two males will complete one discipline, while the females will complete the other discipline (no mixed gender rescues)
 - d. Board paddlers must do the drag for the end of the tube rescue.
 - e. Heats and Finals if team numbers exceed 9.

4. **SKI RELAY**
 - a. One Male and One Female Paddler
 - b. Other 2 members of the team to run transitions.

5. **BOARD RELAY**
 - a. One Male and One Female Paddler
 - b. Other 2 members of the team to run transitions.

6. **BEACH FLAG ELIMINATOR**
 - a. 2 males and 2 females.
 - b. Separate gender races.
 - c. Both members are eliminated on the first flag missed.
 - d. Combined points for event places.

7. **KESTEVEN CUP IRONMAN RELAY**– Four legs (in order) – 400m run, swim leg, board, ski, sprint finish (same member as 400m run)
 - a. The runner will complete the start run, the transitions between each craft and swim leg, and the final sprint finish.
 - b. The water competitors will start on a line, and can tag their runner from anywhere between rounding the last buoy and a marker set on land.

