



**SURF LIFE SAVING**  
NEW ZEALAND

*In it for life*

# Surf Lifeguard Award #2

**Date:** Wednesday 2<sup>nd</sup> December & Saturday 5<sup>th</sup> December  
**Venue:** Moana Pool (Wednesday) & St Kilda SLSC (Saturday)  
**Address:** 60 Littlebourne Road, Dunedin (Wednesday) & 15 John Wilson Ocean Drive, Dunedin (Saturday)  
**Time:** 5:30pm start (Wednesday) & 11:00am start (Saturday)

## COURSE OVERVIEW

The Surf Lifeguard Award certifies that the holder has the basic skills and knowledge to be a Surf Lifeguard. This is the entry level qualification for members to be a patrolling member.

The Surf Lifeguard Award is the first step on the Surf Life Saving New Zealand lifeguard pathway.

Wednesday at Moana Pool is the 400m swim, tows & releases and theory exam.

Saturday at St Kilda is the practical beach components of the exam.

## COURSE INFORMATION

**Duration:** 2 days

**Requirements:** Participate in full course as required for qualification  
Complete all practical requirements as necessary  
Complete all theory requirements – full workbook completion prior to Wednesday 2<sup>nd</sup> December is mandatory

**Registration:** To register please email [Felix](mailto:felix@surflifesaving.org.nz) before – **November 27<sup>th</sup> 2020**

## PRE-REQUISITES

**Surf Lifeguard Award** 14 years of age  
Current member of a SLS Club

## CONTACT

**Felix Cook** – Club Development Officer – Otago/Southland  
M | 021 022 08310  
E | [felix.cook@surflifesaving.org.nz](mailto:felix.cook@surflifesaving.org.nz)

Surf Life Saving New Zealand Sport Otago, Sargood Sport House, 40 Logan Park Drive, Dunedin 9016  
PO Box 969, Dunedin 9054 [www.surflifesaving.org.nz](http://www.surflifesaving.org.nz)

