



SURF LIFE SAVING®
NEW ZEALAND

In it for life



First Aid Level 1 and Refresher

Date: 8 November 2020
Venue: Waimairi SLSC
Address: 1 Beach Road, Waimairi Beach
Time: 8.30am – 6pm (or later – TBC)
Cost: \$140 - \$92.00

COURSE OVERVIEW

This is a 2-day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402

COURSE INFORMATION

Duration: 1 long day and online. Those completing the full course will have to attend the full day and online component.
1 day for those completing the refresher (time will be TBC)

Requirements: Participate in the full 1 day refresher course
Complete all practical requirements
Complete all theory requirements

Registration: Please contact your club lifesaving coordinator or administrator to register for this course.

COURSE COST

Full level 1 (1 long day and online): \$140.00 pp
Refresher (1 shorter day and online): \$92.00 pp

PRE-REQUISITES

First Aid Level 1 14 years of age
Current member of a SLS club

CONTACT

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