



**SURF LIFE SAVING®**  
NEW ZEALAND

*In it for life*



# First Aid Level 1 and Refresher

**Date:** 7 November 2020  
**Venue:** Waimairi SLSC  
**Address:** 1 Beach Road, Waimairi Beach  
**Time:** 8.30am – 6pm (or later – TBC)  
**Cost:** \$140 - \$92.00

## COURSE OVERVIEW

This is a 2-day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402

## COURSE INFORMATION

**Duration:** 1 long day and online. Those completing the full course will have to attend the full day and online component.  
1 day for those completing the refresher (time will be TBC)

**Requirements:** Participate in the full 1 day refresher course  
Complete all practical requirements  
Complete all theory requirements

**Registration:** Please contact your club lifesaving coordinator or administrator to register for this course.

## COURSE COST

Full level 1 (1 long day and online): \$140.00 pp  
Refresher (1 shorter day and online): \$92.00 pp

## PRE-REQUISITES

**First Aid Level 1** 14 years of age  
Current member of a SLS club

## CONTACT

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