



SURF LIFE SAVING
NEW ZEALAND

In it for life



Introduction to Surf Coaching

Date:	Saturday 21 st November
Venue:	TBC
Address:	TBC
Time:	9:00am start.
Cost:	\$70pp

COURSE OVERVIEW

The Introduction to Surf Coaching Course provides an entry level coaching course for junior surf coaches, parents and clubbies new to coaching at a junior surf level. The course aims to provide the knowledge and skills needed to coach at Junior Surf level at a Surf Life Saving Club. It covers a range of Junior Surf activities with a special emphasis on a holistic coaching approach.

The Introduction to Surf Coaching course is the first step on the Surf Life Saving New Zealand coaching pathway. Coaches interested in further developing their coaching skills can then progress to the Developing Surf Coach Course.

COURSE INFORMATION

Duration:	One Day
Requirements:	Attend the full course and participate all activities
Registration:	Please register via the portal before – November 17th 2020

COURSE COST

\$70 per person*

**Please note: if you withdraw your registration within a week of the course you will be charged the full cost of the course.*

Cost may vary on participant numbers etc.

PRE-REQUISITES

Current member of a SLS Club

14 years of age

TOPICS COVERED

1. Athlete centered coaching
2. Skill progressions and modified games
3. Events and rules for Junior Surf Athletes
4. Communication in Junior Surf environment
5. Management and effective coaching
6. Resources and Support

CONTACT

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Surf Life Saving New Zealand – Region Here – Region Address here e.g. Pelorus Trust Sports House, 93 Hutt Park Road, Seaview, Lower Hutt, Wellington 5010, PO Box 39129, Wellington Mail Centre, Lower Hutt 5045.

