



SURF LIFE SAVING[®]
NEW ZEALAND

Competition Programme

New Zealand Pool Rescue
Championships

Water World, Te Rapa, Hamilton
2-4 October 2020

PROGRAMME INFORMATION

Event Programming:

Session & Times	1	2	3	4	5
Day:	Friday 2	Friday 2	Saturday 3	Saturday 3	Sunday 4
Managers Meeting	9.00am		8.00am		8.00am
Surf Officials Meeting	9.30am		8.30am		8.30am
Time Keepers Meeting	9.40am	1.55pm	8.40am	12.40pm	8.40am
Warm up Begins	9.00am	Dive Pool	8.00am	Dive Pool	8.00am
Warm up Ends	9.40am	Dive Pool	8.40am	Dive Pool	8.40am
Session Begins	10.00am	2.15pm	9.00am	1.00pm	9.00am
Session Ends	1.45pm	6.00pm	12.30pm	5.00pm	2.00pm
Prize giving	Due COVID-19 considerations, there will be no prizegiving ceremony				

Please Note:

All times are indicative and the competition may run faster or slower depending on entry numbers and logistics on the day of competition.

FRIDAY OCTOBER 2		
JUNIOR SESSION ONE	JUNIOR SESSION TWO	
10:00am - 1:45pm	2:15pm - 6.00pm	
100m Swim with Obstacles	4 x 25m Brick Relay	50m Rescue Medley Brick
Under 13 Male	Under 12 Male	Under 11 Male
Under 13 Female	Under 12 Female	Under 11 Female
Under 14 Male	Under 14 Male	Under 12 Male
Under 14 Female	Under 14 Female	Under 12 Female
50m Swim with Obstacles	4 x 50m Medley Relay	Under 13 Male
Under 11 Male	Under 12 Male	Under 13 Female
Under 11 Female	Under 12 Female	Under 14 Male
Under 12 Male	Under 12 Mixed	Under 14 Female
Under 12 Female	Under 14 Male	
4 x 50m Obstacles Relay	Under 14 Female	
Under 14 Male	Under 14 Mixed	
Under 14 Female	100m Tube with Patient & Fins	
Under 14 Mixed	Under 12 Male	
Under 12 Male	Under 12 Female	
Under 12 Female	Under 14 Male	
Under 12 Mixed	Under 14 Female	
50m Brick Carry	50m Swim with Fins	
Under 13 Male	Under 11 Male	
Under 13 Female	Under 11 Female	
Under 14 Male	Under 12 Male	
Under 14 Female	Under 12 Female	
Under 11 Male	Under 13 Male	
Under 11 Female	Under 13 Female	
Under 12 Male	Under 14 Male	
Under 12 Female	Under 14 Female	

SATURDAY OCTOBER 3

SESSION THREE	4 x 50m Pool Lifesaver Relay Cont..
9:00am – 12:30pm	Open Male
100m Swim with Obstacles	Open Female
Masters Male (>55)	Open Mixed
Masters Female (>55)	SESSION FOUR
200m Swim with Obstacles	1:00pm – 5:00pm
Masters Male (<55)	4 x 25m Manikin Relay
Masters Female (<55)	Masters Mixed
Under 15 Male	Under 17 Male
Under 15 Female	Under 17 Female
Under 17 Male	Under 19 Male
Under 17 Female	Under 19 Female
Under 19 Male	Open Male
Under 19 Female	Open Female
Open Male	100m Tow with Fins
Open Female	Masters Male
4 x 50m Obstacle Relay	Masters Female
Masters Mixed	Under 15 Male
Under 17 Male	Under 15 Female
Under 17 Female	Under 17 Male
Under 19 Male	Under 17 Female
Under 19 Female	Under 19 Male
Open Male	Under 19 Female
Open Female	Open Male
Open Mixed	Open Female
Line Throw	50m Swim with Fins
Masters Male	Masters Male
Masters Female	Masters Female
Under 17 Male	Under 15 Male
Under 17 Female	Under 15 Female
Under 19 Male	Under 17 Male
Under 19 Female	Under 17 Female
Open Male	Under 19 Male
Open Female	Under 19 Female
100m Rescue Medley Manikin	Open Male
Under 17 Male	Open Female
Under 17 Female	
Under 19 Male	
Under 19 Female	
Open Male	
Open Female	
4 x 50m Pool Lifesaver Relay	
Under 19 Male	
Under 19 Female	
Under 19 Mixed	

SUNDAY OCTOBER 4
SESSION FIVE
9.00am – 2.00pm
200m Super Lifesaver
Under 19 Male
Under 19 Female
Open Male
Open Female
4 x 50m Medley Relay
Masters Mixed
Under 17 Male
Under 17 Female
Under 17 Mixed
Under 19 Male
Under 19 Female
Under 19 Mixed
Open Male
Open Female
Open Mixed
100m Manikin Carry with Fins
Masters Male
Masters Female
Under 15 Male
Under 15 Female
Under 17 Male
Under 17 Female
Under 19 Male
Under 19 Female
Open Male
Open Female
50m Manikin Carry
Masters Male
Masters Female
Under 15 Male
Under 15 Female
Under 17 Male
Under 17 Female
Under 19 Male
Under 19 Female
Open Male
Open Female
Mega Relay
Open Mixed