



**SURF LIFE SAVING**  
NEW ZEALAND

*In it for life*



# Introduction to Surf Coaching Course

<b>Date:</b>	Saturday 24 <sup>th</sup> October
<b>Venue:</b>	TBC
<b>Address:</b>	TBC
<b>Time:</b>	9:00am start.
<b>Cost:</b>	\$70pp

## COURSE OVERVIEW

The Introduction to Surf Coaching Course provides an entry level coaching course for junior surf coaches, parents and clubbies new to coaching at a junior surf level. The course aims to provide the knowledge and skills needed to coach at Junior Surf level at a Surf Life Saving Club. It covers a range of Junior Surf activities with a special emphasis on a holistic coaching approach.

The Introduction to Surf Coaching course is the first step on the Surf Life Saving New Zealand coaching pathway. Coaches interested in further developing their coaching skills can then progress to the Developing Surf Coach Course.

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## COURSE INFORMATION

<b>Duration:</b>	One Day
<b>Requirements:</b>	Attend the full course and participate all activities
<b>Registration:</b>	Please register via the <a href="#">portal</a> before – <b>October 20<sup>th</sup> 2020</b>

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## COURSE COST

**\$70 per person\***

*\*Please note: if you withdraw your registration within a week of the course you will be charged the full cost of the course.*

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## PRE-REQUISITES

Current member of a SLS Club

14 years of age

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## TOPICS COVERED

1. Athlete centered coaching
2. Skill progressions and modified games
3. Events and rules for Junior Surf Athletes
4. Communication in Junior Surf environment
5. Management and effective coaching
6. Resources and Support

## CONTACT

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**Surf Life Saving New Zealand – Region Here** – Region Address here e.g. Pelorus Trust Sports House, 93 Hutt Park Road, Seaview, Lower Hutt, Wellington 5010, PO Box 39129, Wellington Mail Centre, Lower Hutt 5045.

