



Beach Education – Adult/Parental Assistance Letter

Thank you for volunteering to provide adult/parental assistance for your school's upcoming Beach Education Day. Without your assistance, it would be impossible for us to provide students with the level of support required to deliver a safe, fun and educational day at the beach.

Beach Ed is unique to all other water safety programmes as it provides students with a real experience of Surf Lifesaving. Students are immersed in a Surf Life Saving environment with hands-on experience of beach and surf conditions – that means they will be participating in water activities in the surf environment and will therefore require your hands on assistance. This means you need to be prepared!

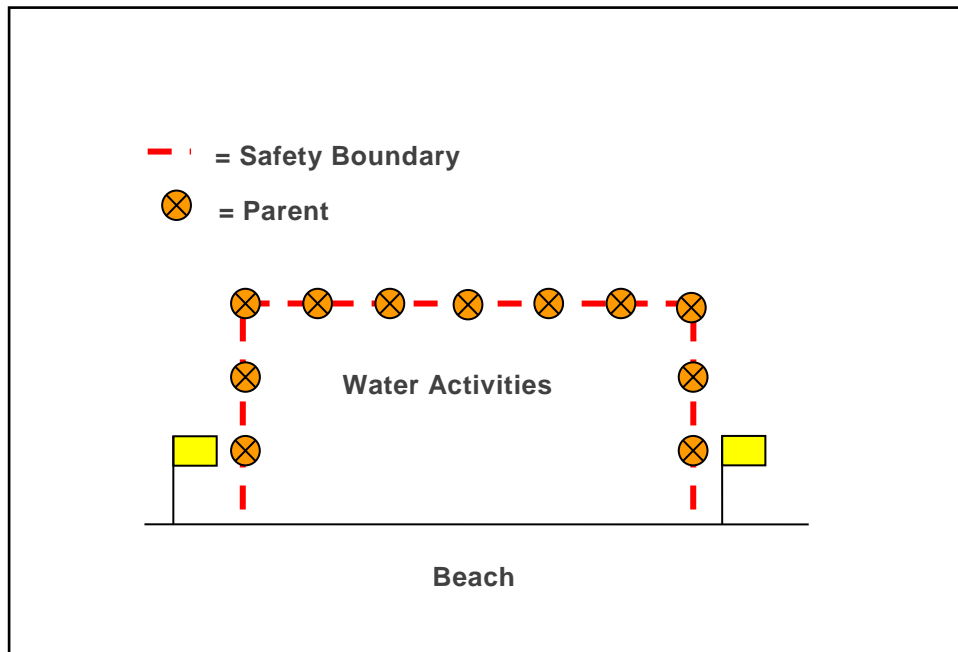
Health and Safety is a shared responsibility; the objective of this letter is to provide all adults assisting with Beach Ed with an understanding of your roles and responsibilities within the six hours that you will be attending the programme.

The Programme:

This is broken into three main components – Theory, Beach Activities, and Water Activities.

Theory and Beach Activities: The theory section is managed from the clubhouse. During the Introduction and Housekeeping sections all adults assisting with the day's programme will be asked to attend a briefing in which expectations will be clearly outlined, and the opportunity for asking questions will be provided.

Water Activities: All adults are required to participate in all activities but your major and most vital role will be to assist with water safety during the Water Activities. Part of your role within the water activities will be setting boundaries (see diagram next page). As a result you may not be as active as the students. Therefore, it would be wise to ensure you have the necessary swim attire that you can keep warm in – wetsuits and rash vests are ideal. Note you will be expected to get into the water up to your waist.



What to Bring:

- Togs
- Towel
- Wetsuits are recommended—remember you will be in the water up to your waist.
- A warm change of clothes
- Sunblock SPF 30+
- Sunhat (recommend wide-brimmed)
- Water bottle/Morning Tea/Lunch

There will be a more detailed briefing on the day you attend Beach Ed. Please ask any questions that you may have during this time to ensure that you have full understanding of your roles and responsibilities.

In the meantime, please do not hesitate to contact the head teacher coordinating this activity should you have any concerns or queries.

Teacher in Charge: _____ Contact details: _____

Thank you again for assistance and enjoy your upcoming day at the beach.