



SURF LIFE SAVING®
NEW ZEALAND

In it for life



First Aid Level 1 Course & Refresher

Date:	3 rd & 4 th October
Venue:	Workplace First Aid Dunedin
Address:	16 McBride Street, South Dunedin, Dunedin 9012
Time:	9am – 3pm both days
Cost:	\$220 pp (full course) or \$100 pp (refresher)

COURSE OVERVIEW

This is a 2-day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

COURSE INFORMATION

Duration:	2 days. Those completing the full course will have to attend both days. Refreshers will be run on the Saturday only
Requirements:	Participate in the full 2-days of training course (1 day for refresher) Complete all practical requirements Complete all theory requirements
Registration:	Please contact your club lifesaving coordinator or administrator to register for this course.

COURSE COST

Full course (2 days):	\$220 pp
Refresher (1 day):	\$100 pp

PRE-REQUISITES

First Aid Level 1	14 years of age Current member of a SLS club
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CONTACT

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