



SURF LIFE SAVING
NEW ZEALAND



First Aid Level One

Date: Sunday 30 August 2020

Venue: Waikanae SLSC

Address: 280E Grey Street, Gisborne

Time: 8:30am – 5:30pm

Cost: \$60 user pays (This is subsidised as the full course cost is \$135.70)

Course Overview:

This is a SLS resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

Course Information:

Course Provider:	First Training, Shirley Kemp – SLSNZ Approved Provider of First Aid Training
Pre-Requisites:	Minimum 14 years of age Current member of a SLS Club
Duration:	1 Full Day
Requirements:	Participate in the full day of the training course Complete all theory and practical requirements
Be prepared:	Comfortable active gear to move in, Wetsuit, togs, towel (you may do a water scenario), Snacks, Lunch, Water Bottle
Registration:	Contact your Club Administrator to register for this course or register directly here
Registration closes:	Friday 14 August 2020
Contact:	Sonia Keepa – Club Development Officer Gisborne/Tairāwhiti E Sonia.Keepa@surflifesaving.org.nz M 021 928 301

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