



**SURF LIFE SAVING**<sup>®</sup>  
NEW ZEALAND

# Competition Entry Circular

Otago/Southland Pool Rescue Championships

25m Full Distance.

Sunday 23<sup>rd</sup> August, 2020.



# ENTRY INFORMATION

## Details:

<b>Date:</b>	Sunday 23 <sup>rd</sup> August, 2020
<b>Venue:</b>	Moana Pool
<b>Address:</b>	60 Littlebourne Road, Roslyn, Dunedin
<b>Time:</b>	7:30am start, 1:30pm finish (approx.)
<b>Entries Close:</b>	Friday 14 <sup>th</sup> August, 2020 by 11:00am
<b>Entry Fee:</b>	Entry fees for this event will be as follows (GST Inclusive): \$25.00 per competitor. This covers all events entered.

At all times the latest information for this event will be available on the SLSNZ Events Calendar section of the SLSNZ website. [Event Information Here](#)

This document provides you with all the information you need to know in order to enter this event. While it contains the typical logistical information surrounding the event, it also incorporates very important details that a parent and/or guardian must be aware of before entering their child into this event.

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## Entries:

Entries may be made using the [SLSNZ Online Event Entry System](#). Your club has access to this system and will process your entries. Following the close of entry as detailed below entry fees will be invoiced directly to your club for payment prior to the competition.

Entries Open:	Wednesday 22 <sup>nd</sup> July, 2020
Entries Close:	Sunday 14 <sup>th</sup> August, 2020 by 11:00am
Entry Fee:	\$25.00 per competitor (GST Inclusive. This covers all events entered.)
Eligibility of Competitors:	Please see Section 2.2 of the SLSNZ Surf Sport Competition Manual for a comprehensive breakdown of eligibility criteria. Participants may only enter one age group category per event. E.g. a competitor cannot enter both the U17 and Open 50m Swim with Fins

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## Know Your Rules:

This event will be conducted under the rules contained in the following documents.

[SLSNZ Surf Sport Competition Manual](#), including any additional amendments as detailed on the website and any additional requirements as communicated by the Event Management Committee. Please note that the Manual has recently been updated to the 9<sup>th</sup> Edition (V3).

Additionally members entering this event are bound by the following rules:

- [SLSNZ Constitution](#)
- [SLSNZ Regulations](#)

- [SLSNZ Code of Conduct](#) (Note: The Event Management Committee reserve the right to exclude competitors from further competition for poor or 'un-sportsman like' behavior. This also applies to parents, managers and supporters)
- [Drug Free Sport New Zealand](#)
- [SLSNZ Sport Policies](#)

Copies of these documents are available from the SLSNZ website.

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## Age Groups:

The NZ Pool Events programme are scheduled before the Beach based events for the current season New Zealand's season is from the 1st of July to 30th June the following year. This means that this event will be raced as one of the first events of the 2020/21 Surf Season. Age group is determined by the competitor's age at midnight on 30<sup>th</sup> September 2020. For example, if you were 19 on the 30th September 2020, you are not eligible to compete in the Under 19 division.

Age Groups for the 2020 Otago/Southland Pool Rescue Championships include:

- U10 (Male & Female)
- U11 (Male & Female)
- U12 (Male & Female)
- U13 (Male & Female)
- U14 (Male & Female)
- U15 (Male & Female)
- U17 (Male & Female)
- U19 (Male & Female)
- Open (Male & Female)
- Masters (Male & Female)

This event allows the inclusion of U10 athletes to allow greater club inclusion for racing. This is an exception to the National Pool Rules, and U10 athletes **WILL NOT** be allowed to race at National Events. [U10 Races](#) - All U10 races will be 25m.

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## Team Substitutes:

All team substitutes must be registered in some capacity in the competition. This is to ensure compliance with event entry eligibility requirements.

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## Eligibility of competitors:

This competition is open to any SLSNZ affiliated club. Without the following details your members will not be eligible to compete nor will they be able to be entered through the online entry system.

SLSNZ reserve the right to limit the number of competitors per event.

- a) Current Members (i.e. must not be stored in the 'Last Season Members' or 'Historical Members' folder on the PAM Database.
- b) Must have the "Membership Form Received" by SLSNZ. (indicated by a 'tick box' at the top of the individual's membership tab)
- c) Have a DOB recorded on the PAM Database.

- d) Have a PRIMARY membership with the club they intend to compete for (membership status displayed in the 'Membership' tab of the individual in the Database)
- e) Team substitutes must be registered in some capacity in the event (see notes below)

Please Note:

- It is not a requirement of the event that competitors hold the Surf Lifeguard Award. But they need to be a member of the club they wish to compete for.
- Combined club teams for relays will not be permitted.

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## Time Keepers:

A large number of time keepers are required to ensure the successful running of the Otago/Southland Pool Rescue Championships.

As such, each competing club will be required to supply timekeepers. On close of entries clubs will be emailed the exact session times and the number of time keepers they will require. We require 8 timekeepers to cover this competition. The number your club will require will be based on total number of entries and the number of entries that your club has. Penalties will be imposed to those clubs who fail to meet this requirement.

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## Event Rules:

The Otago/Southland Pool Rescue Championships will be conducted under the rules as published in the SLSNZ 25m Full Distance Pool Competition Manual. This manual is based upon the International Life Saving (ILS) World Championship Rules. [25M Pool Rescue Manual](#)

### **POINTS SCORE**

The following points will be awarded for each individual and team race.

**Individual Events:** 3, 2, 1

**Team Events:** 5, 3, 1

### **SEATING PLAN**

At the closing of entries, a seating plan will be emailed out to all team managers. Please note that seating is limited and may not accommodate all athletes and spectators.

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## Event Descriptions:

The following is a brief description of each event for entry purposes.

Please consult the New Zealand Pool Championships Competition Manual for a full break down of all event general conditions and specific event rules and regulations.

### **Swim with Obstacles (50m, 100m, 200m)**

The competitor swims the prescribed distance in freestyle during which he/she swims under one (1) immersed obstacle per 25m.

### **100m Tube Patient Tow with Fins**

The rescuer swims 75m freestyle to the other end and clips their patient into a tube. The patient must have at least one hand on the end of the pool. The Rescuer and patient then swim the other 25m where the patient must stay on their back but may assist the tow by kicking and sculling under the water.

### **100m Manikin Tow with Fins**

The competitor swims 75m freestyle with fins and rescue tube. After touching the turning edge, the competitor secures the rescue tube around a manikin floating at the surface and tows it to the finish.

### **50m Swim with Fins**

The competitor swims 25/50m freestyle with fins.

### **50m Manikin Carry without Fins**

The competitor swims 25m freestyle and then dives to recover a submerged manikin to the surface within 5m of the pick-up line. The competitor then carries the manikin to the finish edge of the pool.

### **50m Brick Carry without Fins**

The competitor swims 30/35m freestyle and then dives to recover a submerged rubber brick to the surface within 5m of the pick-up line. The competitor then carries the rubber brick to the finish edge of the pool.

### **100m Manikin Carry with Fins**

The competitor swims 75m freestyle wearing fins and then dives to recover a submerged manikin to the surface within 10m of the turning edge. The competitor carries the manikin to the finish edge of the pool.

### **Line Throw**

In this timed event, the competitor throws an un weighted line to a fellow team member located in the water approximately 12.5m distant and pulls this "victim" back to the poolside.

### **4x25m Obstacle Relay**

Four competitors swim 25m freestyle each passing under one (1) immersed obstacle.

#### **4x25m Medley Relay**

The first competitor swims 25m freestyle without fins. The second competitor swims 25m freestyle with fins. The third competitor swims 25m freestyle pulling a rescue tube and after having touched the wall, passes the harness of the rescue tube to a fourth competitor who wears fins. The third competitor becomes the "victim," holds the rescue tube with both hands, while being towed 25m by the fourth competitor to the finish.

#### **6x 25 Super Mega Relay (two extra swimmers as per the 25m Rule Book)**

The first competitor swims 25m freestyle without fins. The second competitor swims 25m freestyle with fins. The third competitor swims 25m freestyle without fins. The fourth competitor swims 25m freestyle with fins. The fifth competitor swims 25m freestyle without fins. The sixth competitor swims 25m freestyle with fins.

Seniors consists of 1 x Open Male, 1 x Open Female, 1 x U19 Male, 1 x U19 Female, 1 x U17 Male, 1 x U17 Female.

Juniors consists of 3 x Male and 3 x Female

#### **100m Rescue Medley (Open)**

The competitor swims 75m freestyle to turn, dive and swim underwater to a submerged manikin located at 12.5m from the wall. The competitor surfaces the manikin within the 5m pick up line and then carries it the remaining distance to touch the finish wall.

#### **50m Rescue Medley (Junior)**

The competitor swims 25m freestyle to turn, dive and swim underwater to a submerged brick located at 12.5m from the wall. The competitor surfaces the brick within the 5m pick up line and then carries it the remaining distance to touch the finish wall.

# PROGRAMME INFORMATION

## Events

The following events and divisions will be held at the competition (listed in no particular order).

<b>Individual Events:</b>	<b>Age Group:</b>	<b>Gender:</b>
25m Swim with Obstacles	U10	Male and Female
50m Swim with Obstacles	U12	Male and Female
100m Swim with Obstacles	U14 and Masters	Male and Female
200m Swim with Obstacles	U15, U17, U19, and Open	Male and Female
100m Patient Tow with Fins	U12 and U14	Male and Female
100m Manikin Tow with Fins	U15, U17, U19, Open and Masters	Male and Female
25 Swim with Fins	U10	Male and Female
50m Swim with Fins	U12, U14, U15, U17, U19, Open and Masters	Male and Female
50m Rescue Medley (brick)	U12 and U14	Male and Female
100m Rescue Medley (manikin)	Open	Male and Female
50m Brick Carry without Fins	U12 and U14	Male and Female
50m Manikin Carry without Fins	U15, U17, U19, Open and Masters	Male and Female
100m Manikin Carry with Fins	Open	Male and Female
<b>Team Events:</b>	<b>Age Group:</b>	<b>Gender:</b>
Line Throw	U17, U19, Open and Masters	Male and Female
4 x 25m Obstacle Relay	U12, U14, U17, U19, Open and Masters	Mixed
4 x 25m Brick Relay	U12 and U14	Mixed
4 x 25m Manikin Relay	U17, U19, Open and Masters	Mixed
4 x 25m Medley Relay	U12, U14, U17, U19, Open and Masters	Mixed
6 x 25m Mega Relay	Junior (U14) and Open	Mixed

## Event Programming:

The Draft Programme can be found below. Please note that the Draft Programme is subject to change due to a dependence upon the number of entries. The Event Referee will inform team managers prior to the start of the event if age groups will be racing together or if events are cancelled all together.

### Session Times

### Saturday

Team Managers Meeting:	7:15am
Surf Officials Meeting:	7:30am
Time Keepers Meeting:	7:45am
Warm Up Starts:	7:30am
Warm Up Ends:	7:50am
Racing Starts:	8:00am
Approx. Finish Time:	1:30pm

Event Number	Junior Events
1	U14 Mens 50m Swim with Fins
2	U14 Womens 50m Swim with Fins
3	U12 Mens 50m Swim with Fins
4	U12 Womens 50m Swim with Fins
5	U10 Mens 25m Swim with Fins
6	U10 Womens 25m Swim with Fins
7	U14 Mixed 4 x 25m Medley Relay
8	U12 Mixed 4 x 25m Medley Relay
9	U14 Mens 50m Brick Carry without Fins
10	U14 Womens 50m Brick Carry without Fins
11	U12 Mens 50m Brick Carry without Fins
12	U12 Womens 50m Brick Carry without Fins
13	U14 Mixed 4 x 25m Brick Relay
14	U12 Mixed 4 x 25m Brick Relay
15	U14 Mens 50m Rescue Medley Brick
16	U14 Womens 50m Rescue Medley Brick
17	U12 Mens 50m Rescue Medley Brick
18	U12 Womens 50m Rescue Medley Brick
19	U14 Mens 100m Patient Tow with Fins
20	U14 Womens 100m Patient Tow with Fins
21	U12 Mens 100m Patient Tow with Fins
22	U12 Womens 100m Patient Tow with Fins
23	6 x 25 Junior Mega Relay
<b>Set Up</b>	
24	U14 Mens 100m Swim with Obstacles
25	U14 Womens 100m Swim with Obstacles
26	U12 Mens 50m Swim with Obstacles
27	U12 Womens 50m Swim with Obstacles



28	U10 Mens 25m Swim with Obstacles
29	U10 Womens 25m Swim with Obstacles
30	U14 Mixed 4 x 25m Obstacle Relay
31	U12 Mixed 4 x 25m Obstacle Relay

<b>Break</b>	
<b>Event Number</b>	<b>Senior Events</b>
32	U15 Mens 200m Swim with Obstacles
33	U15 Womens 200m Swim with Obstacles
34	U17 Mens 200m Swim with Obstacles
35	U17 Womens 200m Swim with Obstacles
36	U19 Mens 200m Swim with Obstacles
37	U19 Womens 200m Swim with Obstacles
38	Open Mens 200m Swim with Obstacles
39	Open Womens 200m Swim with Obstacles
40	Masters Mens 100m Swim with Obstacles
41	Masters Womens 100m Swim with Obstacles
42	U17 Mixed 4 x 25m Obstacle Relay
43	U19 Mixed 4 x 25m Obstacle Relay
44	Open Mixed 4 x 25m Obstacle Relay
45	Masters Mixed 4 x 25m Obstacle Relay
<b>Set Up</b>	
46	U17 Mens Line Throw
47	U17 Womens Line Throw
48	U19 Mens Line Throw
49	U19 Womens Line Throw
50	Open Mens Line Throw
51	Open Womens Line Throw
52	Masters Mens Line Throw
53	Masters Womens Line Throw
<b>Set Up</b>	
54	U15 Mens 50m Swim with Fins
55	U15 Womens 50m Swim with Fins
56	U17 Mens 50m Swim with Fins
57	U17 Womens 50m Swim with Fins
58	U19 Mens 50m Swim with Fins
59	U19 Womens 50m Swim with Fins
60	Open Mens 50m Swim with Fins
61	Open Womens 50m Swim with Fins
62	Masters Mens 50m Swim with Fins
63	Masters Womens 50m Swim with Fins
64	U17 Mixed 4 x 25m Medley Relay
65	U19 Mixed 4 x 25m Medley Relay
66	Open Mixed 4 x 25m Medley Relay
67	Masters Mixed 4 x 25m Medley Relay

<b>Set Up</b>	
68	Open Mens 100m Manikin Carry with Fins
69	Open Womens 100m Manikin Carry with Fins
70	U15 Mens 100m Manikin Tow with Fins
71	U15 Womens 100m Manikin Tow with Fins
72	U17 Mens 100m Manikin Tow with Fins
73	U17 Womens 100m Manikin Tow with Fins
74	U19 Mens 100m Manikin Tow with Fins
75	U19 Womens 100m Manikin Tow with Fins
76	Open Mens 100m Manikin Tow with Fins
77	Open Womens 100m Manikin Tow with Fins
78	Masters Mens 100m Manikin Tow with Fins
79	Masters Womens 100m Manikin Tow with Fins
<b>Set Up</b>	
81	Open Mens 100m Rescue Medley (Manikin)
82	Open Womens 100m Rescue Medley (Manikin)
83	U15 Mens 50m Manikin Carry without Fins
84	U15 Womens 50m Manikin Carry without Fins
85	U17 Mens 50m Manikin Carry without Fins
86	U17 Womens 50m Manikin Carry without Fins
87	U19 Mens 50m Manikin Carry without Fins
88	U19 Womens 50m Manikin Carry without Fins
89	Open Mens 50m Manikin Carry without Fins
90	Open Womens 50m Manikin Carry without Fins
91	Masters Mens 50m Manikin Carry without Fins
92	Masters Womens 50m Manikin Carry without Fins
<b>Set Up</b>	
93	U17 Mixed 4 x 25m Manikin Relay
94	U19 Mixed 4 x 25m Manikin Relay
95	Open Mixed 4 x 25m Manikin Relay
<b>Set Up</b>	
96	6 x 25m Senior Mega Relay

# COMPETITION COMMUNICATION

## Communications:

Event Management utilise a variety of tools to keep you updated with the latest event information and news. These include:

- [The SLSNZ Website](#)
- [SLSNZ Southern Region Facebook Page](#)
- [Live Results](#)

Please note that the SLSNZ Website will provide the latest event information at all times.

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## Event Photography:

If you are wishing to take photos at our competition then please read the [Media Accreditation Application Information here](#) and apply for access into competition arenas. Please note Use of Cameras and Video devices rules are covered under [2.25 in the Surf Sports Competition Manual](#).

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## Key Contact:

If you have any queries or concerns, please feel free to contact the Event Manager.

Felix Cook  
Club Development Officer – Otago/Southland  
2020 Otago/Southland Pool Rescue Championships  
Surf Life Saving New Zealand

m 021 022 08310  
p 03 474 6361  
e [felix.cook@surflifesaving.org.nz](mailto:felix.cook@surflifesaving.org.nz)



# COMPETITION SAFETY INFORMATION

## Competition Safety Plan:

This event will abide by the facility safety measures put in place and will adhere by the rules instructed by the facility management and lifeguard team.

### **Parent, Guardian, Coach, Team Manager and Club Obligations**

It is the responsibility of clubs, through their coaches and manager, to ensure that each individual competitor is competent to safely compete in the conditions that prevail on any given day.

It is therefore the clubs' responsibility to ensure that competitors who are not yet competent to compete in the prevailing conditions are withdrawn from an event rather than expose them to unnecessary risk or potential harm by encouraging or coercing competitors to compete, particularly against their will. Please refer to statement (e) of the Agreement to be bound by the Manual section of the Surf Sports Competition Manual. The Manual can be found [here](#).

It is the expectation of the organisers that all clubs will only permit competent competitors to compete in an event.

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## Medical Information:

### **Pre-Existing Medical Conditions**

All participants and officials with a pre-existing medical condition must complete and submit a 'Pre-Existing Medical Conditions Declaration' form prior to the close of entries. These forms are to be submitted to the Event Manager by email to [felix.cook@surflifesaving.org.nz](mailto:felix.cook@surflifesaving.org.nz). However, participants are encouraged to submit these as early as possible. Once submitted, the forms will be reviewed by SLSNZ and a decision will be made on whether a 'Competitor Waiver' form is required to be completed.

It is important to note that that a pre-existing medical condition includes a **concussion event** that has occurred prior to this event.

These forms are available through the website [here](#).

### **Concussion Protocol**

1. Any person diagnosed with concussion within the 23 days (21 days for over 19 yrs) preceding a SLSNZ event or activity, who is not able to provide evidence of a Graduated Return to Play (GRTP), and provide a medical diagnosis and SLSNZ Medical Clearance, will not be permitted to compete in a SLSNZ event.
2. Any person observed or reported to have been unconscious during a SLS event is not permitted to participate in any further SLS event or activity, pending participation in a 23 day GRTP (21 days for over 19 yrs), and provide a SLSNZ Medical Clearance before further competition is permitted.
3. Any person suspected of a concussion during a SLSNZ competition may not participate in any further races for at least 24 hours, and must provide SLSNZ with the required SLSNZ Medical Clearance before further participation is permitted.
4. Any person suspected or diagnosed with concussion who wishes to return to a SLSNZ competition must provide SLSNZ with a copy of a SLSNZ Medical Clearance, which is to be completed by a medical practitioner, prior to returning to competition.

**COVID-19 (novel coronavirus)**

New Zealand is at Alert Level 1.

For more information regarding Surf Life Saving New Zealand's move to alert level 1, Please refer to the [memo](#)

# COMPETITION SITE MAPS

## Competition Arenas: Moana Pool Dunedin

