



**SURF LIFE SAVING®**  
NEW ZEALAND

*In it for life*

# Surf Lifeguard Award #1

**Date:** Tuesday 27<sup>th</sup> October & Sunday 1<sup>st</sup> November  
**Venue:** Taiora: QEII (Tuesday), TBC (Sunday)  
**Address:** 193 Travis Road, New Brighton  
**Time:** 6:00pm start (Friday) – 3:00pm finish (Sunday)

## COURSE OVERVIEW

The Surf Lifeguard Award certifies that the holder has the basic skills and knowledge to be a Surf Lifeguard. This is the entry level qualification for members to be a patrolling member.

The Surf Lifeguard Award is the first step on the Surf Life Saving New Zealand lifeguard pathway.

Tuesday at Taiora: QEII is the 400m swim and theory exam.

Sunday at TBC is the practical beach components.

## COURSE INFORMATION

**Duration:** 2 days

**Requirements:** Participate in full courses as required for qualification  
Complete all practical requirements as necessary  
Complete all theory requirements – full workbook completion prior to Tuesday is mandatory for some qualification.

**Registration:** To register please email [luke](mailto:luke.smith@surflifesaving.org.nz) before – **October 26<sup>th</sup> 2020**

## PRE-REQUISITES

**Surf Lifeguard Award** 14 years of age  
Current member of a SLS Club

## CONTACT

**Luke Smith** – Club Development Officer – Christchurch  
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