



**SURF LIFE SAVING**  
NEW ZEALAND



# First Aid Level One

**Date:** Saturday 30 November and Sunday 1 December 2019

**Venue:** Waikanae SLSC

**Address:** 280E Grey Street, Gisborne

**Time:** 9am - 4pm

**Cost:** \$60 user pays (This is subsidised as the full course cost is \$135.70)

## Course Overview:

This is a 2-day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

## Course Information:

### Pre-Requisites:

Minimum 14 years of age  
Current member of a SLS Club

### Duration:

2 Days

### Requirements:

Participate in both full days of the training course  
Complete all practical requirements  
Complete all theory requirements

### Registration:

Contact your Club Administrator to register for this course

### Registration closes:

Friday 15 November 2019

### Contact:

Sonia Keepa – Club Development Officer Gisborne/Tairāwhiti  
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#### National Partners



#### Regional Partners

Primary Partner



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**Surf Life Saving New Zealand – Eastern Region**

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