



SURF LIFE SAVING®
NEW ZEALAND

2020 Capital Coast Championships Lyall Bay

It is time for the 2020 Capital Coast Championships! Keep reading for important information about this event. All other information can be found in the 2019/20 Capital Coast Event Circular found on the event page [here](#).

Date: Sunday 9 February 2020
Venue: Lyall Bay SLSC
Entries close: Wednesday 5 February
Cost: \$10 per competitor
 Late entries \$15 per competitor on top of normal entry fee.
 There will be **no removal/deletion** of entries after the close of entries i.e. all entries in EnterNOW at close of entries will be charged.

Surf Officials Meeting: 8.00am in club house
Team Managers Meeting: 8.30am in club house
Racing Starts: 9.00am

Programme:

2km Beach Run	Beach Relay
Beach Sprints	Double Ski
Beach Flags	Board Relay
Board Race	Ski Relay
Ski Race	Taplin
Run Swim Run	Tube Rescue
Surf Race	Board Rescue
Iron/Diamond	Canoe

Surf Officials.

You are required to supply 1 qualified surf official for every 10 athletes at the event. When you are doing your entries please fill out the details of the officials from your club that will be attending this event.

Missing Persons at Sea Procedure:

Can you please ask your athletes to bring along goggles and fins to be use as part of the competitor search party in case of a missing person.

If you have any questions please do not hesitate to contact me.

Richard Whinham
 Sport Manager – Central Region
 Surf Life Saving New Zealand

m 027 583 3228
 t 04 560 0378
 e richard.whinham@surflifesaving.org.nz

