

2019 Central Regional Pool Championships, 21 September

Pool Entry	12:00PM	Team Managers Meeting	12:20PM
Surf Officials Meeting	12:10PM	Warm up Ends	12:50PM
Warm up Begins	12:15PM	Session Begins	1:00PM
Event	Heats	Event	Heats
U19/Open Male 200m Swim with Obstacles	2	U19/Open Male 50m Swim with Fins	2
U19/Open Female 200m Swim with Obstacles	1	U19/Open Female 50m Swim with Fins	1
U16 Male 200m Swim with Obstacles	2	U16 Male 50m Swim with Fins	2
U16 Female 200m Swim with Obstacles	3	U16 Female 50m Swim with Fins	3
U14 Male 100m Swim with Obstacles	2	U14 Male 50m Swim with Fins	2
U14 Female 100m Swim with Obstacles	2	U14 Female 50m Swim with Fins	2
U13 Male 100m Swim with Obstacles	2	U13 Male 50m Swim with Fins	2
U13 Female 100m Swim with Obstacles	2	U13 Female 50m Swim with Fins	2
U12 Male 50 Swim with Obstacles	1	U12 Male 50m Swim with Fins	1
U12 Female 50 Swim with Obstacles	2	U12 Female 50m Swim with Fins	2
U11 Male 50 Swim with Obstacles	1	U11 Male 50m Swim with Fins	1
U11 Female 50 Swim with Obstacles	2	U11 Female 50m Swim with Fins	2
Masters Male 100m Swim with Obstacles	1	Masters Male 50m Swim with Fins	1
U16/U19 Male, U19 Female 4x50m Obstacle Relay	1		
U12/U14 Female, U14 Male 4x50m Obstacle Relay	1	U19/Open Male 100m Manikin Tow with Fins	2
U12/U14/U16 Mixed 4x50m Obstacle Relay	1	U19/Open Female 100m Manikin Tow with Fins	1
		U16 Male 100m Manikin Tow with Fins	2
U19/Open Male 50m Manikin Carry	2	U16 Female 100m Manikin Tow with Fins	3
U19/Open Female 50m Manikin Carry	1	Masters Male 100m Manikin Tow with Fins	1
U16 Male 50m Manikin Carry	2		
U16 Female 50m Manikin Carry	3	U14 Male 100m Patient Tow with Fins	2
		U14 Female 100m Patient Tow with Fins	2
U14 Male 50m Brick Carry	2	U12 Male 100m Patient Tow with Fins	1
U14 Female 50m Brick Carry	2	U12 Female 100m Patient Tow with Fins	2
U13 Male 50m Brick Carry	2		
U13 Female 50m Brick Carry	2	U16/U19 Male/Female 4x50m Medley Relay	1
U12 Male 50m Brick Carry	1	U12/U14 Female, U14 Male 4x50m Medley Relay	1
U12 Female 50m Brick Carry	2		
U11 Male 50m Brick Carry	1	U12/U14/U16/U19 Mixed 4x50m Medley Relay	1
U11 Female 50m Brick Carry	2		