



Advanced Board Coaching Module

Date: Saturday 30th November 2019
Venue: Pukehina Surf Rescue
Address: Pukehina parade, Pukehina 3189
Time: 3:30pm to 5:00pm

Course Overview

The Advanced Board Coaching Module provides coaches, parents and clubbies with the advanced technical knowledge and skills needed to coach the 'board' discipline to advanced athletes.

Course Information

Duration	1 hour 30 minutes
Delivered by	Sandra Boubee
Who should complete it	Any Surf Life Saving Club members interested in getting started in surf coaching, new junior surf coaches, or existing coaches with no formal training
Candidate requirements	To successfully complete the Board Coaching Module participants need to attend the full course and participate in its activities
Course Costs	User pays (including GST): \$15.00 Please note that if you are registered and do not attend the course, you will incur the full cost of the course.

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Surf Life Saving New Zealand – Eastern Region

2 Boeing Place, Mount Maunganui 3116. PO Box 4667, Mt Maunganui 3149. www.surflifesaving.org.nz

Topics covered

1. Advanced technique and skill progressions for athletes paddling board

Outcomes

At the completion of this course, coaches will be able to:

1. Identify and communicate the key technical aspects of board paddling
2. Identify and communicate the advanced skill progressions of athletes paddling board

Registration process

Please contact your club to be registered onto the course.
Registrations close on Monday 25th November 2019.

It is important to remember that if a participant fails to turn up on the day they will be charged the full cost of the course at \$15.00. All payments will be made through your club as they will be invoiced directly.

Participant resources

Each participant must bring a pen, a water bottle and wet gear (for practical exercises) for the day. All other material will be provided.

Further Information:

If you have any further enquiries, please do not hesitate to contact Mark Inglis.

Mark Inglis

Sport Manager – Eastern Region

m: 0274 571 021

e: mark.inglis@surflifesaving.org.nz

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