



Southern Region 25m Full Distance Pool Championships

Date: Sat 7th and Sunday 8th September, 2019
Venue: Caroline Bay Trust Aoraki Centre
Address: 11 Te Weka St, Maori Hill, Timaru
Time: Sat 10.30am Race Start, Sunday 9.00am race Start
Entries close: Wednesday 4th September, 2019 by 11.00am
Entry fees: Entries fees for this event will be as follows (GST Inclusive):
 \$40.00 per competitor .This covers all events entered

In this document you will find information to assist with entering, attending and competing in the Southern Region 25m Pool Championships.

At all times the latest information for this event will be available on the SLSNZ Events Calendar section of the SLSNZ website www.surflifesaving.org.nz/calendar.

Session Times

	Saturday	Sunday
Team Mangers Meeting	10.00am	8.10am
Surf Officials Meeting	10.15am	8.30am
Time Keepers Meeting	10.20am	8.45am
Warm Starts	10.00am	8.00am
Warm Up Ends	10.20am	8.45am
Racing Starts	10.30am	9.00am
Approx. Finish Time	7.00pm	11.00am

Event Entry Process

Entries Close: **Wednesday 4th September, 2019 by 11.00am**

Please note:

- There will be **no late entries permitted**.
- Team Manager's contact details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.

All entry fees will be calculated via the online entry system following the close of entries and your club will be invoiced directly (fees mentioned on page 1).

Please note:

- **Entries Close:** Monday 13th August, 2019, 9.00am. There will be **no late entries** permitted.
- **Team Manager's contact** details must be updated on the online system to ensure that the relevant person receives all updated information directly. Failure to list a team manager may mean that you will miss out on vital information.
- **Entering Teams:** You must enter the required number of people as specified for team events otherwise your entry in that event will not be accepted. This will be shown as an incomplete entry as per below:

RELAYS		
NAME	EVENT	STATUS
North Beach SLSC	Open Boys - 200 Open 4x50 Medley Relay	Incomplete

- **Events:** At the end of this memo you will find a list of events, you no longer need event entry codes for events, you will only need to either select the event name in the drop down box for a competitor or selection a competitor to enter into a team event.

Example of entry boxes below

INDIVIDUALS		
NAME	DATE OF BIRTH	EVENTS
Last Name	<input type="text" value="LORD"/>	
First Name	<input type="text" value="Michael"/>	
Date of Birth	<input type="text" value="27/01/1983"/> (dd/mm/yy)	
Gender	<input checked="" type="radio"/> Male <input type="radio"/> Female	
Event 1	<input type="text" value="Open Boys - 100 Open Manikin Tow with Fins"/>	
Event 2	<input type="text" value="- None"/>	
Event 3	<input type="text" value="- None"/>	
Event 4	<input type="text" value="- None"/>	

In it for life



RELAYS

NAME	EVENT	STATUS		
OPEN BOYS - 200 OPEN 4X50 MEDLEY RELAY		Import Player Data		
Team Name North Beach SLSC				
LAST NAME	FIRST NAME	GENDER (M/F)	DOB (D/M/YY)	
1* LORD	Michael	M	27/01/83	⊗
2*				⊗
3*				⊗
4*				⊗
Save cancel				

- We appeal to clubs to only enter athletes in events that they intend on competing in. We will be using the Meet Manager system throughout the Pool Championships to do all changes and online results.
- Competitors can only compete in any event once. E.g. U12 boy cannot compete in the 4x50m U12 Boys Obstacle Relay and the 4x50m U12 Mixed Obstacle Relay.

If you have any issues using the new system please do not hesitate to contact Scotty Roberts.

Eligibility of competitors

This competition is open to any SLSNZ affiliated club. Without the following details your members will not be eligible to compete nor will they be able to be entered through the online entry system. SLSNZ reserve the right to limit the number of competitors per event.

- a) Current Members (i.e. must not be stored in the 'Last Season Members' or 'Historical Members' folder on the PAM Database.
- b) Must have the "Membership Form Received" by SLSNZ. (indicated by a 'tick box' at the top of the individuals membership tab)
- c) Have a DOB recorded on the PAM Database.
- d) Have a PRIMARY membership with the club they intend to compete for (membership status displayed in the 'Membership' tab of the individual in the Database)
- e) Team substitutes must be registered in some capacity in the event (see notes below)

Please Note:

- It is not a requirement of the event that competitors hold the Surf Lifeguard Award. But they need to be a member of the club they wish to compete for.
- Combined club teams for relays will not be permitted.
- All competitors, including possible substitutes, are to have met all of the eligibility criteria outlined above by the close of entries.

Age

A competitor's age group is determined by their age as at midnight on 30th September within the current season. This event will be held in this criteria

For example if the current season is 2019/20 then the season is 1st June 2018 to 30th June 2020 and the age date is the 30th September 2019

As stated in (e) above, all team substitutes must be registered in some capacity in the competition. This means that if an athlete is competing in any event for example the 50m Swim with Fins, they are registered for the overall event.

In some instances clubs have to substitute members for their team events which can be problematic if the person who is the substitute is not competing in any other event. Therefore any potential substitutes (who are not already competing) must be entered into event code 300 Substitutes. This is to allow fairness to all by ensuring that all eligibility criteria are met.

Please Note:

Individual entries cannot be substituted for by another competitor; only team entries as outlined in the Surf Sport Competition Manual.

Note

This event allows the inclusion of U10 athletes to allow greater club inclusion for racing. This is an exception to the National Pool Rules , and U10 athletes **WILL NOT** be allowed to race at National Events U10 Races- All u10 races will be 25m , including relays

Please Note:

1. All competitors age will be as of midnight 30th September 2019
2. Masters must be aged 30 years or older before midnight 30th September 2019 to be eligible to compete in that age group.
3. Competitors (individual and team events) may compete in age groups as detailed below:
 - U10 may compete in U10, and U12, U14 events
 - U12 may compete in U12, U14 events, U16, U19 and Open events
 - U14 may compete in U14 events, U16, U19 and Open events
 - U16 may compete in U16, U19 and Open events
 - U19 may compete in U19 and Open events
 - Open can only compete in Open events
 - Masters may compete in Masters and Open events
4. Competitors can only compete in any event once (individual and team events), for example an U19 competitor wishing to compete in the 50m with Fins must choose either the U19 or Open event, not both. The patient for the line throw in the U19 age group cannot become the 'rescuer' or 'patient' in the Open age group.
5. The 50m obstacle swim has been classified as the same event as the 100m obstacle swim. This means that U12 athletes can only enter one of these events – either their own age group, or they can choose to swim up in a 100m obstacle swim but not both.
6. U12 and U14 competitors may not compete in any manikin event.
7. U12 and U14 competitors may not compete in any Line Throw event.
8. Although the way has been paved for U14 competitors to compete up in a number of events coaches and team managers are encouraged to use their discretion with regards to this ruling and take into account the welfare of their athletes.

Time Keepers

A large number of time keepers are required to ensure the successful running of the Southern Region 25m Pool Championships

As such, each competing club will be required to supply timekeepers during some if not all of the sessions. On close of entries clubs will be emailed the exact session times and the number of time keepers they will require. We require 16 timekeepers to cover each session. The number your club will require will be based on total number of entries and the number of entries that your club has. Penalties will be imposed to those clubs who fail to meet this requirement.

In water Helpers

All clubs will need to provide one in water helper to assist in setting the equipment for races. If a club does not provide one they will be ineligible to race. This event cannot be done without the in water helpers , They will need to have fins , goggles and wetsuit is recommend as it can get cold jumping in and out of the water .

Event times and proposed programme

The following is a general indication of the Event Timetable and Competition Programme and should only be used as a guide at this stage. A detailed daily timetable of events will be prepared and circulated once final entry numbers are received.

	Saturday 7th	Sunday 8th
Team Mangers Meeting	10.00am	8.10am
Surf Officials Meeting	10.15am	8.30am
Time Keepers Meeting	10.20am	8.45am
Warm Starts	10.00am	8.00am
Warm Up Ends	10.20am	8.45am
Racing Starts	10.30am	9.00am
Approx. Finish Time	7.00pm	11.00am

Prize Giving

Results will be posted throughout the event as they come to hand. Team managers only, can then come to the event administration area to collect place getters ribbons

Event Rules

The Southern Region 25m Pool Championships Event will be conducted under the rules as published in the SLSNZ 25m Full Distance Pool Competition Manual. This manual is based upon the International Life Saving (ILS) World Championship Rules.

[SLSNZ PoolCompetitionManual-25m-Pool-Full-Distant-Events](#)

Points Score

The following points will be awarded for each individual and team race.

Individual Events: 3, 2, 1

Team Events: 5, 3, 1

For more information please do not hesitate in getting in contact.

Scotty Roberts Scotty.roberts@surflifesaving.org.nz 0275571013

Draft Programme

Session 1 : 10.30am Start
U14 Mens 50m Swim with Fins
U14 Womens 50m Swim with Fins
U13 Mens 50m Swim with Fins
U13 Womens 50m Swim with Fins
U12 Mens 50m Swim with Fins
U12 Womens 50m Swim with Fins
U11 Mens 50m Swim with Fins
U11 Womens 50m Swim with Fins
U10 Mens 25m Swim with Fins
U10 Womens 25m Swim with Fins
U14 Mens 50m Brick Carry without Fins
U14 Womens 50m Brick Carry without Fins
U13 Mens 50m Brick Carry without Fins
U13 Womens 50m Brick Carry without Fins
U12 Mens 50m Brick Carry without Fins
U12 Womens 50m Brick Carry without Fins
U11 Mens 50m Brick Carry without Fins
U11 Womens 50m Brick Carry without Fins
Set Up
U14 Womens 4x50m Obstacle Relay
U14 Womens 100m Swim with Obstacles
U14 Mixed 4x50m Obstacle Relay
U14 Mens 4x50m Obstacle Relay
U14 Mens 100m Swim with Obstacles
U13 Womens 100m Swim with Obstacles
U13 Mens 100m Swim with Obstacles
U12 Womens 50 Swim with Obstacles
U12 Womens 4x50m Obstacle Relay
U12 Mixed 4x50m Obstacle Relay
U12 Mens 50 Swim with Obstacles
U12 Mens 4x50m Obstacle Relay
U11 Womens 50m Swim with Obstacles
U11 Mens 50m Swim with Obstacles
U10 Womens 25m Swim with Obstacles
U10 Mens 25m Swim with Obstacles
Session 2 :1.00pm -3.00pm
Senior Events Start
U16 Mens 200m Swim with Obstacles
U16 Womens 200m Swim with Obstacles
U19 Mens 200m Swim with Obstacles
U19 Womens 200m Swim with Obstacles
Open Mens 200m Swim with Obstacles
Open Womens 200m Swim with Obstacles
Masters Mens 100 Swim with Obstacles
Masters Womens 100 Swim with Obstacles
U16 Mens 4x50m Obstacle Relay
U16 Womens 4x50m Obstacle Relay
U19 Mens 4x50m Obstacle Relay
U19 Womens 4x50m Obstacle Relay
Open Mens 4x50m Obstacle Relay
Open Mixed 4x50m Obstacle Relay
Open Womens 4x50m Obstacle Relay
Break
U16 Mens Line Throw

U16 Womens Line Throw
U19 Mens Line Throw
U19 Womens Line Throw
Open Mens Line Throw
Open Womens Line Throw
Masters Mens Line Throw
Masters Womens Line Throw
Session 3: 3.00pm-5.00pm
Open Mens 100m Manikin Tow with Fins
Open Womens 100m Manikin Tow with Fins
U19 Mens 100m Manikin Tow with Fins
U19 Womens 100m Manikin Tow with Fins
U16 Mens 100m Manikin Tow with Fins
U16 Womens 100m Manikin Tow with Fins
Masters Mens 100m Manikin Tow with Fins
Masters Womens 100m Manikin Tow with Fins
Open Mens 100m Manikin Carry with Fins
Open Womens 100m Manikin Carry with Fins
Break
U16 Men's 100m Rescue Medley Manikin
U16 Women's 100m Rescue Medley Manikin
U19 Men's 100m Rescue Medley Manikin
U19 Women's 100m Rescue Medley Manikin
Open Men's 100m Rescue Medley Manikin
Open Women's 100m Rescue Medley Manikin
U16 Womens 4x50m Medley Relay
U16 Mens 4x50m Medley Relay
U19 Womens 4x50m Medley Relay
U19 Mens 4x50m Medley Relay
Open Mixed 4x50m Medley Relay
Open Womens 4x50m Medley Relay
Open Mens 4x50m Medley Relay
Masters Mens 50m Swim with Fins
Masters Womens 50m Swim with Fins
Set Up Session 4: 5.00pm -7.00pm
U16 Mens 50m Manikin Carry without Fins
U16 Womens 50m Manikin Carry without Fins
U19 Mens 50m Manikin Carry without Fins
U19 Womens 50m Manikin Carry without Fins
Open Mens 50m Manikin Carry without Fins
Open Womens 50m Manikin Carry without Fins
U16 Mens 4 x 25m Manikin Relay
U16 Womens 4x 25m Manikin Relay
U19 Mens 4 x 25m Manikin Relay
U19 Womens 4 x 25m Manikin Relay
Open Mens 4 x 25m Manikin Relay
Open Womens 4 x25 Manikin Relay
Break
U16 Mens 50m Swim with Fins
U16 Womens 50m Swim with Fins
U19 Mens 50m Swim with Fins
U19 Womens 50m Swim with Fins
Open Mens 50m Swim with Fins
Open Womens 50m Swim with Fins
Break
6x50m Mega Relay

Sunday Draft Programme

U14 Women's 50m Rescue Medley Brick
U14 Men's 50m Rescue Medley Brick
U13 Women's 50m Rescue Medley Brick
U13 Men's 50m Rescue Medley Brick
U12 Women's 50m Rescue Medley Brick
U12 Men's 50m Rescue Medley Brick
U11 Women's 50m Rescue Medley Brick
U11 Men's 50m Rescue Medley Brick
Break
U14 Womens 4x25m Brick Relay
U14 Mens 4x25m Brick Relay
U12 Womens 4x25m Brick Relay
U12 Mens 4x25m Brick Relay
U14 Womens 4x50m Medley Relay
U14 Mixed 4 x 50m Medley Relay
U14 Mens 4x50m Medley Relay
U12 Womens 4x50m Medley Relay
U12 Mixed 4x50m Medley Relay
U12 Mens 4x50m Medley Relay
U14 Womens 100m Tube Swim with Patient and Fins
U14 Mens 100m Tube Swim with Patient and Fins
U12 Womens 100m Tube Swim with Patient and Fins
U12 Mens 100m Tube Swim with Patient and Fins
Set Up
6x50m Junior Mega Relay

Programme Subject to Change depending on entries per event