



First Aid Level One Course

Date: Saturday 19th and Sunday 20th October 2019.

Venue: Westshore SLSC

Address: Ferguson Avenue, Westshore

Time: 8.30am to 4.30pm (please be there 15 minutes prior to start time)

Cost: TBC

Course Overview:

This is a 2 day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

Course Information:

- Pre-Requisites:** 14 years of age
Current member of a SLS club
- Duration:** 2 Days
- Requirements:** Participate in full days of training course
Complete all practical requirements
Complete all theory requirements
- Registration:** Registrations for this course close Monday 7th October 2019.
Contact your club administrator to register for this course
- Contact:** Debbie Moodie – Club Support Officer Hawkes Bay
E | debbie.moodie@surflifesaving.org.nz
M | 027 421 3506

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