



# First Aid Level One Course

**Date:** Saturday 24th and Sunday 25th August 2019.

**Venue:** Westshore SLSC

**Address:** Ferguson Avenue, Westshore

**Time:** 8.30am to 4.30pm (please be there 15 minutes prior to start time)

**Cost:** TBC

## Course Overview:

This is a 2 day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

## Course Information:

- Pre-Requisites:** 14 years of age  
Current member of a SLS club
- Duration:** 2 Days
- Requirements:** Participate in full days of training course  
Complete all practical requirements  
Complete all theory requirements
- Registration:** Registrations for this course close Monday 12 August 2019.  
Contact your club administrator to register for this course
- Contact:** Debbie Moodie – Club Support Officer Hawkes Bay  
E | [debbie.moodie@surflifesaving.org.nz](mailto:debbie.moodie@surflifesaving.org.nz)  
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