



**SURF LIFE SAVING®**  
NEW ZEALAND



# First Aid Level One Course

**Date:** 17<sup>th</sup>/18<sup>th</sup> August 2019

**Venue:** Links Training Facility, Levin

**Address:** 21 Bristol St, Horowhenua, Levin 5510

**Time:** Saturday: 8:30am – 5:30pm, Sunday: 8:30am – 1:00pm

**Cost:** TBC

## Course Overview:

This is a 2 day resuscitation course covering the following topics: assessment of emergency situations, basic life support, soft tissue injuries, bleeding, shock, fractures and head injuries, hypothermia, asthma, oxygen delivery systems, burns, asthma and basic drowning physiology. Encompasses Unit Standards 6400, 6401 and 6402.

## Course Information:

- Pre-Requisites:** 14 years of age  
Current member of a SLS club
- Duration:** 2 Days
- Requirements:** Participate in full days of training course  
Complete all practical requirements  
Complete all theory requirements
- Registration:** Contact your club administrator to register for this course.  
Secure your spot by registering [here](#).
- Contact:** Jackson Edwards – Central Region Lifesaving Manager  
E | [Jackson.edwards@surflifesaving.org.nz](mailto:Jackson.edwards@surflifesaving.org.nz)  
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